

BASIC JAZZ

SPRING 2021

DAA 2504 Section 221D

Tuesday/Thursday 10:45a – 12:15p

Hybrid: Zoom meeting and studio in G-10 in the McGuire Pavilion

INSTRUCTOR:

Meredith Farnum mfarnum@arts.ufl.edu *

*Email Policy: Preferred email correspondence through INBOX in CANVAS. Please include your name & class in the subject line or within the body of all correspondence.

Syllabi are posted at CFA website under: *Student & Parents*: <http://arts.ufl.edu/syllabi/>
Lab Fees can be located at: <http://aa.ufl.edu/policies/material-and-supply-fees/>

Canvas (e-learning): <http://elearning.ufl.edu>

Office: Nadine McGuire Theatre & Dance Pavilion, Room T212

Office Hours: Hours are posted on faculty office doors

Hours for Meredith are Thursdays 2:30pm – 3:30pm via Zoom. *If this time does not work for you, please email me to schedule an appointment.*

Office Phone: Meredith: 352-294-0458 / SoTD Main Office: 352-273-0500

Important Academic Dates:

Classes begin – January 11 (drop/add Jan. 11 – Jan 15)

No Classes – January 18, MLK Holiday

Classes end – April 21

REQUIRED READING:

Articles and handouts posted in Canvas modules

COURSE DESCRIPTION:

Basic level classes in jazz combining technique, style and movement skills. Prerequisite: DAA1000.

Credits: 2; can be repeated with change in content up to 6 credits. Prerequisite: DAA 1000 with minimum grade of C, or audition.

The purpose of this course is to continue to develop Jazz technique and to develop a “thinking body” through active participation and personal discovery. Drawing on a variety of influences, this class will emphasize moving with an ease in the joints and developing a grounded neutral body with an increased range of movement. There will be a focus of musical time and rhythms. We will focus on understanding and demonstrating the aesthetic attributes and styles of Jazz dance rooted in the history of Jazz evolution originating from African dance and music influences. We will become familiar with the

vocabulary and terminology associated with Jazz dance. We will also focus on each individual student regarding style and performance quality.

OBJECTIVES:

With successful completion of this course you will be able to demonstrate correct body alignment during floor, center, and locomotor exercises as well as perform intermediate combinations and recognize aesthetic attributes of Jazz dance. We will concentrate on developing a technical proficiency, increased range of motion, and musicality of the dancer. We will explore warm-up, center practice and traveling combinations.

Please Note: Our work in the studios is designed to be challenging; physically, intellectually, and emotionally. Dance classes often involve touching. Physical contact may range from simple touch to correcting alignment. Students may also be asked to experiment with exercises that involve weight exchange. If you have a related medical consideration or touch is uncomfortable or triggers trauma, please notify the instructor at the start of the semester via e-mail or personal meeting. **Due to protocols for Covid-19, there will not be touching or weight exchange in class this Spring.**

DRESS POLICY:

- Attire should be form-fitting and appropriate for movement. Jazz shoes may be used on Zoom and socks in the studio.
- Hair should be pulled back neatly and away from face.
- No warmers unless they are form fitting. All warmers should be removed following warm-up.
- Knee pads are encouraged.
- No oversized clothing.
- Your ankles should be visible.
- No large jewelry, including all non-stud earrings, necklaces & watches.
- No chewing gum.

COURSE POLICIES:

ATTENDANCE

For classes that meet two times a week:

- Students can take 2 absences with no documentation and no penalty.
- If the third absence is unexcused, it will result in 5% deduction from the final grade.
- Excused or unexcused, on the third absence, a meeting is required with the instructor and/or area faculty to assess the student's continued participation in the course.
- If the fourth absence and all subsequent absences are unexcused, each will result in an additional 5% deduction from the final grade.

- Requirements / opportunities to make up missed material for unexcused absences is up to the instructor's discretion and may be made available through virtual classes or online assignments. **Communication is important.**

Any absence from class for the following reasons must be supported by official acceptable documentation to avoid a grade penalty:

- Illness - doctor's note must be on official letterhead with address and phone number, noting the date and time of visit and diagnosis verifying that an absence from class is warranted, doctor name and signature.

Note: Due to the hybrid nature of studio courses in the Spring 2021 and in response to COVID-19 precautionary measures, students **must not** attend any in-person portion of the course if presenting **any** symptoms related to the disease or has been in contact with someone known to have the disease. There will be flexibility in documentation requirement if a student must miss class due to Covid-19 preventions. Students should contact the instructor as soon as possible to explain the situation and determine the best course of action. If you are experiencing COVID-19 symptoms (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>), please use the UF Health screening system (<https://coronavirus.ufhealth.org/screen-test-protect/covid-19-exposure-and-symptoms-who-do-i-call-if/>) and follow the instructions on whether you are able to attend class. Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

- Serious family emergencies
- Special curricular requirements (e.g., judging trips, field trips, professional conferences)
- Military obligation
- Severe weather conditions
- Participation in official university activities such as music performances, athletic competition or debate
- Court-imposed legal obligations (e.g., jury duty or subpoena)

To help organize accommodations, students should inform the instructor by the end of the second week of classes of religious observances of their faith that may conflict with class attendance this semester.

Students who elect to enroll in a hybrid course are expected to participate in in-person instruction. If a student is uncomfortable attending in-person, the student should make arrangements with the instructor to “attend” all class meetings synchronously, when available, or asynchronously.

We will have face-to-face instructional sessions to accomplish the student learning objectives of this course. In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions. Barring the above circumstances, students are expected to be in attendance (either remotely or in-person, as assigned) daily and to be on time.

Dance Program Spring 2021 COVID protocols:

For hybrid/in person courses, protocols for all faculty and students should be as such:

- You are required to wear approved face coverings at all times during class and within buildings. Following and enforcing these policies and requirements are all of our responsibility. Failure to do so will lead to a report to the Office of Student Conduct and Conflict Resolution.
- Use hand sanitizer or wash hands at the top of each class in shared spaces. Re-sanitization is needed if individuals use restroom facilities, touch their face, sneeze, or cough.
- Stay home and seek medical help for COVID-19 symptoms or exposure (persistent cough, fever 100.4+, new loss of taste or smell, muscle pain/headaches, shortness of breath, sore throat, chills, diarrhea, or feeling generally ill). **The culture of hiding illness or the “show must go on” mentality must be avoided.**
- This course has been assigned a physical classroom with enough capacity to maintain physical distancing (6 feet between individuals) requirements. Please utilize designated seats and maintain appropriate spacing between students. Please do not move desks or stations.
- Students will be asked to sanitize individual chairs, ballet barres, etc. Instructor of record will specify protocols for each room cleaning supplies will be provided.
- Immediately dispose of personal trash in appropriate bags/containers. Do not leave tissues, paper towels, Band-Aids, tape, water bottles, or any other personal refuse on the floors or in the space.
- For everyone’s understanding **avoid touch/skin to skin contact in staging, choreography, costume fittings, and during other class and production activities.** In our field, it is hard to refrain but for the safety of others and ourselves, until it’s safer, the most loving thing we can do is continue to provide ample distance to lessen viral spread.
- Students are asked to depart class promptly at the end of class and avoid lingering following outdoor and indoor rehearsals. Instructors of record will provide specific class protocols for arriving, departing class, and class breaks.
- Bring shelf-stable lunches and snacks to enjoy on your breaks outside. **The SoTD Breakfast Room, break area in the Costume Studio, SoTD Atrium, and studio space hallways are no longer available (no Dance Area carpet).** There are food options for purchase in the Reitz Union and there will be some limited available study areas in the lower Atrium lobby level.
- Class schedules will be affected by the need to lengthen breaks to air out rooms, encourage hydration (it is hard to keep hydrated with a mask on), and allow adequate time for socially distanced bathroom breaks/hand washing. Staggered breaks will be avoided to ensure that all involved are able to have a moment of rest.

For in studio hybrid technique courses, movement limitations include:

- No lying down
- No rolling
- No traveling across the floor
- 10' x 10' (or similar) taped areas will delineate the student's area of personal space. All movement must stay within these limits.

Class attire and preparation:

- SoTD Dressing rooms are not accessible. For studio classes in McGuire, please come to class dressed to dance. In the O'Connell building and other alternative spaces, public bathrooms are available but should not be considered alternative dressing rooms. All use of public bathrooms should remain socially distanced with masks as per UF mandate.
- Masks are to be worn for the entirety of the class. If masks need to be removed for any reason, please exit the studio/class area and find the nearest *outdoor* space.
- Intact socks (no holes) should be worn in technique classes in substitution for ballet shoes or bare feet. **NO street shoes in any dance spaces.**

These parameters are for our community's safety. As humane artists let's exercise our responsibility to care for one another and model global best practices during this very difficult time. *It will pass eventually* and though we don't know exactly how the world will be on the other side, *we will dance freely once again.*

Online Zoom Classes:

Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

MAKE-UP POLICY:

Dance Technique Class – Makeup Policy

- You are responsible for all material covered during any absence
- There are no makeup options for unexcused absences

- Absences from Written Exams, Quizzes, Mid-Terms, and/or Finals may only be made up with approved documentation
- To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
 - 1) Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.
 - 2) Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

UF Absence Policy The requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies. Please click the following link for details: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

STUDENT ONLINE EVALUATION PROCESS

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://gatorevals.aa.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. The instructor is the only person that views your written comments. Summary results of these assessments are available to students at <https://gatorevals.aa.ufl.edu/public-results/>

EVALUATION

Event attendance (virtual)	15 points	See information below about Required Performance and Event Participation. (assignment information is located on Canvas)
Discussions	15 points	Assignment on Canvas and will relate to readings
Midterm Evaluation	20 points	Thursday, March 11 In Class evaluation of student's understanding and progress relating to the material presented thus far in studio practice. May include warm-up, across the floor and center combinations. Instructor will provide individual feedback.
Research Paper	20 points	Thursday, March 18 (research paper post) Thursday, March 25 (response due) Topic to be assigned in class relating to significant events and/or participants in the history of jazz dance. Paper will be posted on the Canvas discussion board. (15

		points) One response to another student's research paper will be made on the discussion board. (5 points)
Final Project	30 points	Tuesday, April 20 Performance project will be presented representing the culmination of movement studied throughout the semester demonstrating student's discovery of personal style and performance quality. May be a solo, duet or trio. Presentation may be submitted through a virtual format.

Your overall score may be affected by your attendance record.

A	100 - 94 points
A-	< 94 - 90
B+	< 90 - 87
B	< 87 - 84
B-	< 84 - 80
C+	< 80 - 77
C	< 77 - 74 points
C-	< 74 - 70
D+	< 70 - 67
D	< 67 - 64 points
D-	< 64 - 61
E	< 61 - 0

EACH STUDENT IS RESPONSIBLE FOR MONITORING HER/HIS OWN PROGRESS

*Disclaimer: This syllabus represents current plans and objectives. As we go through the semester, those plans may need to change to enhance the class learning opportunity. Such changes, communicated clearly, are not unusual and should be expected. Any changes in technique exam dates due to unseen circumstances will be announced in class and posted on the dance board in a timely fashion.

Required Performance and Event Participation

To help you to "think outside the box," you must venture outside the studio!

ALL PERFORMANCE ATTENDANCE THIS SEMESTER WILL BE VIRTUAL.

BFA/BA Majors: In addition to attending all classes, attendance is required at the all the following events plus 1 outside professional show. Your instructor will provide guidelines as to proof of viewing which will be produced within one week after viewing production. Depending on your technique schedule, you may use these same

events/performances for other technique classes, as well.

Non-Majors: Required – *Dance 2021*, one program of the BFA Showcase, and one outside professional show. Your instructor will provide guidelines as to proof of viewing that will be produced within one week after viewing production. Depending on your technique schedule, you may use these same events/performances for other technique classes, as well.

Required Performance and Event Dates

Dates/times subject to change – please check dance bulletin board and/or contact appropriate box office. You will receive a voucher (coupon) at the beginning of the semester for assigned SoTD productions with instructions of how to use it to get discount tickets. Viewing of SoTD plays is highly recommended, but not required. Non-majors, please verify event schedule with instructor, as you may not be required for attendance at all events.

**Monday, January 11 - Welcome Back Meeting Dance Area Students & Faculty
Zoom Meeting from 6:00 – 7:30 pm**

AUDITIONS

- **Spring BFA 2021 Showcase Audition (virtual) - January 13th and 14th 6:30 – 8:30 pm (Zoom link TBA)**
- **Audition for BFA Dance Program (virtual) – January 22nd**

SoTD TOWN HALLS

- **February 4th – 1:00p – 2:45p**
- **March 31st – 1:00p – 2:45p**

PERFORMANCES

- **DANCE 2021: Online Performance – March 26th – 28th**
- **BFA SHOWCASE: Online Performance - April 15th – 18th**
- **Professional Performance schedule and updates will be available on Canvas.**

UNSHOWINGS

- **#1 – February 22nd - tentative/subject to change and via Zoom**
- **#2 – March 1st - tentative/subject to change and via Zoom**

ADDITIONAL EVENTS

- **January 14 – 17: DIAS Guest Residency with Ryan-Olivia Lundy**

Call or Check the following for updated information:

Tickets will be available to reserve on the SoTD Events Page:

<http://arts.ufl.edu/academics/theatre-and-dance/current-season/>

UF Performing Arts (Phillips Center) #: (352) 392-2787 <http://performingarts.ufl.edu/events/>

SFC Fine Arts Hall Theatre (352) 395-4181 <http://www.sfcollege.edu/finearts/?section=calendar>

ALL BFA/BA Dance Majors are required to attend an end-of-year conference (Jury) with the dance faculty. Do not make travel plans at this time— grade points will be deducted.

It is your responsibility to know your schedule. Check your (UF) email & the dance studio bulletin boards regularly.

UF POLICIES:

UNIVERSITY POLICY ON ACCOMMODATING STUDENTS WITH DISABILITIES: Students requesting accommodation for disabilities must first register with the Dean of Students Office (<http://www.dso.ufl.edu/drc/>). The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation. You must submit this documentation prior to submitting assignments or taking the quizzes or exams. Accommodations are not retroactive, therefore, students should contact the office as soon as possible in the term for which they are seeking accommodations.

UNIVERSITY POLICY ON ACADEMIC MISCONDUCT: Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at <http://www.dso.ufl.edu/students.php>.

NETIQUETTE: COMMUNICATION COURTESY: All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats. <http://sfrc.ufl.edu/courses/distance/NetiquetteGuideforOnlineCourses.pdf>

HEALTH AND WELLNESS

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit [U Matter, We Care website](#) to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: [Visit the Counseling and Wellness Center website](#) or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or [visit the Student Health Care Center website](#).
<https://shcc.ufl.edu/forms-records/excuse-notes/> (excuse note policy)

University Police Department: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

ADDITIONAL MENTAL HEALTH RESOURCES:

1. UF has an Equal Access Mental Health Clinic that has a Free Therapy Night every Monday night that UF is considered open. Here is the FB page through which one can book appointments as well: <https://www.facebook.com/equalaccessclinic/>

2. The UF School of Medicine Equal Access Clinic website is here and has the above mental health services as well as specialized Women's and LGBT medicine: <https://equalaccess.med.ufl.edu/specialty-clinics-classes/>

3. Alachua County Crisis Center web site: <https://alachuacounty.us/depts/css/crisiscenter/pages/services.aspx>
Offers Crisis Counseling as well as a Mobile Response Unit that attends to severe mental health crises.

ACADEMIC RESOURCES

E-learning technical support: Contact the [UF Computing Help Desk](#) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: Visit the Student Honor Code and Student Conduct Code webpage for more information.

On-Line Students Complaints: View the Distance Learning Student Complaint Process.

Dean of Students: Areas and Service

UF Online: One Stop

EVALUATIONS AND GRADING:

Midterm evaluation and final project: You will be observed by the instructor and perhaps other members of the dance faculty. Grades will be assigned based on the technical proficiencies listed above. For the BFA major, application of your technique work to concert/performance work will be factored into your technique grade.

GUIDING CONCEPTS

These following general concepts are applied to all areas of technical development and used by faculty to assess student progress:

“Self” Awareness and Ensemble Skills

The student demonstrates an ability to retain an awareness of self while integrating their movement into spatial relationships with other persons and groups. The student should also demonstrate clarity in three-dimensional movements and an ability to sustain directionality in exercises and in phrases of substantial length.

Transitional Skills (Continuity of Flow)

Exercises should be performed with an understanding and dynamic use of different types of phrasing. Students should demonstrate an ability to sequence a variety of movements into an extended phrase: recognizing and moving through transitions and demonstrating follow-through of movement impulses as appropriate.

Performance Quality (Dynamic Awareness)

Each instructor will provide the class with specific movement and performance goals that delineate for the student: suitable use of energy, range of dynamics and movement qualities, the images or mind-set to evoke expressive and/or stylistic qualities and functional details

DANCER WELLNESS GUIDELINES

Copied from Dance Major Guidelines 2019-2020. Please review the full guidelines handbook for additional information.

Dancer Wellness Program

We know you want to dance...and for a long, long, time. A key part of a successful dance career in college and in the professional world is INJURY PREVENTION. The Dancer Wellness Program is available to all BA and BFA Dance Majors. Athletic training services will be available in the Dance Wellness Clinic through the collaboration with the College of Health and Human Performance and Athletic Training Program. Dr. Patricia Tripp and Dr. Guy Nicolette

will oversee the collaboration of services, while Kirsten Cunha, licensed athletic trainer will provide athletic training services on site through the 2020-2021 academic year. Additional services and opportunities for students to explore may include Alexander Technique sessions (through direct appointment with Professor Elizabeth Johnson) and/or therapeutic massage consultation through The Florida School of Massage Sports Massage program (please request information from SoTD Dance Coordinator). Dance Wellness services are available for all dancers who complete a preparticipation physical evaluation (see Appendix A for instruction and forms) and preseason Dancer Wellness screening consisting of movement analysis and flexibility assessments. Screenings will be delayed for Fall 2020 due to Covid-19 restrictions.

Dancers are expected to arrive for the assigned 1-hour appointment block to complete the screening; please wear comfortable, well-fit, attire that will allow you to move freely. Please review the example documents (Appendix A) for a complete and detailed description of what is to be completed. Be proactive, practice good health habits including mindfulness, healthy diet, and good sleep habits, limit social media, and develop your own personal practice readying you to take on the day. Despite your best efforts, a frustrating injury may occur. Here are four key recommendations for every dancer to follow.... including those non-dance majors who may be performing in your work!

1. TAKE RESPONSIBILITY Dance should not cause physical pain. If a movement is causing you pain in class, alert your professor so that your execution can be corrected. Listen closely to your body and dance with maximum physical and spatial awareness in all classes, rehearsals, and performances. Take full responsibility for your body in movement. Under no circumstances should you hurt yourself in class or rehearsal because you think a movement is “supposed to hurt”: it is not. Grow and make full use of your body awareness, intuition, and your personal body knowledge. Take full responsibility for your body in movement.

KNOW YOUR STRENGTHS AND WEAKNESSES and USE YOUR KNOWLEDGE OF ANATOMY. To further educate yourself on dance injuries and prevention, please seek assistance from the athletic trainer in the Dance Wellness Clinic; she may be able to provide additional prevention techniques (stretching, foam rolling, movement analysis, rehabilitation techniques, etc.) to support a pain free dance experience. An appointment can be made with the athletic trainer at www.calendly.com/dance-wellness. Further explanation on scheduling will be provided below. To further educate yourself on dance injuries and prevention feel free to utilize the below links with more information:

<http://www.med.nyu.edu/hjd/harkness/patients/common-dance-injuries>

http://www.stopsportsinjuries.org/files/pdf/AOSSM_Dance.pdf<http://www.dancespirit.com/unca-tegorized/top-10-injury-prevention-tips/>

https://c.ymcdn.com/sites/www.iadms.org/resource_papers/first_aid.pdf

2. RESPOND IMMEDIATELY Should injury occur, act quickly and decisively. Do not wait. Even a small injury can become more serious if untreated over time. Do not ignore pain: your body is sending you a “pain message” to STOP and pay attention. When handled promptly and appropriately, you will come back from an injury stronger and, certainly, more knowledgeable about your body. The sooner you respond, the sooner you heal. Please seek assistance from your athletic trainer within the Dance Wellness Clinic. For non-emergent conditions, please schedule an appointment using the Calendly website (www.calendly.com/dance-wellness). The Calendly

website will provide available dates and times to be seen. Available times may change weekly, so please plan accordingly. Walk in hours will always be available each week for artists to be seen without an appointment, although an appointment is preferred. For emergent conditions, please contact 911 and follow the Emergency Action Plan procedures posted on the Dance Wellness Clinic door. If you seek outside medical care for an emergent condition, please follow-up with your athletic trainer once you are able to discuss the incident and further care options to assist with your recovery. Please be aware, artists who require emergent care for conditions such as heat illness, concussion and/or other serious issues will need physician clearance prior to returning to dance activities, and in some cases may need to be seen by The Dance Wellness Clinic's overseeing physician, Dr. Nicolette, to coordinate this care and clearance. Please communicate with your athletic trainer to ensure appropriate management of critical incidents.

3. EVERY SERIOUS INJURY IS DIFFERENT: GET TO A HEALTHCARE PROFESSIONAL ASAP Even if you have previously “turned” your ankle, the sprain is not the “same” as before – and getting to a health care professional as quickly as possible is key. For all dance-related injuries, please contact and schedule an appointment to see your athletic trainer. Your athletic trainer will provide you with a therapeutic intervention plan to assist with return to activity in the safest, and most effective way possible. For NON-emergent situations in which the athletic trainer is not onsite, you may contact the athletic trainer at 586-610-8734 for instructions on initial care. Please refer to “2. RESPOND IMMEDIATELY” for detailed instructions to make an appointment with your athletic trainer. If your athletic trainer is unable to be contacted, the UF Sports Medicine Clinic is available to you. Please see their website at <http://shcc.ufl.edu/services/specialty-care/sports-medicine/> . The UF Sports Medicine Clinic is located in room 101 in the Student Health Clinic on campus: 1st floor, Infirmary Building, 280 Fletcher Drive. The number is 352-294-7345: when you call, indicate that you are a Dance Major and provide information on the severity of your injury so you can be seen ASAP. Please inform the athletic trainer, professors, choreographers, and/or directors/stage manager of your participation status to ensure appropriate accountability regarding time loss or impact on classes/rehearsals/performances.

4. COMMUNICATE Should you (or a peer) be injured in class, rehearsal, or performance, you are to immediately alert your athletic trainer, teacher, choreographer, director/stage manager so they can be made aware. Depending on the circumstances, the professor, choreographer, and/or director/stage manager present during the injury has the responsibility to report the injury. Incident Report forms are located near the doorway to each studio and should be filled out as soon as possible in accordance with the SoTD policy, as indicated in the SoTD Handbook. If you are seeing your athletic trainer in the Dance Wellness Clinic on a regular basis for an injury that inhibits your movement in class, the athletic trainer will provide a weekly Wellness Update to the dance faculty with a brief explanation of limitations. Although the weekly Wellness Update will allow dance faculty to be made aware of a dancer's circumstances/limitations, it is still encouraged to communicate with your dance faculty about any current injury/illness, especially if pain presents itself during movement.

Student Injury and Illness Class, Rehearsal and Performance Policy.

If the dance student becomes ill or injured to the degree that they cannot attend and participate in dance classes, SoTD sponsored rehearsals, or performances, the following steps of the dance student injury and illness policy are to be followed:

1. The student is required to see a health care professional immediately. Services are available through the Dance Wellness Clinic for BA and BFA majors. Dance Majors who have completed the pre-participation wellness screening process have access to seek care within the Dance Wellness Clinic. Please initiate care for injury/illness with your athletic trainer by appointment in the Dance Wellness Clinic. Please see above for appointment procedures.

2. As mentioned, the Dance Wellness Athletic Trainer will be in communication with the dance faculty if necessary, about a dancer's limitations (please refer to 'communication' for further explanation). If the student seeks care from a healthcare provider outside of the Dance Wellness Team, it is the student's responsibility to request documentation that explicitly projects the duration of the injury, and/or the amount and type of activity recommended for the welfare of the student. Please note that in some circumstances, the athletic trainer at the Dance Wellness Clinic may find it necessary to give the student a referral to seek additional care/services outside the Dance Wellness Clinic. Some circumstances include, but are not limited to, receiving a concussion, experiencing a heat illness, lack of progression with chronic injury/second opinion for an injury, a traumatic acute injury, and more. In these circumstances, a dancer must follow the limitations set in place by the physician and will not be cleared for FULL activity until a follow-up appointment and clearance from the physician have been made. In the case that the athletic trainer deems a referral necessary, financial responsibility for services and/or care (e.g., radiology/imaging, physical therapy, etc.) will be the sole responsibility of the student.

3. Following the appointment with the health care professional, the student is required to bring (or email) medical recommendations and related documentation to the attention of his or her instructor(s), choreographer(s), or director(s) as the basis for discussion. If you are receiving care from the Dance Wellness Clinic, please review COMMUNICATION.

4. Please note: unless otherwise communicated to Dance Faculty by the Dance Wellness Healthcare Providers, a student that medically withdraws from technique class, simultaneously withdraws themselves from all performance-related activities as well. The student may not personally select one activity as having a higher priority than another. The student is not to dance in any events, activities, performances, or rehearsals if the student is medically unable to take dance class.

5. The student is not allowed to sacrifice classroom participation for the demands of performance. The student will not be allowed to participate in a performance if they miss dance class due to an injury. The student is expected to follow the student injury and illness policy even if rehearsals/performances take place beyond the scope of SoTD, for example: another UF, professional, or community performing group, etc.

