HUM 2592.16CF Introduction to Arts in Medicine in a Global Context

M/W Periods 7 & 8, 1:55pm-3:50pm ONLINE ON ZOOM

Instructor Jeffrey Pufahl

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Office Hours: by appointment on Zoom

Course Description

This course explores the field of arts in medicine in a global context, focusing on the many ways that the arts can be used to enhance health and wellbeing in healthcare or community settings. During the course, we will explore the relationship of culture to healing practices, systems, and health literacy in various regions of the world, and explore belief systems and the concept of healing in a global context. It includes workshops, lecture/discussion, video viewing, readings, homework assignments, and group projects. This course is appropriate for students of the arts, humanities, sciences, and health related professions.

Course Topics:

- 1. Historical roles of the arts in health practices
- 2. Etiologies and belief systems related to disease and healing in various cultures
- 3. Theoretical foundations of arts in medicine
- 4. Contemporary practices in arts in medicine
- 5. Creativity and the brain: the physiology of creativity
- 6. Program practices in arts in medicine international perspectives
- 7. Scope and standards of professional practice in arts in medicine
- 8. Cultural competency
- 9. Program planning

Objectives:

- 1. Students identify and explain how the arts have been used in healing practices throughout our human history and across cultures.
- 2. Students analyze and interpret global and intercultural issues
- 3. Students analyze and articulate the cultural, theoretical, scientific and practical linkages and interdependencies between the arts, health, and healthcare.
- 4. Students identify and explain professional practices and cultural competency in relation to the contemporary arts in medicine field.
- 5. Students analyze and articulate their personal creative process.
- 6. Students design and describe an ideal arts in medicine program, based on identified best practices and cultural competency

Weekly Course Schedule:

| Week | Date | Topics and Class Activities | Reading/Media/ Assignments Due | Creative Practice Blog |
|------|------|---|---|---------------------------|
| | Aug | | | |
| 1 | 31 | Instructor & student introductions Syllabus/course overview Creative Practice Blog Introduction and Discussion | Review all course materials on E-Learning | |
| | Sept | | | |
| | 2 | What is Art for? discussion Why Medicine Needs Art (TED-X talk) | Creativity readings and questions BBC Doc: Horizon – The Creative Brain: How Insight Works | |
| 2 | 7 | Labor Day Holiday | | |
| | 9 | Lecture & Discussion: Historical roles of the arts in health practices; Etiologies and belief systems. Jill Sonke | History Readings | Blog 1 |
| 3 | 14 | Journal Club Overview, discipline selection & scheduling Search Skills Experiential Exercise Assignment Overview | **History Quiz | |
| | 16 | Lecture & Discussion: Applied Theatre for Health Jeffrey Pufahl | Applied Theatre Articles | Blog 2 |
| 4 | 21 | Watch: From Colored to Black / Reflection | | |
| | 23 | Experiential Exercise #1 Journal Club: Applied Theatre Theater debrief and discussion | Theatre Journal Club Requirements | Blog 3 |
| 5 | 28 | Lecture & Discussion: Visual Arts in Medicine & Arts Therapy—with Amy Bucciarelli | Foundational Reading Summaries From Colored to Black Reflection | |
| | 30 | Experiential Exercise #2 Program Practices: Visual Arts in Medicine Experiential Workshop with Molly Kempson | | Blog 4 |

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|----|-----|---|--|---------|
| 6 | 5 | Experiential Exercise #3 Journal Club: Visual Arts | | |
| | 7 | Program practices: : UF Health Shands Arts in Medicine Hospital Tour with Director: Tina Mullen Scope of Practice Workshop | | Blog 5 |
| 7 | 12 | Experiential Exercise #4 Lecture & Discussion: Cultural Humility Jeff Pufahl | | |
| | 14 | Experiential Exercise #5 Lecture & Workshop: Literary Arts in Medicine Spoken Word, Poetry, Creative Writing Alana Jackson | | Blog 6 |
| 8 | 19 | Lecture & Workshop: Dance in Medicine & Dance/Movement Therapy Scope of Practice: Alana Jackson & Whitney Wilson | | |
| | 21 | Experiential Exercise #6 Journal Club: Literary & Dance | Journal Club requirements | Blog 7 |
| 9 | 26 | Experiential Exercise #7 Community Engagement through the arts Watch Documentary Film: Trash Dance | | |
| | 28 | Lecture & Discussion: Music in Medicine Ferol Carytsas | | Blog 8 |
| | 30 | Special Event: Disaster & The Body 6-7:30pm | | |
| | NOV | | | |
| 10 | 2 | Experiential Exercise #8 Program Practices: Music workshop with AIM artist in residence Get into Country Report Groups | | |
| | 4 | Experiential Exercise #9 Journal Club: Music in Medicine | Journal Club Requirements | Blog 9 |
| 11 | 9 | Global practices in arts in medicine: State of the Field group reports/discussion by country as assigned | Scope of Practice Quiz Country Reports | |
| | 11 | Holiday: NO CLASS | | Blog 10 |
| 12 | 16 | Workshop: Check-in & Story Circle Oral History in the Hospital; Oral History in Community Jeffrey Pufahl | | |

| | 18 | Experiential Exercise # 10 Global Practices in Arts in Medicine: Program Models & AIM for Africa: Rwanda Jill Sonke | | Blog 11 |
|----|-----|---|---------------------------------------|---------|
| 13 | 23 | Experiential Exercise # 11 Program planning: Final group project discussion; program planning workshop Jeffrey Pufahl | 75 word project description | |
| | 25 | Experiential Exercise # 12 Final Group Project in class work session | | Blog 12 |
| 14 | 30 | Creative Practice Blog presentations | Creative Process Blog Presentation | |
| | DEC | | | |
| | 2 | Final Group Project Presentations | Group Projects | |
| 15 | 7 | Final Group Project Presentations | Group Projects | |
| | 9 | Final Group Project Presentations | Group Projects | |

Course Website: We will use a UF E-Learning Canvas course website for communications, accessing course materials, and submission of assignments. You are expected to check the website and your email between class meetings. Make sure you're able to receive announcements.

Course Policies:

- 1. Attendance: Class attendance is expected. You have one unexcused absence allowed per semester. Each unexcused absence thereafter will result in an 5 point reduction from the "active participation" grade. Excused absences are consistent with university policies in the undergraduate catalog. (https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx) and require appropriate documentation.
- 2. Tardy. A tardy will be awarded if a student is more than **5 minutes late** to class. 3 tardies will result in an unexcused absence.
- 3. Submission of late work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. **Late work will be subject to a deduction of 5 points**. Extenuating circumstances will be considered on a case by case basis.
- 4. Communication: It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns you have go unattended. It is the instructor's intention to respond to all email communication within 48 hours, excluding weekends.
- 5. Spontaneity: Due to the experiential nature of this course, the instructor retains the right to alter this syllabus as needed to accommodate class pace, interests, and/or special challenges or opportunities that may arise.
- 6. Use of technology: In order for all of us to have a positive experience in this course, we must all demonstrate respect for each other and maintain appropriate attention within the course. No texting will be permitted during class, and phones, laptops, iPads, or other devises may be used only when indicated by the instructor.

7. **ZOOM ETIQUETTE**

- Come prepared to turn your camera on during discussion. Use a virtual background if possible.
- Come to class as if you were on campus; clear your personal area of distractions
- Refrain from using other digital devices during class

- 8. All assignments submitted via E-Learning, including quizzes, must be submitted by the time specified on the Canvas due date.
- 9. Adhere to standards of academic honesty per university guidelines (below)
- 10. Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

Evaluation:

- 1. <u>Creativity Readings Summary and Questions (5 points)</u>: You will prepare a bullet summary of the readings and prepare 2 discussion questions for class.
- 2. History Readings Summaries (5 points): You will submit a bullet point summary of the readings.
- 3. <u>Foundational Readings</u> (30 points): You will have several weeks at the beginning of the semester to complete a packet of foundational readings in the field of Arts in Medicine. You will summarize each reading in 4-5 detailed bullet points.
- 4. Experiential Exercise (40 points): You will work in a pair on an assigned specific topic-based question or idea. You will work outside of class to prepare to facilitate a creative exercise and discussion with the whole class. You will have up to 20 minutes (minimum of 15) in which to facilitate the creative activity and to engage the class in discussion through prepared prompts.
- 5. History Quiz (20 points)
- 6. Scope of Practice Quiz (20 points)
- 7. Creative Process Blog (12 entries @ 5 points each, class presentation of blog @ 10 points = 70 points): You will engage in a personal creative practice in an art form of your choice throughout the semester, and share it with the class through 12 weekly entries on the discussion board on Canvas and through a brief presentation to the class. Please note: to receive credit for a blog post, it must occur in the correct week ie: if you miss a week you will not be able to make up that post.
- 8. *From Colored to Black* paper (30 points). Watch the play and write a 1500 word critical paper and create an artistic response to the play.
- 9. <u>Journal Club</u> (30 pts.): Find and read two arts in medicine related research studies and present to the class in journal club style: Statement of the problem, methods and materials, results, conclusions. You will have 10 minutes for your /discussion, and will hand in an annotated bibliography, literature review rubric, and create a handout for your classmates. Please note that E-Learning submissions for this assignment are due by 1pm on the day you present.
- 10. Country Reports (10 pts.): You will work with your group project group to investigate arts in health programming and activity in an assigned country. You will read a published state of the field report for the country and also conduct research to find notable program examples to share with the class. As a group, you will provide a 15-minute presentation to the class.
- 11. Group Project (100 pts.): Here is your opportunity to collaboratively envision and develop a project plan suited to your interests related to the arts and health. You will work in a team to design a program or project positioned in any part of the world, communicate with people in that area to inform your design, and present it to the class.
- 12. Active Participation (20 pts.) You are expected to participate actively in class discussions and activities, and to demonstrate a development of cultural awareness and competency in these discussions. This part of your grade will reflect your level of participation in class activities and discussions (including the un-graded State of the Field Report discussions), group processes and projects, and your attendance. Your grade will be assigned based on the criteria in the rubric below.

Grading Scale

| % Equivalency | GPA Equivalency |
|---------------|--|
| 94-100 | 4.00 |
| 91-93 | 3.67 |
| 88-90 | 3.33 |
| 84-87 | 3.00 |
| 81-83 | 2.67 |
| 78-80 | 2.33 |
| 74-77 | 2.00 |
| 71-73 | 1.67 |
| 68-70 | 1.33 |
| 64-67 | 1.0 |
| 61-63 | .67 |
| 60 or below | 0.00 |
| | 94-100 91-93 88-90 84-87 81-83 78-80 74-77 71-73 68-70 64-67 61-63 |

Texts: Readings as assigned and will be available on Canvas.

UF Policies

UF Policies for Getting Help

For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP select option 2
- https://lss.at.ufl.edu/help.shtml

* ***Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Students Requiring Accommodations

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the <u>Disability Resource Center</u>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

Course Evaluation

Students are expected to provide feedback on the quality of instruction in this course by completing <u>online evaluations</u>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students on the <u>Gator Evals page</u>.

University Honesty Policy

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

Software Use

All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

Student Privacy

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see the <u>Notification to Students of FERPA Rights</u>.

Campus Resources:

Health and Wellness

U Matter, We Care:

If you or a friend is in distress, please contact <u>umatter@ufl.edu</u> or 352 392-1575 so that a team member can reach out to the student.

Counseling and Wellness Center: counseling.ufl.edu/cwc, and 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Sexual Assault Recovery Services (SARS)

Student Health Care Center, 392-1161.

University Police Department at 392-1111 (or 9-1-1 for emergencies), or police.ufl.edu.

Academic Resources

E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu.

Career Resource Center, Reitz Union, 392-1601. Career assistance and counseling.

Library Support, Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring.

Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints Campus

On-Line Students Complaints