#### **HUM 2592** Introduction to Arts in Medicine in a Global Context

T/R Period 5-6 (11:45-1:40pm) Location: Online Synchronous

## Instructor Alana Jackson

Office: Arts in Medicine Offices

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Office Hours: Open online Zoom hours Thurs 10am-12pm or by appointment.

## **Course Description**

This course explores the field of arts in medicine in a global context, focusing on the many ways that the arts can be used to enhance health and wellbeing in healthcare or community settings. During the course, we will explore the relationship of culture to healing practices, systems, and health literacy in various regions of the world, and explore belief systems and the concept of healing in a global context. It includes workshops, lecture/discussion, video viewing, readings, homework assignments, and group projects. This course is appropriate for students of the arts, humanities, sciences, and health related professions.

## **Course Topics:**

- 1. Historical roles of the arts in health practices
- 2. Etiologies and belief systems related to disease and healing in various cultures
- 3. Theoretical foundations of arts in medicine
- 4. Contemporary practices in arts in medicine
- 5. Creativity and the brain: the physiology of creativity
- 6. Program practices in arts in medicine international perspectives
- 7. Scope and standards of professional practice in arts in medicine
- 8. Cultural competency
- 9. Program planning

## **Objectives:**

- 1. Students identify and explain how the arts have been used in healing practices throughout our human history and across cultures.
- 2. Students analyze and interpret global and intercultural issues
- 3. Students analyze and articulate the cultural, theoretical, scientific and practical linkages and interdependencies between the arts, health, and healthcare.
- 4. Students identify and explain professional practices and cultural competency in relation to the contemporary arts in medicine field.
- 5. Students analyze and articulate their personal creative process.
- 6. Students design and describe an ideal arts in medicine program, based on identified best practices and cultural competency

# **Weekly Course Schedule:**

| Week | Date | Topics and Class Activities   | Reading/ Media/     | Creative      |
|------|------|---|---------------------|---------------|
|      |      |   | Assignments Due     | Practice Blog |
| 1    | 8/24 | Instructor & student introductions  | Review all course   |               |
|      |      | Syllabus/course overview  | materials on        |               |
|      |      | Creative Practice Blog Introduction and                                     | ELearning           |               |
|      |      | Discussion  |                     |               |
| 2    | 8/29 | The Nature of Creativity Discussion Prep                                    | Creativity readings |               |
|      |      |   | and questions       |               |
|      |      |   | BBC Doc: Horizon –  |               |
|      |      |   | The Creative Brain: |               |
|      |      |   | How Insight Works   |               |
|      |      |   | Why Medicine        |               |
|      |      |   | Needs Art (TED-X    |               |
|      |      |   | talk)               |               |
| 2    | 8/31 | Journal Club Overview, discipline selection                                 | ,                   | Blog Post 1   |
| _    | -,   | Search Skills   |                     |               |
|      |      | Experiential Exercise Assignment  |                     |               |
|      |      | Overview  |                     |               |
|      |      |   |                     | 71 7 4        |
| 3    | 9/5  | Synchronous Online  | History Readings    | Blog Post 2   |
|      |      | Lecture & Discussion: Historical roles of                                   |                     |               |
|      |      | the arts in health practices; Etiologies and                                |                     |               |
|      | _    | belief systems. Jill Sonke  |                     |               |
| 4    | 9/7  | Lecture & Discussion: Applied Theatre for                                   | **History Quiz      |               |
|      |      | Health Colleen Rua/ Y No Habia Luz  | Applied Theatre     |               |
|      |      |   | Articles #1         |               |
| 4    | 9/12 | Video Assignment  |                     | Blog Post 3   |
| 7    | 3,12 | , 14400 1255- <b>g</b>  |                     | 210g T ost t  |
|      |      |   |                     |               |
|      |      |   |                     |               |
| 5    | 9/19 | Experiential Exercise #1  | Applied Theatre     |               |
|      |      | Workshop: Forum Theater: Colleen Rua  | Articles #2         |               |
| 5    | 9/21 | Experiential Exercise #2  |                     | Blog Post 4   |
|      |      |   |                     |               |
|      |      | Program Practices: Visual Arts –  |                     |               |
|      |      | Experiential Workshop with Molly  |                     |               |
|      |      | Kempson   |                     |               |
| -    |      | Experiential Exercise #3  |                     |               |
| 6    | 9/26 | r   |                     |               |
| ь    | 9/26 | -   |                     |               |
| ь    | 9/26 | Lecture & Discussion: Visual Arts in  |                     |               |
| ь    | 9/26 | -   |                     |               |
|      | ·    | Lecture & Discussion: Visual Arts in Medicine & Arts Therapy brief overview | Reflective Essay    | Blog Post 5   |
| 6    | 9/26 | Lecture & Discussion: Visual Arts in  | Reflective Essay    | Blog Post 5   |
|      | ·    | Lecture & Discussion: Visual Arts in Medicine & Arts Therapy brief overview | Reflective Essay    | Blog Post 5   |

| 7  | 10/3  | Experiential Exercise #5  |  |              |
|----|-------|---|--|--------------|
|    |       | Workshop and Discussion: Cultural<br>Humility                                 |  |              |
| 7  | 10/5  | Experiential Exercise #6  Research Skills Presentations                       | Research in Arts in<br>Health assignment | Blog Post 6  |
|    | 10/10 |   | 0.0.4 - 10/12                            | DI D 47      |
| 8  | 10/10 | Asynchronous Online Program practices: Art in Hospitals                       | Q & A on 10/12                           | Blog Post 7  |
| 9  | 10/17 | Experiential Exercise #7  | Literary Readings                        |              |
|    |       | Lecture & Workshop: Dance in<br>Medicine & Dance/Movement Therapy             |  |              |
|    |       | Whitney Wilson  |  |              |
|    |       | Florida Room- O'Connell   |  |              |
| 9  | 10/19 | Experiential Exercise #8  Lecture & Workshop: Literary Arts in                |  | Blog Post 8  |
|    |       | Medicine  Medicine  |  |              |
|    |       | Spoken Word, Poetry, Creative Writing Literary arts                           |  |              |
| 10 | 10/24 | Experiential Exercise # 9 + Look Ahead  | Arts in Hospitals assignment             |              |
|    |       | <b>Program Practices:</b> Music workshop with Ricky Kendall                   |  |              |
|    |       | Get into International Case Study Groups                                      |  |              |
| 10 | 10/26 | Experiential Exercise #10   | Scope of Practice<br>Quiz                | Blog Post 9  |
|    |       | Lecture & Discussion: Music in<br>Medicine                                    |  |              |
| 11 | 10/31 | Work Session  |  |              |
| 11 | 11/2  | Experiential Exercise # 11  | Arts in Public Health                    | Blog Post 10 |
|    |       | Global Practices in arts in medicine: International case studies Work session | assignment #1                            |              |
| 12 | 11/7  |   | Arts in Public Health                    |              |
| 12 | 11/7  | Experiential Exercise # 12  | assignment #2                            |              |
|    |       | Arts & Public Health Discussion   |  |              |

| 12 | 11/9  | Global Practices in arts in medicine  | International Case                  | Blog Post 11 |
|----|-------|---|-------------------------------------|--------------|
|    |       | Presentations   | Studies                             |              |
| 13 | 11/14 | Program Planning Overview/ workshop   |                                     |              |
| 13 | 11/16 | Presentation work session   | 100 word project description        | Blog Post 12 |
| 14 | 11/21 | Online: Global Practices in Arts in Medicine: Program Models & AIM for Africa: Jill Sonke |                                     |              |
|    |       |   | C ' P '                             |              |
| 14 | 11/28 | Blog Presentations  | Creative Practice Blog Presentation |              |
| 15 | 11/30 | Project Presentation  | Group Projects                      |              |
| 15 | 12/5  | Project Presentation  | Group Projects                      |              |
| 16 | 12/7  | Project Presentation/ Evals   | Group Projects                      |              |

<sup>\*</sup>Syllabus subject to change at discretion of instructor.

Course Website: We will use a UF E-Learning Canvas course website for communications, accessing course materials, and submission of assignments. You are expected to check the website and your email between class meetings. Make sure you're able to receive announcements.

#### **Course Policies:**

- 1. Attendance: Class attendance is expected. You have one unexcused absence allowed per semester. Each unexcused absence thereafter will result in a 5 point reduction from the "active participation" grade. Excused absences are consistent with university policies in the undergraduate catalog. (https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx) and require appropriate documentation.
- 2. Tardy. A tardy will be awarded if a student is more than **5 minutes late** to class. 3 tardies will result in an unexcused absence.
- 3. Submission of late work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. Late work will be subject to a deduction of 5 points. Extenuating circumstances will be considered on a case by case basis.
- 4. Communication: It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns you have go unattended. It is the instructor's intention to respond to all email communication within 48 hours, excluding weekends.
- 5. Spontaneity: Due to the experiential nature of this course, the instructor retains the right to alter this syllabus as needed to accommodate class pace, interests, and/or special challenges or opportunities that may arise.
- 6. Use of technology: In order for all of us to have a positive experience in this course, we must all demonstrate respect for each other and maintain appropriate attention within the course. No texting will be permitted during class, and phones, laptops, iPads, or other devises may be used only when indicated by the instructor.

#### 7. **ZOOM ETIQUETTE** for online sessions

- Come prepared to turn your camera on during discussion. Use a virtual background if possible.
- Come to class as if you were on campus; clear your personal area of distractions

- Refrain from using other digital devices during class
- 8. All assignments submitted via E-Learning, including quizzes, must be submitted by the time specified on the Canvas due date.
- 9. Adhere to standards of academic honesty per university guidelines (below)
- 10. Our sessions will not generally be recorded; should a session need to be recorded, the instructor will communicate with students. For these sessions, students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

#### **Evaluation:**

1. Creativity Readings Summary and Questions: 5pts

2. History Readings Summaries: 5pts

3. Art in Hospitals Reflection: 15pts

4. Arts in Public Health Assignment: 20pts

5. History Quiz: 20pts

6. Scope of Practice Quiz: 20pts7. Creative Practice Blog: 75pts

8. Reflection Paper: 25pts

9. Research in Arts in Health Assignment: 30pts

10. International Case Studies: 15pts

11. Group Project: 100pts12. Active Participation: 20pts

#### **Grading Scale**

| Letter Grade | % Equivalency | GPA Equivalency |
|--------------|---------------|-----------------|
| A            | 94-100        | 4.00            |
| A-           | 91-93.99      | 3.67            |
| B+           | 88-90.99      | 3.33            |
| В            | 84-87.99      | 3.00            |
| B-           | 81-83.99      | 2.67            |
| C+           | 78-80.99      | 2.33            |
| C            | 74-77.99      | 2.00            |
| C-           | 71-73.99      | 1.67            |
| D+           | 68-70.99      | 1.33            |
| D            | 64-67.99      | 1.0             |
| D-           | 61-63.99      | .67             |
| E            | 60 or below   | 0.00            |

**Texts:** Readings as assigned and will be available on Canvas.

#### **UF Policies**

## **UF Policies for Getting Help**

For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP select option 2
- https://lss.at.ufl.edu/help.shtml

\* \*\*\*\*Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

### **Students Requiring Accommodations**

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the <u>Disability Resource Center</u>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

#### **Course Evaluation**

Students are expected to provide feedback on the quality of instruction in this course by completing <u>online evaluations</u>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students on the <u>Gator Evals page</u>.

## **University Honesty Policy**

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

#### Software Use

All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

### **Student Privacy**

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see the <u>Notification to Students of FERPA Rights</u>

## **Campus Resources:**

## Health and Wellness

## U Matter, We Care:

If you or a friend is in distress, please contact <u>umatter@ufl.edu</u> or 352 392-1575 so that a team member can reach out to the student.

**Counseling and Wellness Center:** <u>counseling.ufl.edu/cwc</u>, and 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Sexual Assault Recovery Services (SARS) Student

Health Care Center, 392-1161.

University Police Department at 392-1111 (or 9-1-1 for emergencies), or police.ufl.edu.

**Student Health Care Center:** Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

**UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road,

Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

**GatorWell Health Promotion Services:** For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the GatorWell website/ 352-273-4450.

#### **Academic Resources**

**E-learning technical support**, 352-392-4357 (select option 2) or e-mail to Learningsupport@ufl.edu.

Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling.

<u>Library Support</u>, Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring.

Writing Studio, 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

**Student Complaints Campus** 

**On-Line Students Complaints**