



INFECTION CONTROL RECOMMENDATIONS FOR ARTISTS

In the absence of directives aimed at specific artistic disciplines, considering how the virus spreads can assist in crafting safe practice guidelines. Information in this arena is continually updating, but peer-reviewed studies have demonstrated the following:

- Virus particles are emitted in varying amounts when an infected person exhales, coughs, sneezes, talks, or sings.
 - Asadi, S., Wexler, A. S., Cappa, C. D., Barreda, S., Bouvier, N. M., & Ristenpart, W. D. (2019). [**Aerosol emission and superemission during human speech increase with voice loudness.**](#) Scientific Reports, 9(2348).
- Studies show that the virus may remain in the air for several hours and on surfaces for up to 3 days.
 - Van Doremalen, N., Morris, D., Holbrook, M., Gamble, A., Williamson, B., Tamin, A., Harcourt, J., Thornburg, N., Gerber, S., Lloyd-Smith, J., deWit, E., & Munster, V. [**Aerosol and surface stability of SARS-CoV-2 as compared with SARS-CoV-1.**](#) New England Journal of Medicine, 382, 1564-1567.
- The virus can be spread by people who do not show symptoms.
 - Santarpia, J., Rivera, D., Herrera, V., Morwitzer, M., Creager, H., Santarpia, G., Crown, K., Brett-Major, D., Schnaubelt, E., Broadhurst, M., Lawler, J., Reid, St. P., Lowe, J. [**Transmission Potential of SARS-CoV-2 in Viral Shedding Observed at the University of Nebraska Medical Center.**](#)

STRATEGIES TO MITIGATE VIRAL SPREAD

Wear a Mask

- Wear a cloth face mask when around other people.
 - A face shield alone is not recommended.
 - Center for Disease Control and Prevention. (2020, June 28). [**Use of Cloth Face Coverings to Help Slow the Spread of COVID-19.**](#)
 - World Health Organization. (2020, August 5). [**Coronavirus disease \(COVID-19\) advice for the public: When and how to use masks.**](#)
 - Zhang, R., Li, Y., Zhang, A. L., Wang, Y., & Molina, M. J. (2020). [**Identifying airborne transmission as the dominant route for the spread of COVID-19.**](#) Proceedings of the National Academy of the Sciences of the United States of America.



ADVISORY: (Appendix A)

Disinfect

- Wash your hands after touching surfaces, coughing, sneezing, or touching your mask. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Disinfect surfaces after use by multiple individuals using a household disinfectant.
[A list of EPA-approved disinfectants.](#)
- Carry hand sanitizer with you.

Ventilate

- Ventilate with outside air whenever possible.
- Consider moving activities and events outside.
- When ventilating with outside air is not possible, using a HEPA filter air filtration unit is recommended.
 - o Morawska, L., Tang, J. W., Bahnfleth, W., Bluyssen, P. M., Boerstra, A., Buonanno, G., . . . Yao, M. (2020). [How can airborne transmission of COVID-19 indoors be minimised?](#) Environment International, 142, 105832.

Keep your Distance

- Maintain distance of at least 6 feet between yourself and those who are not members of your household, even outdoors.
- Activities producing increased aerosols, such as singing, talking loudly, exercising, or playing wind instruments may require distancing of more than 6 feet.
 - o Center for Disease Control and Prevention. (2020, July 15). [Social Distancing.](#)
 - o Center for Disease Control and Prevention (2020, September 18). [How Coronavirus Spreads.](#)