

DAN2930 Section 3293 First Year Seminar – Fall 2025

Friday 9:35 AM - 10:25 AM

Nadine McGuire – G-11

Instructors: Isa García-Rose

Email: isa@ufl.edu

Email Policy: Only use your UFL.EDU email account for e-mail correspondence related to class

Office:

Nadine McGuire Theatre and Dance Pavilion 206

Zoom Link: <https://ufl.zoom.us/j/3724118694>

Meeting ID: 372 411 8694

Office Hours:

Tues and Thurs 11:00am -12:30pm or by appointment

Office Phone:

(352) 294-0457

Communication: Do not hesitate to contact me via email. I will reply within 24 hours. I am available during office hours or you can make an appointment if those hours do not work with your schedule.

All UF syllabi are subject to change. This syllabus represents current plans and objectives. During the semester, those plans may change to clarify the class learning opportunity and you are individually responsible to follow updates provided: your regular attendance ensures you will be up to date.

Catalog Description:

This course provides first-year students with resources, information, and experiences to support and enrich their participation in dance in a university environment. Enrichment activities, discussions, and research opportunities explore resources and options for dance at UF.

Course Description:

Welcome to UF! Dance in Higher Education is a challenging and rewarding experience that prepares students for a lifetime in the Arts and beyond. This class teaches skills to support that endeavor. SoTD has a legacy of nurturing creativity, as well as critical thinking. Together we will navigate the many parts of your UF dance career. This course will leave you with the tools to prepare you to become the successful dancer you have dreamed of being. We will learn and discuss all the possibilities that a career in dance can offer in today's changing world.

Objectives for First Year Seminar:

- Explore the purpose and philosophy of dance at UF and in higher education in general.
- To offer tools for self-care, and maintaining a healthy body, heart, and mind.
- Discover and explore the potential roles of a dance major within academia and other environments.
- Discover how learning leads to greater knowledge of how to pursue and succeed in a career in dance.
- Introduce the resources, behaviors, and skills necessary for successful learning in dance and beyond.
- To develop professionalism as a student and create connections for a successful experience at UF.
- To build the networking and community-building skills foundational to a successful career.

Required Texts and Materials:

- All required content will be posted on Canvas site.
- A writing and sketch journal. (This can be the same journal).

Course Policies:

Attendance:

- YOU ARE REQUIRED TO ATTEND EACH FULL CLASS.
- Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>
- **In this class, students can have one absence with no documentation and without penalty.**
- All undocumented absences are unexcused. Excused absences may include those related to illness/injury which are documented by a medical professional. Events related to family emergencies or professional obligations should be discussed with your instructor.
- If you must be absent communicate your absence as soon as possible via email.
- You are responsible for any material that you miss when you are absent.
- Your health is a priority. Contact us if you are not feeling well and do not attend class if you have the symptoms of any infectious sickness (stomach flu, COVID-19, flu, etc.)
- Silence your cell phones and notifications completely before class begins, and refrain from using them during any class time.

Please remember that while UF policy allows students to record classes to support your learning process. You may not post recordings and photograph publicly without everyone's permission.

Participation:

Participation is essential to course success. Showing up is not just a physical act. Students are expected to engage in class discussion, contribute to and support each other's learning, complete assignments, and listen when others are speaking. The class will be at its best when we all show up for each other.

Evaluation and Due Dates:

- Attendance and Participation (60 points)
- Journal (30 points 10 x 3)
- Group Presentation: Dance Festivals (5 points)
- Presentation: Dance Research (5 points)
- **Total (100)**

Attendance & Participation - 60 points: Students are expected to attend classes and follow course attendance policies. Contact the instructor via email about classes you know you will miss or whenever you unexpectedly cannot attend or participate fully.

Journal - 30 points: Students are expected to write journal responses. Track and reflect on your experiences on a weekly basis and submit entries on Mondays. **Due Mondays starting 9/8.**

Group Presentation - 5 points: Gather information from mentors, students and faculty about summer dance festivals and intensives. You will work in groups to prepare a presentation on your findings. **Due October 31**

Dance Research Presentation – 5 points: You start to explore possible topics and interests around dance research. Gather what you have learned from the semester and highlight a research topic that inspires you. **Due November 14.**

Grading Scale:

A 94-100 points
A- 90-93
B+ 86-89
B 83-85 points
B- 80-82
C+ 77-79

C 73-76 points
 C- 70-72
 D+ 67-69
 D 63-66 points
 D- 60-62
 E 59 and below

Course Schedule	
08/22	<ul style="list-style-type: none"> • Meet and greet. Introduction to the course. • Introduce to Canvas site. • Begin with SoTD Handbook #6 – Resources: <ul style="list-style-type: none"> ○ Introduction to the Dance Wellness Clinic and AT Rebekah Minter. ○ Complete paperwork.
8/29	<p>Get to know the Dance Program.</p> <ul style="list-style-type: none"> • Study the SoTD Handbook & Semester Plans <ul style="list-style-type: none"> ○ Dance Area Mission and Vision • Community building <ul style="list-style-type: none"> ○ Mint/Mento relationship = peer to peer ○ Respecting individual identities ○ Who are the faculty? Coordinators, etc. • Where are the avenues for representation and advocating for yourself and others? <ul style="list-style-type: none"> ○ DSC - Dance Student Council - begin thinking about elections for First Year representatives and student participation in COTA, SoTD, etc. committees/shared governance. ○ SAC - Student Advisory Committee • Look at: <ul style="list-style-type: none"> ○ Student Handbook ○ Fall 2025 Dance Calendar
09/05	<p>UF Dance curriculum.</p> <ul style="list-style-type: none"> • Learn about the BFA Semester Plan and tracking <ul style="list-style-type: none"> ○ Look at Dance Program BFA Semester Plan Track ○ Catch up and other discussion
09/12	<ul style="list-style-type: none"> • Library West Scavenger Hunt and check out a dance book or two. • Possible meeting with Librarian Jacob Mauldwin in Fine Arts and Architecture Library
09/19	<ul style="list-style-type: none"> • Dance in Academia. <ul style="list-style-type: none"> ○ Introduction to creative research and how dance intersects with other disciplines. Discussion with Dr. Carrico. ○ Senior projects expectations.
09/26	<ul style="list-style-type: none"> • Discussion and Reflection on sustaining weekly wellness. • Possible visit from AT: Rebekah Minter • "Check-in" culture in relationship to Feeling Wheel. Different styles of "check-in"
10/03	<ul style="list-style-type: none"> ○ Continued wellness and balance discussion. ○ Basic anatomy and body systems
10/10	<ul style="list-style-type: none"> • Service: Discuss how to support Dance Program Community

	<ul style="list-style-type: none"> ○ Volunteer and be available to support YDW. Possible sign up. ○ Help with BFA audition process, set-up, Flash Mob ○ Student Organization DIAS and DSC information (possible visit from members)
10/17	NO CLASS - HOMECOMING
10/24	<ul style="list-style-type: none"> ○ YDW classes
10/31	<ul style="list-style-type: none"> • Work on Dance Festival/Intensive Research and study abroad opportunities and learn what the steps are to getting there. <ul style="list-style-type: none"> ○ Present findings and create a list of Summer Festival and Intensives, Trainings, and Showcases.
11/07	NO CLASS – DANCE PROGRAM BFA AUDITIONS (volunteer, table, guide)
11/14	<ul style="list-style-type: none"> • <i>Dance Research Presentations</i> Brief presentations (5-6 min) on research topic that inspires you.
11/21	Last day of class: Prepare for CRA meetings, catch up to any last questions, assignments, presentations
11/28	NO CLASS – THANKSGIVING BREAK

Possible Reading List:

- Curriculum and SOTD Handbook
- BFA/BA Dance Curriculum
- Undergraduate Research in Dance: A Guide for Students. By Lynnette Young Overby, Jenny Olin Shanahan, Gregory Young
- Stance For Dance. Issue 1 Spring/Summer 2022
- The Feeling Wheel. Positive Psychology Practitioners Toolkit

Required Meetings, Auditions, and Showings:

Fall '25 Dance Calendar – subject to change.

August

- 21 First day of classes
SoTD Convocation/ 4-5pm in Reitz Auditorium
Welcome Meeting + Incoming Student Orientation @ 6:30pm in G6
- 24 [Gathering Scores](#) / 12pm @ CAME
- 25 *Agbedidi* Auditions @ 6:30pm in G6 / UBW Co-Lab Submissions Due
- 27 Drop/Add Deadline
- 29 BFA Senior Concert + Student Projects Auditions / 6:30pm in G6

September

- 1 Labor Day – NO CLASS
- 10 BA Welcome Meeting
- 13 COTA 50th celebration – Steinbrenner Hall (faculty and leadership only)
- 27- Oct 2 Shakia Barron Auditions + Residency (TBC)

October

9	Whitehorse family & friends perform at Harn After Dark (6-9pm)
10	Whitehorse Family visits Friday Movement Practice
11	Possible Harn Museum of Dance Date
14	Pilobolus at the Philips Center
16	Agbedidi Designers Run 6:30p – 9:30p
17	Homecoming – NO CLASSES
20	Fall Senior UnShowing #1 (BFA Seniors)
21-23	Urban Bush Women Collab Lab Residency / Classes During CAADDP Period (10:40a-12p on 10/21)
21	UBW Collab Lab 7:10-9:40p Rehearsal at UF
22	UBW Collab Lab 5-7:30pm Rehearsal at Santa Fe
23	YDW Welcome event hosted by UBW at 8pm with Collab Lab Performance (expect class excusals that day) https://www.showpass.com/urban-bush-women/
24-25	Young Dancers Workshop classes at UF (9a-4p)
25	Young Dancers Workshop Showcase performance at SF
27	Fall Senior UnShowing #2 (BFA Seniors)

November

7	BFA Dance Area Auditions
8	Possible Harn MoD date
9, 10, + 12	Agbedidi Spacing
11	Veteran's Day / No Classes
13	Agbedidi Crew Watch
14 + 16	Agbedidi Tech
17 + 19	Global Dance Perspectives Mini-Conference @ 8:30am in G6 + 219
20, 21, + 23	<i>Agbedidi</i>
24-28	Thanksgiving Break / No Classes

December

1	Global Dance Perspectives Mini-Conference @ 8:30am in G6 + 219 / ACDA Adjudication @ 6:30pm in G6
2	CBP + CAADDP Class Culture Sharings (during class periods)
3	Class Culture Sharings (during class period) / Last day of classes / Final UnShowing (creative classes; research projects; WIPs) @ 6:30pm in G6
4-5	Reading Days
8	CRAs with first-year dance majors (transfers included)

UF Policies:

Current UF Grading Policies: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>

UF Absence Policy

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies, as follows:

Source: <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

- Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting.
- In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.
- You cannot participate in classes unless you are registered officially or approved to audit with evidence of having paid audit fees. The Office of the University Registrar provides official class rolls to Instructors.

- If you do not participate in at least one of the first two class meetings of a course or laboratory in which you are registered, and you have not contacted the department to indicate your intent, you can be dropped from the course. You must not assume that you will be dropped, however.
- The university recognizes the right of the individual professor to make attendance mandatory. After due warning, professors can prohibit further attendance and subsequently assign a failing grade for excessive absences.

Student on-line evaluation process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

University Policy on Accommodating Students with Disabilities:

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

University Policy on Academic Misconduct:

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<https://sccr.dso.ufl.edu/process/student-conduct-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

Netiquette: Communication Courtesy:

All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats.

Note on in-class recording:

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or guest lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student

Please take advantage of these services:

Campus Resources:

Health and Wellness

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit <https://umatter.ufl.edu/> to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: <https://counseling.ufl.edu/> or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or <https://shcc.ufl.edu/>

University Police Department: <https://police.ufl.edu/> or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608: <https://ufhealth.org/locations/uf-health-shands-emergency-room-trauma-center/>

GatorWell Health Promotion Services: For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the <https://gatorwell.ufsa.ufl.edu/> or call 352-273-4450.

Academic Resources

E-learning technical support: Contact the [UF Computing Help Desk](mailto:helpdesk@ufl.edu) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
Student Complaints On-Campus: [Visit the Student Honor Code and Student Conduct Code webpage for more information.](#)

On-Line Students Complaints: [View the Distance Learning Student Complaint Process.](#)

ADDITIONAL MENTAL HEALTH RESOURCES:

1. UF has an Equal Access Mental Health Clinic that has a Free Therapy Night every Monday night that UF is considered open. Here is the FB page through which one can book appointments as well: <https://www.facebook.com/equalaccessclinic/>
2. The UF School of Medicine Equal Access Clinic website is here and has the above mental health services as well as specialized Women's and LGBT medicine: <https://equalaccess.med.ufl.edu/specialty-clinics-classes/>
3. Alachua County Crisis Center web site: <https://alachuacounty.us/depts/css/crisiscenter/pages/services.aspx>
Offers Crisis Counseling as well as a Mobile Response Unit that attends to severe mental health crises.