Introduction to Arts in Medicine in a Global Context

M/W Periods 7 & 8, 1:55pm-3:50pm
Keene-Flint Hall Room 119

Instructors

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Office Hours: by appointment.

Description

This course explores the field of arts in medicine in a global context, focusing on the many ways that the arts can be used to enhance health and wellbeing in healthcare or community settings. The course will explore the relationship of culture to healing practices, systems, and health literacy in various regions of the world, and exploration of belief systems and the concept of healing in a global context. It includes workshops, lecture/discussion, video viewing, readings, homework assignments, and group projects. This course is appropriate for students of the arts, humanities, sciences, and health related professions.

Course Topics:

1. Historical roles of the arts in health practices
2. Etiologies and belief systems related to disease and healing in various cultures
3. Theoretical foundations of arts in medicine
4. Contemporary practices in arts in medicine
5. Creativity and the brain: the physiology of creativity
6. Program practices in arts in medicine – international perspectives
7. Scope and standards of professional practice in arts in medicine
8. Cultural competency
9. Program planning

Objectives:

1. Students identify and explain how the arts have been used in healing practices throughout our human history and across cultures.
2. Students analyze and interpret global and intercultural issues
3. Students analyze and articulate the cultural, theoretical, scientific and practical linkages and interdependencies between the arts, health, and healthcare.
4. Students identify and explain professional practices and cultural competency in relation to the contemporary arts in medicine field.
5. Students analyze and articulate their personal creative process.
6. Students design and describe an ideal arts in medicine program, based on identified best practices and cultural competency.
**Weekly Course Schedule:**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topics and Class Activities</th>
<th>Reading/Media/Assignments Due</th>
<th>Creative Practice Blog</th>
</tr>
</thead>
</table>
| 1    | Jan 6 | Instructor & student introductions  
|      |      | Experiential Exercise  
|      |      | Syllabus/course overview  
|      |      | Creative Practice Blog Introduction and Discussion | Review all course materials on E-Learning |                        |
| 1    | 8    | Harn Museum of Art Visit  
|      |      | *What is Art for?* discussion                  | Creativity readings and questions  
|      |      |                                        | BBC Doc: *Horizon – The Creative Brain: How Insight Works* |                        |
| 2    | 13   | **Lecture & Discussion:** Historical roles of the arts in health practices; Etiologies and belief systems. *Jill Sonke* | History Readings  
|      |      |                                            | • Why Medicine Needs Art (TED-X talk) |                        |
| 2    | 15   | Journal Club Overview, discipline selection & scheduling  
|      |      | Search Skills  
|      |      | Experiential Exercise Assignment Overview | **History Quiz**  
|      |      |                                            | Blog 1 |                        |
| 3    | 20   | Holiday NO CLASS                              | Applied Theatre Articles #1                                       |                        |
| 4    | 22   | **Lecture & Discussion:** Applied Theatre for Health *Jeff Pufahl* | Applied Theatre Articles #2                                       |                        |
| 4    | 27   | **Workshop:** Forum Theater  
<p>|      |      | <em>Jeff Pufahl</em>                                  | Applied Theatre Articles #2                                       |                        |
| 4    | 29   | Experiential Exercise #1                      | Theatre Journal Club Requirements                                | Blog 3 |</p>
<table>
<thead>
<tr>
<th>Date</th>
<th>Week</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>FEB 5</td>
<td>3</td>
<td><strong>Program practices:</strong> UF Health Shands Arts in Medicine Hospital Tour with Director: Tina Mullen</td>
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| | 5 | Experiential Exercise #2  
**Lecture & Discussion:** Visual Arts in Medicine & Arts Therapy – Scope of Practice with Amy Buccerelli |
| | 6 | Experiential Exercise #3  
**Program Practices:** Visual Arts – Experiential Workshop with Molly Kempson |
| | 12 | **Journal Club:** Visual Arts |
| | 7 | Experiential Exercise #4  
**Workshop:** Cultural Competency  
Alana Jackson |
| | 19 | Experiential Exercise #5  
**Lecture & Workshop:** Literary Arts in Medicine  
Spoken Word, Poetry, Creative Writing  
Alana Jackson |
| | 8 | **Lecture & Workshop:** Dance in Medicine & Dance/Movement Therapy Scope of Practice:  
Alana Jackson |
| | 26 | Experiential Exercise #6  
**Journal Club:** Literary & Dance  
Journal Club requirements |
| | | Blog 4  
Blog 5  
Blog 6  
Blog 7 |
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<td>10</td>
<td>9</td>
<td>Experiential Exercise #7</td>
<td>Community Engagement through the arts</td>
<td>Watch Documentary Film: Trash Dance</td>
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<td>11</td>
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<td>Lecture &amp; Discussion: Music in Medicine</td>
<td>Ferol Carytsas</td>
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<td>Blog 8</td>
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<td>11</td>
<td>16</td>
<td>Experiential Exercise #8</td>
<td>Program Practices: Music workshop with Ricky Kendall</td>
<td>Get into Country Report Groups</td>
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<td>18</td>
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<td>Experiential Exercise #9</td>
<td>Journal Club: Music in Medicine</td>
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<td>Journal Club Requirements</td>
<td>Scope of Practice Quiz</td>
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<td>Blog 9</td>
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<tr>
<td>12</td>
<td>23</td>
<td>Global practices in arts in medicine: State of the Field group reports/discussion by country as assigned</td>
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<td>Country Reports</td>
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<td>13</td>
<td>30</td>
<td>Workshop: Check-in &amp; Story Circle</td>
<td>Oral History in the Hospital; Oral History in Community</td>
<td>Jeffrey Pufahl</td>
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<td>Experiential Exercise #11</td>
<td>Program planning: Final group project discussion; program planning workshop</td>
<td>Jeffrey Pufahl</td>
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<td><strong>Program planning:</strong> Final group project discussion; program planning workshop</td>
<td>75 word project description</td>
<td>Blog 11</td>
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<td>14</td>
<td>8</td>
<td>Saturday April 4: Attend Theater for Thought at UFPA</td>
<td>Discussion and Visit by Artists.</td>
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<td>8</td>
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<td>Experiential Exercise # 12</td>
<td>Final Group Project in class work Session</td>
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<tr>
<td>15</td>
<td>13</td>
<td><a href="#">Creative Practice Blog presentations</a></td>
<td>Creative Process Blog Presentation</td>
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<td><strong>Program practices:</strong> Project Presentations</td>
<td>Group Projects</td>
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<td>16</td>
<td>20</td>
<td><strong>Program practices:</strong> Project Presentations</td>
<td>Group Projects</td>
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<td>22</td>
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<td>Pot Luck / TBA</td>
<td>Bring a dish to share!</td>
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**Course Website:** We will use a UF E-Learning Canvas course website for communications, accessing course materials, and submission of assignments. You are expected to check the website and your email between class meetings. Make sure you're able to receive announcements.

**Course Policies:**

1. Attendance: Class attendance is expected. Each unexcused absence will result in an **6-point reduction from the “active participation” grade**. Excused absences are consistent with university policies in the undergraduate catalog. (https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx) and require appropriate documentation.

2. Tardy. A tardy will be awarded if a student is more than **5 minutes late** to class. 3 tardies will result in an unexcused absence.

3. Submission of late work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. **Late work will be subject to a deduction of 5 points.** Extenuating circumstances will be considered on a case by case basis.
4. Communication: It is the student’s responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns you have go unattended. It is the instructor’s intention to respond to all e-mail communication within 48 hours, excluding weekends.

5. Spontaneity: Due to the experiential nature of this course, the instructor retains the right to alter this syllabus as needed to accommodate class pace, interests, and/or special challenges or opportunities that may arise.

6. Use of technology: In order for all of us to have a positive experience in this course, we must all demonstrate respect for each other and maintain appropriate attention within the course. No texting will be permitted during class, and phones, laptops, iPads, or other devises may be used only when indicated by the instructor.

7. All assignments submitted via E-Learning, including quizzes, must be submitted by the time specified on the Canvas due date.

8. Adhere to standards of academic honesty per university guidelines (below)

Evaluation:

1. Creativity Readings Summary and Questions (5 points): You will prepare a bullet summary of the readings and prepare 2 discussion questions for class.

2. History Readings Summaries (5 points): You will submit a bullet point summary of the readings.

3. Foundational Readings (30 points): You will have several weeks at the beginning of the semester to complete a packet of foundational readings in the field of Arts in Medicine. You will summarize each reading in 4-5 detailed bullet points.

4. Applied Theater Quiz (20 points)

5. Experiential Exercise (40 points): You will work in a pair on an assigned specific topic-based question or idea. You will work outside of class to prepare to facilitate a creative exercise and discussion with the whole class. You will have up to 20 minutes (minimum of 15) in which to facilitate the creative activity and to engage the class in discussion through prepared prompts.

6. History Quiz (20 points)

7. Scope of Practice Quiz (20 points)

8. Creative Process Blog (12 entries @ 5 points each, class presentation of blog @ 10 points = 70 points): You will engage in a personal creative practice in an art form of your choice throughout the semester, and share it with the class through 12 weekly entries on the discussion board on Canvas and through a brief presentation to the class. Please note: to receive credit for a blog post, it must occur in the correct week – ie: if you miss a week you will not be able to make up that post.

9. Journal Club (30 pts.): Find and read two arts in medicine related research studies and present to the class in journal club style: Statement of the problem, methods and materials, results, conclusions. You will have 10 minutes for your /discussion, and will hand in an annotated bibliography, literature review rubric, and create a handout for your classmates. Please note that E-Learning submissions for this assignment are due by 1pm on the day you present.
10. **Country Reports (10 pts.):** You will work with your group project group to investigate arts in health programming and activity in an assigned country. You will read a published state of the field report for the country and also conduct research to find notable program examples to share with the class. As a group, you will provide a 15-minute presentation to the class.

11. **Museums and Health Reading Summary (10 Points):** You will give a brief summary of this reading before class.

12. **Group Project (100 pts.):** Here is your opportunity to collaboratively envision and develop a project plan suited to your interests related to the arts and health. You will work in a team to design a program or project positioned in any part of the world, communicate with people in that area to inform your design, and present it to the class.

13. **Active Participation (20 pts.)** You are expected to participate actively in class discussions and activities, and to demonstrate a development of cultural awareness and competency in these discussions. This part of your grade will reflect your level of participation in class activities and discussions (including the un-graded State of the Field Report discussions), group processes and projects, and your attendance. Your grade will be assigned based on the criteria in the rubric below.

### Grading Scale

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>% Equivalency</th>
<th>GPA Equivalency</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>94-100</td>
<td>4.00</td>
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<tr>
<td>A-</td>
<td>91-93</td>
<td>3.67</td>
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<tr>
<td>B+</td>
<td>88-90</td>
<td>3.33</td>
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<tr>
<td>B</td>
<td>84-87</td>
<td>3.00</td>
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<tr>
<td>B-</td>
<td>81-83</td>
<td>2.67</td>
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<tr>
<td>C+</td>
<td>78-80</td>
<td>2.33</td>
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<td>C</td>
<td>74-77</td>
<td>2.00</td>
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<tr>
<td>C-</td>
<td>71-73</td>
<td>1.67</td>
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<tr>
<td>D+</td>
<td>68-70</td>
<td>1.33</td>
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<tr>
<td>D</td>
<td>64-67</td>
<td>1.0</td>
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<td>D-</td>
<td>61-63</td>
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<tr>
<td>E</td>
<td>60 or below</td>
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</table>

**Texts:** Readings as assigned and will be available on Canvas.
UF Policies

Academic Honesty

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code (scr.dso.ufl.edu/process/student-conduct-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

Students with Disabilities

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, dso.ufl.edu/drc) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Course Evaluations

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/.

UF Policies for Getting Help

For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- Learning-support@ufl.edu
- (352) 392-HELP - select option 2
- https://lss.at.ufl.edu/help.shtml

* ***Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.
Campus Resources

Health and Wellness
U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit umatter.ufl.edu/ to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: Visit counseling.ufl.edu/ or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit shcc.ufl.edu/.

University Police Department: Visit police.ufl.edu/ or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; ufhealth.org/emergency-room-trauma-center.

Academic Resources

Career Connections Center: Reitz Union Suite 1300, 352-392-1601.

Career assistance and counseling services career.ufl.edu/.

Library Support: cms.uflib.ufl.edu/ask various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420.

General study skills and tutoring. teachingcenter.ufl.edu/

Writing Studio: 2215 Turlington Hall, 352-846-1138.

Help brainstorming, formatting, and writing papers. writing.ufl.edu/writing-studio/

Student Complaints On-Campus: sccr.dso.ufl.edu/policies/student-honor- codestudent-conduct-code/
On-Line Students Complaints: distance.ufl.edu/student-complaint-process/ /