

PROFESSIONAL DEVELOPMENT

DAN 4180/SECTIONS 4333 AND 43BF/1 CREDIT HOUR/F3 AND TBA
SPRING 2021 ONLINE [HTTP://ELEARNING.UFL.EDU](http://elearning.ufl.edu)

PROFESSOR Dr. Joan Frosch, CON 213 jfrosch@arts.ufl.edu

OFFICE HOURS W 2:45 – 3:45 PM; F 10:45 -11:45 AM + by appointment;

COURSE DESCRIPTION

DAN 4180 Professional Development for Dance (*Credits: 1; can be repeated with change in content up to 8 credits. Prereq: Dance major.*)

This course introduces crucial professional issues in dance. Student knowledge of technique(s), professional resources and networking, dance research, current events, and professional presentation with experiences to prepare major for graduation into a career in dance.

INSTRUCTIONAL METHODS INCLUDE *lecture/interactive discussion, group learning, and student presentation; invited guests.*

COURSE WEBSITE <http://elearning.ufl.edu>

All UF syllabi are subject to change. This syllabus represents current plans and objectives. During the semester, those plans may change to clarify the class learning opportunity and you are individually responsible to follow updates provided: your regular attendance ensures you will be up to date.

COURSE COMMUNICATIONS For assistance with any class matter or material: ask Dr. Frosch and do not hesitate. No question is too small or too large! Every question is WELCOMED!

For immediate needs or clarifications, please directly speak with Dr. Frosch in person; you may also submit questions/notifications for Dr. Frosch through your CANVAS course site. Use a subject line for all communications.

ALL technical issues are to be resolved by you directly with the [UF Computing Helpdesk](#) which is available to you 24 hours a day, 7 days a week

- (352) 392-HELP (4357) – select option 2
- helpdesk@ufl.edu (email this address)
- **UF Computing Helpdesk Walk-In** (HUB, 132) hours: **Mon-Thurs:** 7:30 am - 10:00 pm; **Friday:** 7:30 am - 5:00 pm; **Weekends:** 12:00 pm - 6:00 pm

REQUIRED TEXTBOOKS: All required course readings distributed through your CANVAS course site; **YOU ARE REQUIRED TO SIGN UP FOR:** *The New York Times*

<https://news.hr.ufl.edu/news/did-you-know-uf-offers-free-online-subscriptions-to-the-new-york-times-wall-street-journal/>

MATERIALS AND SUPPLIES FEES APPLY <http://aa.ufl.edu/policies/material-and-supply-fees/>

PREREQUISITE KNOWLEDGE AND SKILLS

Dance thrives in community. As pre-professionals privileged to study dance as majors, you are to bring your full presence and your very best self to this learning community. The class is a laboratory to develop, hone, and practice your growing professional skills on site. As such, you are expected to communicate kindly, resourcefully, and professionally, engage in helpful behavior at all times, no eating, no “cliques”/bullying, no cell phone or other technology use—unless specifically requested, etc., and generously contribute to each in-class session. Fully engage in—and seek to share important findings from—exercises and assignments, foster informed class discussion, and aim to support positive outcomes as the true professional always does. As you build your classroom-based professional behaviors, you will expand them to the greater Gator dance and alumni community and enhance a supportive professional community and network in which to thrive.

COURSE GOALS

1. Learn how to build trust; and use communication, entrepreneurial techniques and resources with integrity to support your path to becoming a successful professional.
2. Develop your professionalism in your current professional training ground—UF Dance—to build the networking and community-building skills foundational to a successful career.
3. Build awareness of professional live, written, and web communications; and build upon these elements to mindfully curate your unique signature or “POV.”
4. Recognize that mental, physical, relational, and financial health and well-being are at the center of the successful career: learn how to build requisite awareness and strategies to nourish and replenish these key elements.
5. Model and uphold the UF Honor Code in all endeavors.

STUDENT LEARNING OUTCOMES IN THE BFA DANCE PROGRAM:

Content

Demonstrates competency in diverse somatic/choreographic practices and dance studies.

Critical Thinking

Conducts and examines choreographic inquiry using diverse creative, historical, social, and/or cultural perspectives.

Communication

Articulates an original voice in choreographic production and analysis.

STUDENT LEARNING OUTCOMES IN THE BA DANCE PROGRAM:

Content

Develops competency in the terminology, concepts, methodologies, and theories of dance studies, and knowledge of varied applications of dance.

Critical Thinking

Analyzes and fosters dance studies inquiry in correlation with diverse creative, historical, social, cultural perspectives, and/or other disciplinary perspectives.

Communication

Develops and articulates—in writing and/or practice—applications of dance studies.

COURSE POLICIES

YOU ARE REQUIRED TO ATTEND EACH FULL CLASS

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

MAKE-UP REQUESTS

E-mail me your ticket number within 24 hours of the technical difficulty if you wish to request a make-up due to a technical problem with CANVAS. All make-up requests MUST be accompanied by the ticket number you received from the UF Help Desk when you reported the problem to them. The ticket number documents the time and date of the problem.

ONLINE COURSE EVALUATION

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a helpful, professional, and respectful manner is available at gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens and will be reminded to complete evaluations. Evaluations can be completed through the email students receive from GatorEvals, in the Canvas course menu under GatorEvals, or via ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at gatorevals.aa.ufl.edu/public-results/

UF POLICIES

UNIVERSITY POLICY ON ACCOMMODATING STUDENTS WITH DISABILITIES

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center by visiting <https://disability.ufl.edu/students/get-started/>. It is important for students to share their accommodation letter with me and discuss their access needs, as early as possible in the semester.

UNIVERSITY POLICY ON ACADEMIC CONDUCT

UF students are obliged to abide by the university's honesty policy regarding cheating, plagiarism, and overall academic conduct. The Honor Pledge states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code." [The Honor Code](https://sccr.dso.ufl.edu/process/student-conduct-code/) (sccr.dso.ufl.edu/process/student-conduct-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. If you have any questions or concerns at all, please ask Dr. Frosch.

All members of the class are expected to behave with courtesy in all inside- and outside-of-class communications, email messages, discussions, chats, and/or other live or online communications.

GETTING HELP

ASK FOR ASSISTANCE AS SOON AS YOU NEED IT! Whenever in doubt, COMMUNICATE!

For assistance with any class matter or material: ask Dr. Frosch and do not hesitate. No question is too small or too large! Every question is WELCOMED!

For assistance with technical difficulties re: Canvas, contact the UF Help Desk!

- <http://helpdesk.ufl.edu>
- (352) 392-HELP (4357)
- Walk-in: HUB 132

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from the Help Desk when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

HEALTH AND WELLNESS RESOURCES

- *U Matter, We Care*: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit umatter.ufl.edu/ to refer or report a concern and a team member will reach out to the student in distress.
- *Counseling and Wellness Center*: Visit counseling.ufl.edu/ or call 352-392-1575 for information on crisis services as well as non-crisis services.
- *Student Health Care Center*: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit shcc.ufl.edu/

- *University Police Department*: Visit police.ufl.edu/ or call 352-392-1111 (or 9-1-1 for emergencies).
- *UF Health Shands Emergency Room / Trauma Center*: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville; ufhealth.org/emergency-room-trauma-center.

ACADEMIC RESOURCES

- *E-learning technical support*: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.
- *Career Connections Center*: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services career.ufl.edu/.
- *Library Support*: <https://cms.uflib.ufl.edu/ask> receive assistance on how to best use the libraries and/or find resources.
- *Teaching Center*: Broward Hall, 352-392-2010 or to make an appointment 352-392-6420. General study skills and tutoring. teachingcenter.ufl.edu/
- *Writing Studio*: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers. writing.ufl.edu/writing-studio/
- *Student Honor Code*: <https://sccr.dso.ufl.edu/policies/student-honor-%20code-%20student-conduct-code/>
- *Dropping and Withdrawal*
<https://catalog.ufl.edu/ugrad/current/regulations/info/drops.aspx#withdraw>

GRADING POLICIES:

INFORMATION ON CURRENT UF GRADING POLICIES FOR ASSIGNING GRADE POINTS ARE FOUND AT:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Assignment	Points or percentage
Dance Community Networking and Self and Sustainability Strategies	50%
Portfolio and Website Development (Photo videos, Bio, Associated platforms, etc.)	50%

GRADING SCALE:

COMPREHENSIVE COURSE ASSIGNMENTS AND SCHEDULE POSTED ON CANVAS SITE (SUBJECT TO UPDATE AND CHANGE):

Week One

In-Class Meeting: Course overview and orientation.

Our first professional resource is our own humanity—it is the foundation of our ability to build and nourish healthy sustainable professional relationships—Be the generous professional.

What are your specific interests and what goals would you like to achieve this semester? Prep questions for Feb. 19 guest, Laurie Uprichard.

Identify what it is YOU want to work on for yourself as an emerging professional (Integrate practice of dance with another professional interest; Market/sell yourself as an artist with website/reel, resume/CV, and SMART social media; Make and maintain connections and know how to find and follow up on opportunities; Be ready to market yourself in technique and choreography and to be competitive for other jobs, too; Prepare for graduate school research and applications, as applicable; know how to handle your financial basics, learn to make budgets and develop proposals (for grant funding, other, etc.); prioritize self-care; manage finances and insurance (renter's, health, car), know and use companies such as Fractured Atlas (fracturedatlas.org).

Week Two

In-Class Meeting: Know your opportunities and identify you are seeking.

Know thyself! Review your *Dance Major Guidelines* and be ready to use and demonstrate your knowledge of UF Resources and Opportunities such as: University Scholars Applications, High/Highest Honors, SoTD and other UF scholarships (University Women's Club Scholarships), Center for World Arts/Harn Choreographer-in-Residence, additional UF resources, etc.). Build your profile by participating in DIAS. Become aware of the international opportunities of the UFIC (University of Florida International Center), the USF France Program, the FSU New York Program/France Program, the Fulbright Program, the Center for African Studies, and the Center for Latin American Studies, etc. How would you “pitch” the great opportunities at UF—ones we have mentioned, and others— to attract a potential incoming student?

Week Three

BFA Auditions FRIDAY JAN 22 (NO IN-CLASS MEETING).

Week Four

Develop and Practice Your Elevator Speech.

Bring in your CV and Develop YOUR unique story in a 1 minute- long “Elevator Speech”! Your 1-minute speech should identify you (Who are you and What do you do? What are you after? Remember, the first two sentences of your speech are the most important); explain what you do and the values that drive you; communicate your uniqueness; engage the listener; put it all together and practice like the pro you aspire to be!). Break-out’s.

Week Five

Online Presence.

Review your Current Online Presence—what helps? What hurts?

Gather photos, reviews, videos, resume, bio (use for grad school application, Go Fund Me, internship applications, festival submissions, or job applications) to create the building blocks of your E-Portfolio or Website.

If a website is right for you, decide on types of visuals which contribute the look you want (check out wix.com ; weebly.com, or select another free site), and your greater online professional presence!

Week Six

Laurie Uprichard, Guest Speaker

(Application for Internship or other ready, web data pages ready. Artist Research on a minimum of THREE choreographers to build knowledge in prep for conversation—look at their websites and their Go Fund Me pages. What works well? <https://www.dantepuleio.com/>
<https://www.dzmaciel.com/>
<http://trentwilliamsjr.com/>
<http://www.orangegrovedance.com/>)

Week Seven

Share elements prepared for website pages/complete E/portfolio UF Career Resource Center review.

Week Eight

Taking care of self—handling financial issues UF Career Resource Center toolkit.

Week Nine

In-Class Meeting—career wellness for the dancer.

Beginning today, and over the next week, keep a DAILY wellness/sustainability journal. Track nutrition intake / water intake / additional or therapeutic exercise / rest / sleep patterns

Week Ten

In-Class Meeting, Review of DAILY wellness/sustainability journal— assess nutrition intake / water intake / additional or therapeutic exercise / rest / sleep patterns

Week Eleven

Dancers Choice

Week Twelve

Dancer recharge

Week Thirteen

Bring in all materials for the portfolio: “Website”: FB; Instagram presentation of work (video/photo, etc.); narratives: unique materials

Week Fourteen

Public presentation of student choice: Websites/E/Portfolios/ FB/ Instagram/graduate and professional school considerations; building future visions.

Week Fifteen

Public presentation of student choice: Websites/E/Portfolios/FB/Instagram/ / graduate and professional school considerations; building future visions.

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