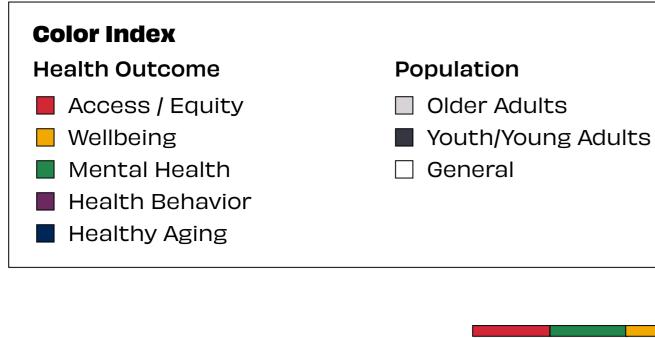
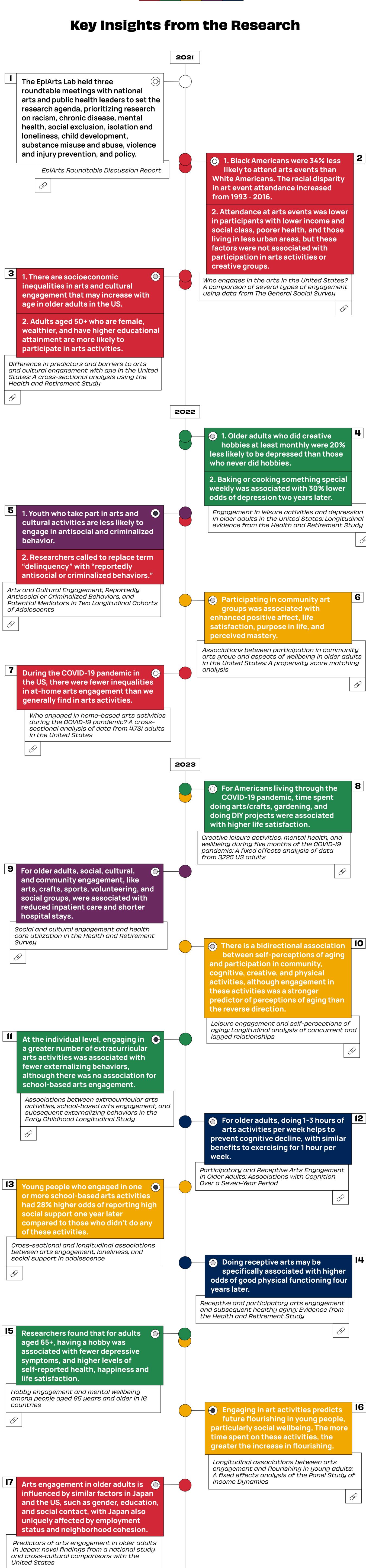


Exploring the impact of arts and cultural engagement on population health outcomes in the United States through epidemiological analyses of US cohort studies.

A partnership between the University of Florida Center for Arts in Medicine and Social Biobehavioral Research Group at University College London.





20 Loneliness is linked to higher levels of inflammation, while social engagement, like participating in

community activities and hobbies,

The reciprocal associations between social

samples and dried blood spots and mapping

deficits, social engagement, and inflammation: Longitudinal evidence comparing venous blood

may reduce inflammation.

Creative and physical leisure

health decline, and keep older adults

metrics, help reduce age-related

independent longer.

activities may influence key aging

Leisure engagement in older age is related to objective and subjective experiences of aging

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the modifying role of phenotypic and genotypic depression 

Designed by Serene Cheon





2024

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Early in adolescence, doing

The Changing Relationship Between Hobby

later in adolescence.

hobbies was associated with lower

odds of binge drinking and marijuana

use, but this association had reversed

Engagement and Substance Use in Young People: Latent Growth Modelling of the Add Health Cohort