DAA 3224 POINTE TECHNIQUE

1 CREDITS

Wednesday 3:00-4:30 pm McGuire Pavilion G-11

Instructor of Record:

DAA 3224/4417 Pointe Technique:

Isa Garcia-Rose

isa@ufl.edu*

*Email Policy: Use ONLY your <u>UFL.EDU</u> email account for e-mail correspondence related to class. Please include your name & class in the subject line or within the body of all correspondence.

Syllabi are posted at CFA website under: Student & Parents: http://arts.ufl.edu/syllabi/

Lab Fees can be located at: http://registrar.ufl.edu/soc/201608/all/theadanc.htm

Offices:Nadine McGuire Theatre & Dance PavilionOffice Hours:Tuesday/Thursday: 12:15-1:30 or By appointment

Office Phone: 352-273-0500 Main Office

OBJECTIVES:

- *Pointe Technique* is designed to strengthen the dancer's pointe work as it is applied to classical ballet and related dance styles and techniques. The repetition of exercises at barre will reinforce stability for dancing in center.
- Learn portions of variations in order to execute more difficult steps with confidence and precision.
- By the end of the semester the endurance level of the dancer is expected to improve and the student is to reach a high level of proficiency.

GRADING: Attendance and Attire - Mandatory

45pts. Mid-term Evaluation February 26

10pts. Attendance to one Performance

45pts. End of Semester Evaluation April 22

100 pts. Total

GRADING SCALE:

A 93-100 points
A- 90-92
B+ 86-89
B 83-85 points
B- 80-82
C+ 77-79
C 73-76 points
C- 70-72
D+ 67-69
D 63-66 points
D- 60-62
E 59 and below

Unexcused absences will affect your final score with a deduction of 5 points per absence.

- **ATTIRE**: Proper dance attire is required for all classes. Inappropriate attire will result in an observation day and will count as an absence.
- 1. Leotards, tights, pointe shoes of your choice, and a ballet skirt or belt. Pointe shoes **must** be in good enough shape to support the goals of this course. Hair is worn in a neat ballet bun. Shorter hair is worn off the face completely.
- 2. Colors are at the student's discretion, but should reflect a respect of balletic values.

- 3. No warmers unless they are form fitting. All warmers **must** be removed following warm up.
- 4. No baggy anything. We are after dance style not fashion.
- 5. No large jewelry, watches or chewing gum. These get in the way of your dance experience.

Course Policies:

SoTD Dance Attendance:

Dance Technique Class Attendance Guide:

- Mindful participation in each class meeting is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that when you enter the classroom, you are present, alert, and contributing to the progress of the class every second.
- If you are not present when attendance is taken or class begins you are marked absent.
- In the case of extended health issues, refer to the Injury and Illness Policy in the SoTD 2016-17 Handbook (SoTD website) and included in this syllabus.

Dance Technique Class Absence Policy

- Five (5) or more absences (excused or unexcused) result in automatic failure.
- All undocumented absences are unexcused: each unexcused absence = 5 point deduction. Excused absences may include those related to illness/injury which are documented by a medical professional. Events related to family emergencies or professional obligations should be discussed with your instructor. (See *Make-up Policy* for more information on excused absences.)
- For your safety and the focus of the class, you may not join class if it has already started. You are late and counted absent; with instructor permission, you may observe once without point decuction.
- If you should leave class early, 3 points are deducted from your grade.
- If unable to dance but still attend, with instructor permission, you may 'actively' observe for full class credit, onetime. You will complete an assignment as assigned by the instructor due at the end of class.
- UF approved religious days are excused and do not need to be made-up. (Travel time not included.) You are responsible for material covered during your absence.
- A MEDICAL WITHDRAWAL will not be supported without approved documentation. An Incomplete is only considered by UF Dance in extreme cases and is not available in technique classes.

<u>UF Absence Policy</u>

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies, as follows:

Source: <u>https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx</u>

- Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting.
- In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.
- You cannot participate in classes unless you are registered officially or approved to audit with evidence of having paid audit fees. The Office of the University Registrar provides official class rolls to instructors.
- If you do not participate in at least one of the first two class meetings of a course or laboratory in which you are registered, and you have not contacted the department to indicate your intent, you can be dropped from the course. You must not assume that you will be dropped, however.
- The university recognizes the right of the individual professor to make attendance mandatory. After due warning, professors can prohibit further attendance and subsequently assign a failing grade for excessive absences.

Make-up Policy: Dance Technique Class – Makeup Policy

- You are responsible for all material covered during any absence
- There are no makeup options for unexcused absences
- Absences from Written Exams, Quizzes, Mid-Terms, and/or Finals may only be made up with approved documentation
 To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
 - Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.

2) Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

In the UF Dance Program, three unexcused absences will reduce your grade one-letter grade (i.e., from B to C). Each subsequent unexcused absence lowers your grade by half letter grade (i.e., from C to C-). After five unexcused absences the student may not return to class and result in automatic failure of the course. A student with medical documentation may apply to UF for Medical Withdrawal.

Please consult the following sites for UF's physical and mental health resources:

<u>http://shcc.ufl.edu/</u> (Student Health Care Center) <u>http://shcc.ufl.edu/forms-records/excuse-notes/</u> (excuse note policy) <u>http://dso.ufl.edu/</u> (Dean of Students)

Student on-line evaluation process

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. The instructor is the only person that views your written comments. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results/

UF Policies:

University Policy on Accommodating Students with Disabilities:

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester

University Policy on Academic Misconduct: Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code: http://www.dso.ufl.edu/sccr/process/student-conduct-honor- code/ - UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (source: http://www.dso.ufl.edu/sccr/process/student-conduct-honor- code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

Counseling and wellness center contact information:

U Matter, We Care: If you or someone you know is in distress, please contact <u>umatter@ufl.edu</u>, 352-392-1575, or visit <u>umatter.ufl.edu</u>/ to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: Visit counseling.ufl.edu/ or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit shcc.ufl.edu/.

University Police Department: Visit police.ufl.edu/ or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, ufhealth.org/emergency-room-trauma-center.

Getting Help:

If applicable: For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- (352) 392-HELP select option 2
- <u>https://lss.at.ufl.edu/help.shtml</u>

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Other resources are available at <u>http://www.distance.ufl.edu/getting-help</u> for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

Academic Resources

E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services *career.ufl.edu/.*

Library Support: cms.uflib.ufl.edu/ask various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring. teachingcenter.ufl.edu/

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers. writing.ufl.edu/writing-studio/

Student Complaints On-Campus: sccr.dso.ufl.edu/policies/student-honor- code- student-conduct-code/

On-Line Students Complaints: distance.ufl.edu/student-complaint-process/ /

Netiquette: Communication Courtesy: All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats.

EACH STUDENT IS RESPONSIBLE FOR MONITORING HER/HIS OWN PROGRESS

Technique Mid-Term:	Wednesday February 26, 2020*
Technique Final:	Wednesday April 22, 2020*

*<u>Disclaimer</u>: This syllabus represents current plans and objectives. As we go through the semester, those plans may need to change to enhance the class learning opportunity. Such changes, communicated clearly, are not unusual and should be expected. Any changes in technique exam dates due to unseen circumstances will be announced in class and posted on the dance board in a timely fashion.

Required Performance and Event Dates

Dates/times subject to change – please verify dates/times with appropriate box office. You will receive a voucher (coupon) at the beginning of the semester for designated SoTD productions with instructions of how to use it to get your ticket. Viewing of SoTD plays (such as a play or musical) is highly recommended, but not required.

Welcome meeting

January 6, 2020 at 6:30pm in G6 (Elizabeth Johnson and Dante Puleio will welcome all) **BFA Showcase Dancer Audition** January 9, 2020 at 6:30pm in G6

UnShowings and SoTD Required Dance Performances

UnShowings (Majors) # 1 – January 27th, 2020 at 6:30pm in G6 # 2 – February 24th, 2020 at 6:30pm in G6 # 3/Adjudication– March 23rd, 2020 at 6:30pm in G6 # 4/Final – April 20th, 2020 at 6:30pm in G6

SoTD Required Dance Performances - if not performing, bring ticket stub

Dance 2020 February 7th- 8th at 7:30pm and February 9th at 2pm February 11th, 12th, 13th, 14th, 15th at 7:30pm and February 16th at 2pm in SOTD Black Box Harn Museum of Dance March 21st 1-4pm BFA Spring Dance Showcase G-6, March 27th load in/ April 1st -4th at 7:30pm and April 5th –Program A at 2pm and Program B at 4pm (strike following last performance)

Dance Productions (Attend at least one ballet performance)

National Ballet Theater of Odessa – Romeo and Juliet January 8th, UFPA, 7:30 Invertigo Dance Theater – Formulae & Fairy Tales February 5th, UFPA, 7:30 Dance Alive! - Loveland February 14th, UFPA, 7:30 Paul Taylor March 6th, UFPA, 7:30 Dance Alive! – Athletes of God April 2nd/3rd, UFPA, 7:30 National Water Dance April 18th at 4pm, location in Gville. To be determined Leela Dance Collective - SPEAK April 21st, UFPA 7:30

SoTD Plays/Musical (Not required but highly recommended)

...And Jesus Moonwalks the Mississippi (SoTD play) Opens January 24, 7:30 Eurydice (SoTD play) Opens March 19, 7:30 Macbeth (SoTD play) Opens April 9, 7:30

Fathom Dance Events Spring 2020:

Regal Cinemas Gainesville Cinema 14 3101 SW 35th Blvd. Gainesville, FL 32608

January 26, 2020, Bolshoi Ballet: **Giselle** <u>https://www.fathomevents.com/events/bolshoi1920-giselle?date=2020-01-26</u>

February 23, 2020 Bolshoi Ballet: **Swan Lake** <u>https://www.fathomevents.com/events/bolshoi1920-swan-lake?date=2020-02-23</u>

March 29, 2020 Bolshoi Ballet: **Romeo and Juliet** <u>https://www.fathomevents.com/events/bolshoi1920-romeo-and-juliet?date=2020-03-29</u>

April 19, 2020 Bolshoi Ballet: **Balanchine's Jewels** https://www.fathomevents.com/events/bolshoi1920-jewels?date=2020-04-19

BFA Dance Auditions

January 24, 2020

Juries (All BFA Majors, BA Seniors): April 2020

Performance Behavior/Decorum:

- Yes, please dress nice!
- No cell phones/texting at all, ever, never during a performance (unless the show requests it!)
- Represent the SoTD at the show!

Spring Semester Juries

Spring Dance Juries. Required for all BFA dance majors and BA seniors April 2020 Do <u>not</u> make travel plans at this time— grade points will be deducted. It is your responsibility to know your schedule. Check your (UF) email & the dance studio bulletin boards regularly.

Students not in compliance with the above requirements will be considered absent from class or points deducted at instructor's discretion.

General Information

Student Injury and Illness Policy:

The Dance Area of SoTD believes that dance student's physical and mental well-being is paramount to success in all arenas of their dance training, from class to the stage. In the case of injury, fostering a productive and holistic response insures a speedy and effective recovery.

If the dance student becomes ill or injured to the degree that they cannot attend and participate in dance classes, SoTD sponsored rehearsals, or performances, the 5 steps of the dance student injury and illness policy are to be followed:

1. The student is required to see a health care professional immediately.

2. If the illness or injury prevents the student from participation in dance class, rehearsal, or performance, the student is to request documentation from the health care professional that explicitly projects the duration of the injury, and/or the amount and type of activity recommended for the welfare of the student.

3. Following the appointment with the health care professional, the student is required to bring medical recommendations and related documentation to the attention of his or her instructor(s), choreographer(s), or director(s) as the basis for discussion.

4. Unless otherwise medically advised, the student is prohibited from active participation in all related UF dance activities, classes, events, performances, etc. The student may not personally select one activity as having a higher priority over another. The student is not to dance in any events, activities, performances or rehearsals if the student is not in dance class. If the infirmity culminates in a medical withdrawal, this is also a withdrawal from all performance related activities.

5. The student is never allowed to sacrifice classroom participation for the demands of a performance. The student will not be allowed to participate in a performance if they miss dance class due to an injury. The student is expected to follow the student injury and illness policy even if performances take place beyond the scope of SoTD, as with another UF, professional, or community performing group, etc.

<u>If involved in a SoTD produced production</u> (with or without credit), there is required attendance at the production's Strike (as stated in the current SoTD Production Handbook): Strike

- Strike is the restoring of the stage to its original condition. This mainly consists of the breakdown of technical components of the production.
- Strike typically takes place immediately following the final performance of the production.
- Strike is run by the Technical Director or Scenic Studio Supervisor.
- Safety is of the utmost importance! Proper footwear and clothing must be worn. Additional Safety Equipment may be required depending on the task.
- The Strike requires the presence of all undergraduate performers involved in the show and crew, Props Master, Master Electrician, and Technical Director or Scenic Studio Supervisor.
- Only the Technical Director, Master Electrician and Costume Supervisor can release anyone from Strike.
- Additionally, all cast members and crew must sign out with the Stage Manager.
- All undergraduate students involved in the production are REQUIRED to attend.
- Graduate Actors are released after 1 hour of participation at Strike due to their GTA responsibilities. Grad Actors must sign out with the Stage Manager before leaving.
- Only the Technical Director may approve an absence from Strike. Under extenuating circumstances may a student be "excused" from or permitted to leave early from Strike. If the student is "excused" from a REQUIRED strike or leaves early from Strike, the Strike must be "made up" by one of the 3 following options:
 - The student must participate in two Strikes within the current academic semester.

--or—

• The student must participate in one strike and serve 6 hours in the shop within the current academic semester.

--or—

• The student must serve 12 hours in the shop within the current academic semester.

- If a student does not adhere to the above penalties for missing Strike or leaving early from Strike, or if the students misses or leaves Strike early without approval of the Technical Director the student will be:
 - Ineligible for Theatre and Dance Scholarships.
 - Ineligible to be cast in School of Theatre and Dance productions for the upcoming semester.
 - Ineligible to register for classes.
 - If enrolled in any section of P&P the student's grade will be lowered.
 - If enrolled in Senior Project the student's grade will be lowered.
 - If enrolled in Dancers for Choreographers or Dance Ensemble the student's grade will be lowered.
 - If enrolled in West African Dance or World Dance (*Agbedidi*) the student's grade will be lowered.

Please Note: Our work in the studios is designed to be challenging; physically, intellectually, and emotionally. Dance classes often involve touching. Physical contact may range from simple touch, to correcting alignment and/or relaxation massage. Students may also be asked to experiment with exercises that involve weight exchange, and in the case of a ballet class, partnering exercises. If you have a related medical consideration or touch makes you uncomfortable, it is your responsibility to notify the instructor at the start of the semester.

Instructor's Biography

Born in Cuba, **Ms. Isa Garcia-Rose** spent many years in Spain before settling in Miami, Florida. She studied with and became a member of Ballet Concerto performing in Giselle, Swan Lake, La Bayadere, Serenade, Nutcracker, and Les Sylphides. Ms. Garcia-Rose joined Dance Alive National Ballet in 1987, and has performed various Balanchine pieces, 'Titania' in A Midsummer Night's Dream, various roles in Nutcracker, 'Ophelia' in Hamlet, 'LadyBug' in LadyBug: Action Hero, and other contemporary roles. A graduate of the University of Florida with a BFA in Dance, Ms. Garcia-Rose received her MFA from Florida State University. Ms. Garcia-Rose has been a faculty member of the University of Florida School of Theatre and Dance teaching classical ballet, pilates and modern dance technique. She has created works for the students and has presented pieces at the Florida Dance Festival amongst other venues. Ms. Garcia-Rose spent the 1994-1995 season as a member of the Demetrius Klein Dance Company before rejoining Dance Alive National Ballet. Ms. Garcia-Rose taught classical ballet full time at Florida State University Spring 2007. Ms. Garcia-Rose is certified in Stott Pilates mat and reformer. She has taught master classes in Alabama, Georgia as well as in other festivals including the Florida Dance Festival in Miami. Ms. Garcia-Rose assisted Shane O'Hara and Ric Rose with a study abroad program through James Madison University as both teacher and mentor for the students in London. Ms. Garcia-Rose has set work on Sarasota Contemporary Dance Company and assisted her beloved Ric Rose with Shadow Dance Theatre at UF with direction and choreography.