### Center for ARTS IN MEDICINE



#### **ARTS IN HEALTH INTENSIVE 2025**

UNIVERSITY OF FLORIDA / COLLEGE OF THE ARTS

## SCHEDULE

Tuesday | Sept. 3rd 10 am-4:15 pm

10:00 AM	WELCOME, PROGRAM OVERVIEW & CREATIVE COLLABORATION	The opening welcome will include remarks, program overview and creative collaboration.
10:50 AM	BREAK	
11:00 AM	AN OVERVIEW OF THE FIELD	Introduction to the field of arts in health including discussion of origins and theories.
11:45 AM	PROFESSIONAL PRACTICES & PATHWAYS	Define scope of practice, explore how artists practice in healthcare and in public health, and examples of arts in health practice.
12:30 PM	LUNCH BREAK	Participants will have lunch on their own, with <b>optional activities beginning at 1:15 PM</b> : join a mindfulness session or connect informally with faculty over lunch.
1:30 PM	ARTS IN HEALTH TRACK BREAKOUT SESSION	Breakout to the Administrative or Practice track and engage in a collaborative process to explore key strategies and skills to begin shaping a project or program.
3:30 PM	VISUAL ARTS IN CLINICAL & COMMUNITY SETTINGS	A broad overview of the unique nature and nuances of facilitating visual art in clinical and community environments.
4:00 PM	QUESTIONS & REFELCTIONS	
4:30 PM	WELCOME RECEPTION	Explore the current UF Shands Arts in Medicine community art installation and connect with fellow participants, faculty, and artists.  Location: GFAA Gallery 1314 S Main St, Gainesville, FL 32601





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## SCHEDULE

Wednesday | Sept. 2nd 9:30 am-4:30 pm

9:30 AM	DANCE/MOVEMENT IN CLINICAL & COMMUNITY SETTINGS Start with guided movement activity, followed by a review of dance in clinical 8 community settings	
10:30 AM	ARTIST ROUNDS  Process, explore real bedside examples, and hear how artists support one another	
10:50 AM	BREAK	
11:00 AM	BEHIND THE SCENES IN ARTIST ROUNDS  Go behind the scenes to learn policies, procedures, and logistics of the programs	
11:45 AM	CREATING IMPACTFUL PROGRAMS IN HEALTHCARE & COMMUNITY SETTINGS  Explore the three pillars of impactful arts in health initiatives: People, Places and Programs	
12:30 PM	LUNCH BREAK  Participants will have lunch on their own, with optiona mindfulness sessior beginning at 1:15 PM	
1:30 PM	ARTS IN HEALTH TRACK BREAKOUT SESSIONS  Participants will continue work in the Administrative or Practice track shaping a project or program in preparation for group sharing	
3:30 PM	MUSIC IN CLINICAL & COMMUNITY SETTINGS  Overview of engaging music with patients & participants in clinical and community settings	
4:15 PM	QUESTIONS & REFELCTIONS	





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Thursday |Sept. 2nd 9:30 am-4:30 pm

9:30 AM	LITERARY ARTS IN HEALTHCARE & COMMUNITY SETTING	Overview of literary arts–like songwriting & storytelling– and how patient and participant stories are held & shared.
10:30 AM	STATE OF THE EVIDENCE IN ARTS IN HEALTH	Overview of current evidence, key issues, and emerging trends in arts in health.
10:50 AM	BREAK	
11:00 AM	WELLBEING IN THE WORK: COMPASSION FATIGUE & SELF-CARE	Explore arts-based strategies for self-care and preventing compassion fatigue.
11:45 AM	TELLING YOUR STORY	Learn how to promote your work and build visibility for your arts in health programs through clear communication strategies.
12:20 PM	LUNCH BREAK	Community Lunch: Join faculty, staff, and participants for a lively lunch full of conversation and connection!
1:30 PM	ARTS IN HEALTH TRACK BREAKOUT SESSIONS	Participants will finalize their presentations and prepare for group sharing.
2:15 PM	GROUP SHARING	
4:00 PM	WHAT'S NEXT?	Hear about Arts in Medicine highlights and opportunities in the Arts in Health field.
4:30 PM	GROUP PICTURE	Optional picture with the full group.