

University of Florida | School of Theater and Dance

DAA 2800 Friday Movement Practice

Fall 2025

Fridays | 10:40am - 12:35pm*

Nadine McGuire - Studio G6

Instructor of Record: Xan Burley | xburley@arts.ufl.edu

Office Hours: TBA and by appointment (Rm 232 / Zoom)

Course Description

Friday Movement Practice is a weekly meeting in which Dance majors gather to dance together, led by a rotating roster of faculty and guest artists. It is one way in which the School of Theatre + Dance seeks to engage students in the experience of a broad range of movement methods and approaches, and to provide opportunities for all students to dance in community. Additionally, an important part of professional development is interacting with working artists in the field. Finally, participation in this course is a curricular requirement for students pursuing a BFA Dance Degree as per National Association of Schools in Dance (NASD) accreditation mandates. This requirement ensures that BFA dance majors are taking a movement practice course five days a week.

Prerequisite: BFA Dance Major; BA Dance Major or Dance Minor with instructor approval

Co-requisite: Enrolled in at least one movement practice class, including Contemporary Ballet Practices (I-IV), Contemporary African and African Diaspora Dance Practices (I-IV), and/or Contemporary Dance Practices (I-IV).

Student Learning Objectives

During and upon completion of this course, students will:

- Engage in movement practice on Fridays, which meets NASD's requirements for a BFA degree to offer movement practice classes five days per week.
- Experience a variety of dance styles, compositional approaches, training models, and cultural approaches to dance than is possible to experience in the standard curriculum.
- Interact with visiting artists and teachers as part of one's professional development in the field.

Required Texts

N/A. Any recommended reading and viewing materials will be made available on Canvas as PDFs, through e-reserves, or hyperlinks.

Canvas & Zoom

This course is set up on Canvas (e-learning) and may make use of Zoom for virtual meetings as needed. All students must have access to Canvas and Zoom on a regular basis to successfully complete the course. All assignments and out-of-class communication will take place in Canvas. A schedule and timeline for the course can be found on the Canvas calendar. For help with Canvas or Zoom, contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Statement on Syllabi, Materials and Supplies Fees

Syllabi are posted at CFA website under: <http://arts.ufl.edu/syllabi/>. Lab Fees can be located at: <http://registrar.ufl.edu/soc/201608/all/theadanc.htm>

Weekly Schedule of Topics / Class Schedule

Subject to change! Schedule is posted and updated on Canvas page. A draft schedule is below.

DATE	SUBJECT	TEACHER
Aug 23	TBD	Onye Ozuzu
Aug 29	Ballet	Isa Garcia-Rose
Sep 5	Conditioning and Wellness	Rebekah Minter + Dr. Pattie Tripp
Sep 12	Afro-Brazilian Dance	Augusto Soledade
Sep 19	Contact Improvisation	Alex Springer + Xan Burley
Sep 26	Hip Hop	Herman Ramos
Oct 3	Contemporary	Meredith Farnum
Oct 10	Indigenous Dance	The Whitehorse Family / Dr. Rachel Carrico
Oct 17	NO CLASS - Homecoming	
Oct 24	NO CLASS - Young Dancers Workshop	
Oct 31	Afro-Contemporary / African Dance	Rujeko Dumbutshena
Nov 7	NO CLASS - BFA Dance Auditions	
Nov 14	Zimbabwean Dance	Kanukai Chigamba
Nov 21	Restorative Class + Semester Wrap-Up	Xan Burley

Grading: S/U

Grading is based solely on participation. There are no assignments outside of the class meeting. Excessive unexcused absences will affect the final grade. See the attendance policy below. Students are expected to attend the entirety of each class and participate in physical practice to the best of their ability. Students who are experiencing an injury or other medical reason to not dance on a given week, per directives from a medical professional and/or the Dance Wellness Clinic, may observe and take notes for their daily participation.

Participation Rubric

	Exemplary	Proficient	Developing
Embodiment	Student fully participates in movement being taught to the best of their ability, which may include volunteering to show/demonstrate/lead. Displays consistent commitment to practicing in class. Visibly works to implement corrections and feedback from instructors. Asks questions of instructors to refine and/or deepen embodiment of the material.	Student usually participates in movement being taught to the best of their ability. Displays frequent commitment to practicing in class. Sometimes works to implement corrections and feedback from instructors. Infrequently asks questions of instructors to refine and/or deepen embodiment of movements and/or approaches being taught.	Student sometimes participates in movement being taught to the best of their ability. Rarely displays commitment to practicing in class. Does not work to implement corrections and feedback from instructors. Almost never asks questions of instructors to refine and/or deepen embodiment of movements and/or approaches being taught.

Communication	Active contribution to class discussions reflects deep engagement with course material. Demonstrates an ability to listen to themselves and others, with respect for differing opinions, experiences, and approaches. Consistently communicates absences, lateness, any barriers to full engagement, and/or accommodations for class participation in a timely fashion.	Contribution to class discussions reflects engagement with course material. Demonstrates active listening to themselves and others, frequently with respect for differing opinions, experiences, and approaches. Usually communicates absences, lateness, any barriers to full engagement, and/or accommodations for class participation in a timely fashion.	Rarely contributes to class discussions, and/or when contributing, comments/questions reflect a surface- level engagement with course material. Regularly shows signs of not listening (e.g., on phone) and/or occasionally disrespects differing opinions, experiences, and approaches. Infrequently communicates absences, lateness, any barriers to full engagement, and/or accommodations for class participation.
Community Engagement	Consistently contributes to a collaborative, supportive, and respectful environment, including: takes care of the space as outlined in SoTD handbook; commits to individual and shared responsibility for class/group-based work; demonstrates commitment to a collaborative learning environment by expanding one's willingness to work with all classmates versus a select few, as the course progresses.	Usually contributes to a collaborative, supportive, and respectful environment, including some but perhaps not all of the following: takes care of the space as outlined in SoTD handbook; commits to individual and shared responsibility for class/group- based work; demonstrates commitment to a collaborative learning environment by expanding one's willingness to work with all classmates versus a select few, as the course progresses.	In most situations does not work collaboratively, or supportively. May violate rules of using the space as outlined in SoTD Handbook; abdicate responsibility to others for class/group-based work; regularly choose to work with a select few classmates, even as the course progresses.

Policies, Expectations & Resources Expectations:

Student will:

- Maintain a professional working attitude.
- Attend classes regularly, be on time and ready to work for the entire class period.
- Participate in all in class activities, engaging fully both mentally and physically.
- Strive to improve individual progress by demonstrating increased strength, flexibility and an increased awareness of body alignment, timing and spatial pathways.
- Observe dance class etiquette (cell phone use, dress code, lateness policy etc...)
- Strive to apply given corrections and concepts to movement.

Attendance Policy

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies.

Unexcused Absences

Friday Movement Practice, in Fall 2025, will hold 11 regular meetings from 10:40a-12:10p, depending on the teacher. A student may accrue up to **1 unexcused** absence and still receive an S. **If the 2nd absence is unexcused, it will result in a U grade.** According to UF policy, a U will not affect a student's GPA, but if a grade of U is earned, the course will not earn credit toward the degree.

Opportunities to make up missed material for **unexcused** absences are up to the instructor's discretion and will be made available through other classes and/or assignments. Excused or unexcused, on the 3rd absence, a meeting is required with the instructor and/or area faculty to assess the student's continued participation in the course.

Late arrival/ early departure:

- There will be a 5-minute grace period at the start and end of class.
- 3 late arrivals/ early departures for regular class meetings equals 1 unexcused absence, unless the student is arriving late/departing early for reasons listed under UF policy for excused absences and supported by official acceptable documentation.

Excused Absences

Any absence from class for the following reasons must be supported by official acceptable documentation to count as excused and avoid a grade penalty:

- Illness—doctor's note must be on official letterhead with address and phone number, noting the date and time of visit and diagnosis verifying that an absence from class is warranted, doctor name and signature
- Title IX-related situations
- Serious accidents or emergencies affecting the student, their roommates, or their family
- Special curricular requirements (e.g., judging trips, field trips, professional conferences)
- Military obligation
- Severe weather conditions
- Participation in official university activities such as music performances, athletic competition or debate
- Court-imposed legal obligations (e.g., jury duty or subpoena)
- Other reasons (e.g., a job interview or club activity) may be deemed acceptable if approved by the instructor
- Please note: To help organize accommodations, students should inform the instructor by the end of the second week of classes of religious observances of their faith that will conflict with class attendance this semester.

Course Evaluations: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.ua.ufl.edu/students/> . Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluer.com/ufl/> . Summaries of course evaluation results are available to students at <https://gatorevals.ua.ufl.edu/public-results/> .

Honor Code: UF students are bound by The Honor Pledge, which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing

this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

Accommodations: Appropriate accommodations will always be granted to students with documented disabilities. Please notify me if there are aspects of the instruction or design of this course that result in disability-related barriers to your participation as soon as possible, and we can work to find a solution. Note that students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter, which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Fall 2025 Dance Calendar

Campus Resources

Campus Resources for Health and Wellness

Dance Wellness Clinic: The Dance Wellness Program, available to Bachelor of Arts or Bachelor of Fine Arts students in the areas of Dance or Musical Theatre, provides the artists, performers, and dancers with the utmost quality health care. Through collaborative efforts of the healthcare team (including athletic trainers, physicians, nutritionists, and physical therapists), Dance and Theatre students receive holistic care including prevention, diagnosis, treatment, and rehabilitation for injuries and illnesses sustained as part of their degree program. The Dance Wellness program offers a positive and inclusive environment that promotes overall wellness for the student as both a performing artist and person. See the DWC's Canvas Page or stop by the clinic (across from Studio G-10).

Counseling and Wellness Center

<http://www.counseling.ufl.edu/cwc/Default.aspx> or 392-1575 for information on crisis services as well as non-crisis services.

U Matter, We Care

If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit U Matter, We Care website to refer or report a concern and a team member will reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575.

Student Health Care Center

Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

UF Health Shands Emergency Room / Trauma Center:

For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website

GatorWell

Mindfulness coaching, HIV testing, bulk condom request, and much more. <https://gatorwell.ufsa.ufl.edu/>

Additional Mental Health Resources

1. 2. 3. *UF has an Equal Access Mental Health Clinic* that has a Free Therapy Night every Monday night that UF is considered open. Here is the FB page through which one can book appointments as well: <https://www.facebook.com/equalaccessclinic/>

The UF School of Medicine Equal Access Clinic website is here and has the above mental health services as well as specialized Women's and LGBT medicine: <https://equalaccess.med.ufl.edu/specialty-clinics-classes/>

Alachua County Crisis Center web site: <https://alachuacounty.us/depts/css/crisiscenter/pages/services.aspx>
Offers Crisis Counseling as well as a Mobile Response Unit that attends to severe mental health crises.

UF Reporting & Resources: Sexual Harassment, Racism, Microaggressions, and more:

See SoTD's processes for reporting incidents in the Student Handbook. UF-wide reporting mechanisms and resources include: Office for Accessibility and Gender Equity: Resources and instructions for reporting a Title IX violation: <https://titleix.ufl.edu/report/>
Sexual Assault Recovery Services (SARS): Student Health Care Center, 392-1161.

Campus Diversity Liaisons: The Campus Diversity Liaisons (CDLs) are members of the leadership team of each college or business unit. They put the university's IDEA (Inclusion, Diversity, Equity, and Access) strategy into action at the college and unit level. The CDLs are also networked into the Office of the Chief Diversity Officer and they come together to share best practices, brainstorm solutions, and build their competencies in IDEA work. <https://cdo.ufl.edu/about/campus-diversity-liaisons/>

RESPECT Team: The purpose of the RESPECT Team is to provide impacted parties of bias incidents opportunities to be heard and supported; understand and respond to situations that affect the University of Florida; educate and inform the community; and create awareness of ignorance and intolerance. <https://respect.ufsa.ufl.edu/>
Report through the University Ombuds: <https://www.ombuds.ufl.edu/>
Report a Student Concern: Report incidents or concerning student behavior that is happening in the University of Florida community. Navigate using the buttons below to connect with the appropriate reporting mechanism to share information related to student conduct or concerns. <https://report.ufl.edu/student-concern/>
If you believe that a situation you are reporting is an emergency and requires immediate attention, please call the University Police Department at (352) 392-1111.
UF Resources for Anti-Racism: <https://antiracism.ufl.edu/learn/uf-resources/>

University Police Department: Visit UF Police Department website or call 352-392-1111 (or 9- 1-1 for emergencies).

Campus Resources for Academic Support

The Writing Studio

The writing studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Visit the writing studio online at <http://writing.ufl.edu/writing-studio/> or in 2215 Turlington Hall for one-on-one consultations and workshops.

E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

More Academic Resources

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420.

General study skills and tutoring.

The Orange Book: Student Honor Code and Student Conduct Code webpage for more information