

# **DAA 1000: Fundamentals of Dance Technique (3 Credits)**

University of Florida School of Theatre and Dance

Virtual Classroom (ZOOM)

12593 M/W Periods 8-9 (3:00pm-4:55)

Fall 2020

## **PROFESSOR CONTACT INFORMATION**

Emily Pozek

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Virtual Office Hours available by appointment

## **COURSE DESCRIPTION**

Practice and principles of fundamentals and stylistic characteristics common to modern, ballet, and jazz dance. (H) 3 credits. Fundamentals of Dance is designed to provide accessibility to the world of dance for all students, novice or pre-professional. Along with learning the rudiments of the dance techniques, with a focus on dance styles common to Western culture, you will discover the rich heritage, challenging discipline, fertile aesthetic, as well as your place in the vast spectrum of dance. There is truth in advertising – as once you are successful in this class, these fundamentals become the basis for achieving excellence in higher levels and making informed connections with how this art interacts with your life. The following objectives provide the direction for the course:

## **COURSE OBJECTIVES**

- To provide a student with the history, basic techniques, and contemporary references relevant to accessing a basic understanding of ballet, jazz and modern dance.
- Enhance the mind/body connection through the application of sound biomechanical principles as they relate to dance, such as practicing proper alignment, learning basic human anatomy, and learning of alternative approaches to movement study. This knowledge will be directly applied to the various styles of dance learned in class.
- Practice elements of performing and explore performance quality, discovering your own potential and personal style while developing your kinesthetic memory
- Experience, discuss and write about dance performances

## **TEXTBOOK**

A booklet of materials prepared especially for this course will be available free online.

The handbook can be found on the homepage of DAA1000s' Canvas.

Direct Link is: <http://www.arts.ufl.edu/theatreanddance/downloads/syllabi.aspx>

## **CANVAS AND ZOOM**

DAA1000 is facilitated through Canvas (e-learning) and Zoom (virtual classroom). DAA1000 students must have access to Canvas, reliable internet, and a web cam or smart phone with camera to successfully complete the course. We will meet during our regularly scheduled class times in a virtual classroom on Zoom. Zoom links per section can be found in Canvas.

## **VIRTUAL CLASSROOM REQUIREMENTS**

- Students will need to be seen via webcam or smartphone during the entire class period.
- Students will need to be heard via computer audio or smartphone audio.
- Students are expected to be on time and on Zoom for the entire class period.
- Students should be dressed appropriately. (See Dance Attire)
- Students should use appropriate professional language.
- Students should remove all distractions while in class. i.e. silence phones, stay off phones, limit interactions as much as possible with people and animals in your home, be mindful of noises, do not play music, etc.
- Should noises or distraction enter the students' classroom space for a short period, students should mute their microphone. A short cut to do this is often the spacebar.
- Just as in the classroom: In order to be truly present in class you must be participating in class via feedback, questions, discussion topics, and so forth. If you do not, the professor can mark you as tardy or absent.
- Showing up late on Zoom will result in a 1-point deduction of your final grade.

## **VIRTUAL CLASS/ RECORDINGS**

Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to let the professor know. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

## **ATTENDANCE POLICIES**

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at:

UF Absence Policy <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Class Attendance Guide:

- Mindful participation in each class meeting is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that when you enter the virtual classroom, you are present, alert, and contributing to the progress of the class every second.
- If you are not present when class begins you are marked late.
- In the case of extended health issues, refer to the Injury and Illness Policy in the SoTD 2020-21 Handbook (SoTD website) and included in this syllabus.

## **ABSENCES**

Students can take 1 absence with no penalty; no documentation is required for the first absence as it will be automatically excused. Each absence after one will be a 5 point deduction from the final grade, unless made up .(See make-up policy)

Note: To help organize accommodations, students should inform the instructor by the end of the second week of classes of religious observances of their faith that will conflict with class attendance this semester.

## **MAKE-UP POLICY**

- You are responsible for all material covered during any absence
- There are no makeup options for more than 2 unexcused absences
- Absences from Written Exams, Quizzes, Mid-Terms, and/or Finals may only be made up with approved documentation
- To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
  - 1) Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.
  - 2) Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

## **DRESS POLICY**

- Attire which is form fitting & suitable for movement (Tights, Leotards, Leggings, Yoga type pants, form fitted sweatpants)
- No oversized clothing
- Shorts are not recommended
- Hair needs to be confined and out of the dancer's face (no hats)
- No large jewelry, including all non-stud earrings, necklaces & watches

Students not in compliance with the above requirements will be considered absent from class or points deducted at instructor's discretion.

## **Zoom Information**

<https://ufl.zoom.us/j/99998260649?pwd=NXE5eDB5aVhIRzhrenhqWnIYTStlUT09>

Meeting ID: 999 9826 0649

Passcode: dance

## **COURSE REQUIREMENTS**

### **Virtual Class Participation (100 Points)**

Participation is a demonstration of involvement and commitment to learning, a willingness to be on time and present in class, and to contribute in group discussions. If a student is disruptive during class (talking, providing negative energy, or simply not participating) he/ she will lose participation points. These points can be deducted at the teacher's discretion.

*Tardiness- If a student arrives to class after the start time, the student will be considered tardy. Each tardy will result in a 1-point deduction. If a student is more than ten minutes late for a movement-based class, they must receive instructor permission to observe class. The student will write a one-page observation paper due at the beginning of the next class to receive attendance credit.*

*Observation Papers -Observing class is only acceptable if the student is ill, injured, or tardy and gets instructor permission. If the student is observing class, they must take observation notes, which will be due by the end of the week via Canvas. These notes should not be a regurgitation of the steps performed in class but rather observations of what you learned as a witness to dance. Observation papers must be submitted via Canvas in the "Participation/ Observation Papers" module by Sunday (midnight) the same week. The student is only permitted to observe class up to ONE time during the semester.*

**Learning Community-** As we cultivate our classroom practice, we will critically evaluate our thoughts, opinions, and assumptions. As a learning community, I ask that we collectively invest in an environment in which all class members feel empowered to physically and intellectually take risks, ask questions, experiment, and grow. Dance practices frequently intersect with the difficult and at times violent pasts and presents of inequalities related to race, gender, sexuality, class and ability. Feelings of discomfort can at times accompany new physical practices as well as ideas. I ask that, as part of your rigorous engagement with the course, you meet the material as best you can and allow others the space to do the same. Please consult with me should any questions or concerns around course content or dialogue arise.

· **Online Learning Community:** Our learning community includes communication outside of class. Your commitment to creating a positive learning community includes not only how you interact in class but also how you interact with and/or represent other members of our class online via in threaded discussions on Canvas, social media, and other platforms. Please use formal, respectful, and professional standards when corresponding with me and with each other via email and/or Canvas. An email is not a text message nor a DM. Please begin emails with a formal greeting and avoid unprofessional colloquialisms. For UF guidelines on "netiquette":

<http://teach.ufl.edu/docs/NetiquetteGuideforOnlineCourses.pdf>

### **Performance Review (20 points)**

Students will be asked to view an online or virtual dance performance and write a review of their observations. Performance options and writing guidelines will be provided in Canvas.

### **Midterm Project (20 points)**

Detailed instructions will be discussed in class guidelines will be provided in Canvas.

### **Final Project (25 points)**

Detailed instructions will be discussed in class and guidelines will be provided in Canvas.

### **Discussions (15 points)**

On the discussion board on Canvas. You will watch the videos posted by the instructor on the discussion and then write an initial post based on the prompts. Your post should reflect your understanding of the concepts and terminology presented in the module.

### **Movement Exams (20 points)**

These exams are based on your technical gains throughout the semester. Movement exams will take place in class during regularly scheduled class times.

*\*\*\*\*A note on choreography and plagiarism: Plagiarism violates the UF Honor Code and can result in Suspension or Dismissal. Plagiarism means intentionally or unintentionally using another's words or ideas without giving credit. When using ideas or exact words from another person you must give citations for the source(s), even if those ideas are paraphrased in your own words. Using words, ideas, computer code, or any work by someone else without giving proper credit is plagiarism. Any time you use information from a source, you must cite it. In addition, as we are working with aspects of movement composition that may often make reference to other works of dance, no unaccredited lifting, copying, or sampling of dance material from YouTube or other sources will be permissible. These kinds of actions/uses are subject to penalties for plagiarism.\*\*\**

### **Grading Policy**

Attendance = 100 points

Performance Review= 20 points

Midterm Project= 20 points

Final Project= 20 points

Discussions= 15 points

Movement Exams= 20 points

200 Points Total

## Point Grade Scale

Points	Percentage	Grade
200-186	100-93%	A
185.99-180	92.99-90%	A-
179.99-172	89.99-86%	B+
171.99-166	85.99-83%	B
165.99-160	82.99-80%	B-
159.99-153	79.99-77%	C+
152.99-146	76.99-73%	C
145.99-140	72.99-70%	C-
139.99-134	69.99-67%	D+
133.33-128	66.99-64%	D
127.99-122	63.88-61%	D-
121.99-below	60.99-below	E

## Course Schedule

Will be posted in Canvas

**Spontaneity:** Due to the experiential nature of this course, the instructor retains the right to alter the syllabus as needed to accommodate class pace, interests, and/or special opportunities that may arise.

**Respect:** In order for all to have a positive experience in this course, we must all demonstrate respect for each other and the people involved in site observations.

**Your Space:** Since this class is completely online and we will be moving please create space for this- try to avoid distractions such as roommates, pets, other noises.

*This syllabus is subject to change at the discretion of the instructor*

## UF POLICIES

### **UNIVERSITY POLICY ON ACCOMMODATING STUDENTS WITH DISABILITIES:**

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester

**UNIVERSITY POLICY ON ACADEMIC MISCONDUCT:** Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code: <https://sccr.dso.ufl.edu/process/student-honor-code/> - UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code>) specifies the number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

**COUNSELING AND WELLNESS CENTER CONTACT INFORMATION:** Campus Resources: U Matter, We Care: If you or a friend is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu) or 352 392- 1575 so that a team member can reach out to the student. Counseling and Wellness Center: <https://counseling.ufl.edu/>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies. Sexual Assault Recovery Services (SARS): Student Health Care Center, 392-1161. University Police Department: 392-1111 (or 9-1-1 for emergencies). <http://www.police.ufl.edu/>

**NETIQUETTE: COMMUNICATION COURTESY:** All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats. [<http://teach.ufl.edu/docs/NetiquetteGuideforOnlineCourses.pdf>]

**ACADEMIC RESOURCES:** E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learning- support@ufl.edu. <https://lss.at.ufl.edu/help.shtml>. Career Connections Center, Reitz Union, 392-1601. Career assistance and counseling.

<https://career.ufl.edu/> Library Support, <http://cms.uflib.ufl.edu/ask>



## **GETTING HELP:**

If applicable: For issues with technical difficulties for E-learning in Sakai, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP - select option 2
- <https://lss.at.ufl.edu/help.shtml>

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Other resources are available at <http://www.distance.ufl.edu/getting-help> for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

Syllabi are posted at CFA website under: <http://arts.ufl.edu/syllabi/>

Lab Fees can be located at: <http://registrar.ufl.edu/soc/201601/all/theadanc.htm>