M/W Period 7-8 (1:55-3:50pm) Location: TUR2350

## Instructor

Alana Jackson Office: Arts in Medicine Offices Phone: 352.273.1488 Email: ajackson21@ufl.edu Office Hours: Open online Zoom hours Thurs 10am-12pm or by appointment.

#### **Course Description**

This course explores the field of arts in medicine in a global context, focusing on the many ways that the arts can be used to enhance health and wellbeing in healthcare or community settings. During the course, we will explore the relationship of culture to healing practices, systems, and health literacy in various regions of the world, and explore belief systems and the concept of healing in a global context. It includes workshops, lecture/discussion, video viewing, readings, homework assignments, and group projects. This course is appropriate for students of the arts, humanities, sciences, and health related professions.

### **Course Topics:**

- 1. Historical roles of the arts in health practices
- 2. Etiologies and belief systems related to disease and healing in various cultures
- 3. Theoretical foundations of arts in medicine
- 4. Contemporary practices in arts in medicine
- 5. Creativity and the brain: the physiology of creativity
- 6. Program practices in arts in medicine international perspectives
- 7. Scope and standards of professional practice in arts in medicine
- 8. Cultural competency
- 9. Program planning

#### **Objectives:**

- 1. Students identify and explain how the arts have been used in healing practices throughout our human history and across cultures.
- 2. Students analyze and interpret global and intercultural issues
- 3. Students analyze and articulate the cultural, theoretical, scientific and practical linkages and interdependencies between the arts, health, and healthcare.
- 4. Students identify and explain professional practices and cultural competency in relation to the contemporary arts in medicine field.
- 5. Students analyze and articulate their personal creative process.
- 6. Students design and describe an ideal arts in medicine program, based on identified best practices and cultural competency

#### Week **Topics and Class Activities** Date Reading/ Media/ Creative Practice Blog Assignments Due Review all course 1 8/24 Instructor & student introductions Syllabus/course overview materials on Creative Practice Blog Introduction and ELearning Discussion Creativity readings The Nature of Creativity Discussion 2 8/29 and questions BBC Doc: Horizon -The Creative Brain: How Insight Works Why Medicine Needs Art (TED-X talk) Journal Club Overview, discipline selection Blog Post 1 2 8/31 Search Skills **Experiential Exercise Assignment** Overview **Synchronous Online** 3 9/7 **History Readings** Lecture & Discussion: Historical roles of the arts in health practices; Etiologies and belief systems. Jill Sonke Lecture & Discussion: Applied Theatre for 4 9/12 \*\*History Quiz Blog Post 2 Health Jeff Pufahl **Applied Theatre** Articles #1 **Asynchronous Online** 4 9/14 Watch: From Colored to Black **Assignment: Reflection Essay** 5 Experiential Exercise #1 **Applied Theatre** Blog Post 3 9/19 Workshop: Forum Theater: Colleen Rua Articles #2 5 9/21 Experiential Exercise #2 Program Practices: Visual Arts -Experiential Workshop with Molly Kempson Experiential Exercise #3 Blog Post 4 6 9/26 Lecture & Discussion: Visual Arts in Medicine & Arts Therapy–with Alyson Maier Experiential Exercise #4 9/28 **Reflective Essay** 6 Research Skills & Discipline Research **Research Time**

### Weekly Course Schedule:

7	10/3	Experiential Exercise #5		Blog Post 5
		Workshop and Discussion: Cultural Humility		
7	10/5	Experiential Exercise #6	Research in Arts in Health assignment	
_		Research Skills Presentations		
8	10/10	Asynchronous Online Program practices: Art in Hospitals		Blog Post 6
9	10/17	Experiential Exercise #7	Literary Readings	Blog Post 7
		Lecture & Workshop: Dance in Medicine & Dance/Movement Therapy		
		Whitney Wilson		
		Florida Room- O'Connell		
9	10/19	Experiential Exercise #8		
		Lecture & Workshop: Literary Arts in Medicine		
		Spoken Word, Poetry, Creative Writing Literary arts		
10	10/24	Experiential Exercise # 9 + Look Ahead	Arts in Hospitals assignment	
		<b>Program Practices:</b> Music workshop with Ricky Kendall		
		Get into International Case Study Groups		
10	10/26	Experiential Exercise #10	Scope of Practice Quiz	
		Lecture & Discussion: Music in Medicine		
11	10/31	Work Session		Blog Post 8
11	11/2	Experiential Exercise # 11		Blog Post 9
		Global Practices in arts in medicine:		
		International case studies Work session		
12	11/7	Experiential Exercise # 12	Arts in Public Health assignment #1 & #2	
		Arts & Public Health Discussion		

12	11/9	Global Practices in arts in medicine	International Case	Blog Post 10
	, •	Presentations	Studies	6
13	11/14	Program Planning Overview/ workshop		
13	11/16	Presentation work session		Blog Post 11
14	11/21	Online: Global Practices in Arts in	100 word project	
	-	Medicine:	description	
		Program Models & AIM for Africa:		
		Jill Sonke		
14	11/28	Blog Presentations	Creative Practice	Blog Post 12
			<b>Blog Presentation</b>	
15	11/30	Project Presentation	Group Projects	
15	12/5	Project Presentation	Group Projects	
16	12/7	Project Presentation/ Evals	Group Projects	

*\*Syllabus subject to change at discretion of instructor.* 

**Course Website:** We will use a UF E-Learning Canvas course website for communications, accessing course materials, and submission of assignments. You are expected to check the website and your email between class meetings. Make sure you're able to receive announcements.

#### **Course Policies:**

- 1. Attendance: Class attendance is expected. You have one unexcused absence allowed per semester. Each unexcused absence thereafter will result in a 5 point reduction from the "active participation" grade. Excused absences are consistent with university policies in the undergraduate catalog. (https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx) and require appropriate documentation.
- 2. Tardy. A tardy will be awarded if a student is more than **5 minutes late** to class. 3 tardies will result in an unexcused absence.
- 3. Submission of late work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. Late work will be subject to a deduction of 5 points. Extenuating circumstances will be considered on a case by case basis.
- 4. Communication: It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns you have go unattended. It is the instructor's intention to respond to all email communication within 48 hours, excluding weekends.
- 5. Spontaneity: Due to the experiential nature of this course, the instructor retains the right to alter this syllabus as needed to accommodate class pace, interests, and/or special challenges or opportunities that may arise.
- 6. Use of technology: In order for all of us to have a positive experience in this course, we must all demonstrate respect for each other and maintain appropriate attention within the course. No texting will be permitted during class, and phones, laptops, iPads, or other devises may be used only when indicated by the instructor.
- 7. **ZOOM ETIQUETTE** for online sessions
  - Come prepared to turn your camera on during discussion. Use a virtual background if possible.
  - Come to class as if you were on campus; clear your personal area of distractions

- Refrain from using other digital devices during class
- 8. All assignments submitted via E-Learning, including quizzes, must be submitted by the time specified on the Canvas due date.
- 9. Adhere to standards of academic honesty per university guidelines (below)
- 10. Our sessions will not generally be recorded; should a session need to be recorded, the instructor will communicate with students. For these sessions, students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

#### **Evaluation:**

- 1. Creativity Readings Summary and Questions: 5pts
- 2. History Readings Summaries: 5pts
- 3. Art in Hospitals Reflection: 15pts
- 4. Arts in Public Health Assignment: 20pts
- 5. History Quiz: 20pts
- 6. Scope of Practice Quiz: 20pts
- 7. Creative Practice Blog: 75pts
- 8. Reflection Paper: 25pts
- 9. Research in Arts in Health Assignment: 30pts
- 10. International Case Studies: 15pts
- 11. Group Project: 100pts
- 12. Active Participation: 20pts

#### **Grading Scale**

Letter Grade	% Equivalency	GPA Equivalency
А	94-100	4.00
A-	91-93.99	3.67
B+	88-90.99	3.33
В	84-87.99	3.00
B-	81-83.99	2.67
C+	78-80.99	2.33
С	74-77.99	2.00
C-	71-73.99	1.67
D+	68-70.99	1.33
D	64-67.99	1.0
D-	61-63.99	.67
E	60 or below	0.00

Texts: Readings as assigned and will be available on Canvas.

### **UF Policies**

### **UF Policies for Getting Help**

For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP select option 2
- <u>https://lss.at.ufl.edu/help.shtml</u>

\* \*\*\*Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

### **Students Requiring Accommodations**

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the <u>Disability Resource Center</u>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

### **Course Evaluation**

Students are expected to provide feedback on the quality of instruction in this course by completing <u>online</u> <u>evaluations</u>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students on the <u>Gator Evals page</u>.

### **University Honesty Policy**

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." <u>The Honor Code</u> specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

### Software Use

All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

### **Student Privacy**

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see the <u>Notification to Students of FERPA Rights</u>

### **Campus Resources:**

#### Health and Wellness

#### U Matter, We Care:

If you or a friend is in distress, please contact <u>umatter@ufl.edu</u> or 352 392-1575 so that a team member can reach out to the student.

**Counseling and Wellness Center:** <u>counseling.ufl.edu/cwc</u>, and 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

**Sexual Assault Recovery Services (SARS)** Student Health Care Center, 392-1161.

University Police Department at 392-1111 (or 9-1-1 for emergencies), or police.ufl.edu.

**Student Health Care Center:** Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

**UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

**GatorWell Health Promotion Services:** For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the GatorWell website/ 352-273-4450.

#### Academic Resources

E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learningsupport@ufl.edu.

Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling.

<u>Library Support</u>, Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring.

Writing Studio, 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints Campus

**On-Line Students Complaints**