

## INTERMEDIATE MODERN DANCE (MAJORS) FALL 2019

**Day:** M/W/F – Fridays will rotate through combined master classes

**Time:** 10:40 AM – 12:10 PM

**Place:** McGuire Pavilion, G-6 (though we may rotate studios all semester)

### INSTRUCTOR OF RECORD:

Assistant Professor Elizabeth Johnson

[ejohnson@arts.ufl.edu](mailto:ejohnson@arts.ufl.edu)

\*Email Policy: Use ONLY your **UFL.EDU** email account for e-mail correspondence related to class. Please include your name & class in the subject line or within the body of all correspondence.

**Syllabi are posted here:** <http://arts.ufl.edu/syllabi/>

**Office:** Room 234, Nadine McGuire Theatre & Dance Pavilion

**Office Hours:** T/TH 10:30 AM – 12:00 PM, F by appointment

**Office Phone:** 352-273-0522

### **REQUIRED/RECOMMENDED READING:**

Articles and handouts TBD

### **INTERMEDIATE MODERN DANCE DAA 3108 COURSE DESCRIPTION:**

*Credits: 2; can be repeated with change in content up to 8 credits. Prereq: audition.*

Experience in intermediate level technique, readings, observations and movement exploration exercises.

### **COURSE DESCRIPTION:**

This class moves past fundamental contemporary dance technique concepts to practice at an intermediate level. Class work and progression will reflect the eclectic nature of the instructor's training history:

American Modern Dance: Graham, Horton, Limon, Cunningham, Nikolais

Post-modern/release technique: Brown, Klein-Mahler, Reneé Wadleigh/Viola Farber, Sara Hook, Cynthia Oliver

Somatic practices: Laban Movement Analysis, Alexander Technique, Feldenkrais, Body-Mind Centering

Afro-Caribbean/postmodern fusion: Cynthia Oliver

Ballet, Jazz, and Tap forms

All have influenced and informed the information shared in this Contemporary Practice Dance course.

The majority of class time will be spent building competency in specific, rigorously physical floor work informed by somatic concepts, predominantly Irmgard Bartenieff's work the *Bartenieff Fundamentals* and most specifically the Patterns of Total Body Connectivity (Breath, Core-Distal, Head-Tail, Upper-Lower, Body Half, and Cross Laterality). The physical articulation needed for clear coordination and connectivity requires direction and strength but also the ability to soften in the "bendy parts" or joints including the spine and lower limb joints (hips, knees, and ankles). The deepening of this physicality will challenge the body/mind to seek an integrated, whole approach to dancing/movement/technique. This is in contrast to goal/achievement/shape driven movement, frequently mistakenly perceived as "virtuosic" and often disengaged from personal process and deeper physical and mental awareness. The semester will begin with foundational work that is **SIMPLE BUT NOT EASY**: fundamental underpinnings of coordination to clarify movement initiation, intention, phrasing, and an understanding of the developmental progression not only in dance but all human movement.

### **We will practice a *somatic* approach to dance technique:**

**Somatic pioneer Thomas Hanna coined the term and defined somatics as this: "Somatics is the field which studies the soma: namely, the body as perceived from within by first-person perception. When a human being is observed from the outside -- i.e., from a third-person viewpoint-the phenomenon of a human *body is* perceived. But, when this same human being is observed from the first-person viewpoint of his own proprioceptive senses, a categorically different phenomenon is perceived: the human soma."**

Along with cultivating a deeper understanding of what “somatic” means, this class will focus on:

- Efficient alignment and use of your head/neck/spine to guide your whole body
- Anatomical accuracy: skeletal (joint action) and large muscle groups (what does what)
- Through specific work on the floor, beginning to understand whole body patterning and coordination (in Laban/Bartenieff terms: Breath, Core/Distal, Head/Tail, Upper/Lower, Body Half, and Cross Laterality)
- Rhythmic challenges and overall musicality including mixed/irregular meter
- Adaptability and accuracy of movement (how you reproduce and integrate what you see)
- Weight sensing/shifting, phrasing, and musicality
- Differentiating between shape/making shapes and experiencing movement more wholly transitioning through shapes to keep a sense of flow
- Integrating technical and performance skills to a competently intermediate level

### **COURSE OBJECTIVES/PURPOSE and EXPECTED LEARNING OUTCOMES:**

*During and upon completion of this course, students should:*

1. Develop and increase kinesthetic and clear anatomic understanding through taking class.
2. Increase technical dancing skills to an intermediate level.
3. Integrate knowledge, observations, and corrections from the instructor.
4. Enhance learning, perception, and self-awareness.
5. Recognize continual bodily tendencies, affectations, and habits and **strategize solutions for coping or change.**
6. Broaden ability to hear the rhythm of the music, and understand phrasing and musicality with more sophistication.
7. Build strength, flexibility, and endurance and to understand that individual capacity for all are unique--**explore your limits.**
8. Practice intermediate performance presence and skills: positive energy, enthusiasm, concentration, mindfulness, willingness to learn, challenge preconceived and rigid ideas, **leave mind open for shifts and changes in your understanding of what dance in general is “about.”**
9. Refine personal expression and artistry.
10. Observe and write about your own progress and challenges in the course as well as write critically and analytically about dance contexts from technique, to performance, to choreography.

### **Teaching Strategies:**

To facilitate and promote the Course Objectives and Expected Learning Outcomes, as the instructor I will:

1. Design a class order, progression, and exercises that develop and support said learning objectives.
2. Encourage a sustainable and compassionate class community where students can take risks and make mistakes free from unneeded stress, judgment or harsh criticism.
3. Demonstrate and embody class material as accurately as is possible attending to specific details and qualities I would like to see.
4. Explain concepts and answer questions thoroughly.
5. Provide honest and specific assessment and clear communication in class and through email and Canvas correspondence.
6. Provide space and time in class for questions and the working through of concepts including practicing peer assessment.

### **Dress Policy:**

- Attire which is form fitting & suitable for movement
- No oversized clothing
- No gym shorts
- Ankles must be visible
- Hair needs to be confined, out of the dancer's face; essentially not a distraction to the dancer, instructor or the class (no hats)
- No large jewelry, necklaces & watches
- No chewing gum

**Please Note:** Our work in the studios is designed to be challenging; physically, intellectually, and emotionally. Dance classes often involve touching. Physical contact may range from simple touch, to correcting alignment and/or relaxation

massage. Students may also be asked to experiment with exercises that involve weight exchange. If you have a related medical consideration or touch is uncomfortable or triggers trauma please notify the instructor at the start of the semester via e-mail or personal meeting.

**\*Syllabus Note/Disclaimer:** This syllabus represents current plans and objectives. Through the semester, the constitution of the class cohort, unforeseen events, and schedule changes may dictate changes. **Such changes, communicated clearly, are not unusual and should be expected. Any amendment to the syllabus will be sent to you, updated on Canvas, and be clearly stated and available.**

#### **PROFESSOR JOHNSON'S NON-NEGOTIABLE SYLLABUS POLICY:**

- **All work of the course must be completed to earn a passing grade in the course. Any incomplete work will result in a failing grade. You may ask for extensions on any assignment and for your final work.**
- **Communication is KEY: a lack of communication prior to late work or in regards to chronic attendance problems will not help your case.**

#### **GRADING POLICIES:**

##### **1. Continuous Assessment – 25%** (this grade will be entered at semester's end)

These following areas are used by faculty to assess student progress throughout the semester:

- **Self-awareness**—the student demonstrates an ability to retain an awareness of self while striving to integrate their movement practice. This includes cognizance of spatial relationships with other persons and groups (outside space) as well as physical sensations and experiences (inside space).
- **Transitional Skills**—demonstrates an understanding and dynamic use of different types of phrasing with an ability to sequence a variety of movements into an extended phrase: recognizing and moving through transitions and demonstrating follow-through of movement impulses as appropriate.
- **Performance Quality**—observable growth as a performing artist in class (which should also be reflected in stage performance).
- **Creative Risk-taking**—student keeps an open mind about learning daring to explore new territory.
- **Overall Improvement**—student demonstrates a clear positive progression throughout the semester.

##### **2. Event attendance – 10%**

**BFA/BA Majors: In addition to attending all classes, attendance is required at the following events plus 1 outside professional show.** You will provide proof of attendance to the instructor who is the teacher of record of your course **no later than 2 weeks after viewing production.** Depending on your technique schedule, you may use these same events/performances for other technique classes, as well.

The (McGuire) University Box Office will open 45 minutes prior to the opening of each Constans Theatre or McGuire Black Box production.

Performance Behavior/Decorum:

- No cell phones/texting at all, ever during a performance (unless the show requests it!)
- Represent the SoTD with integrity.

Dates/times subject to change – please check your email and the Canvas calendar for changes. You will receive a voucher (coupon) at the beginning of the semester for designated SoTD productions with instructions of how to use it to get your ticket. Viewing of SoTD plays (such as a play or musical) is highly recommended, but not required.

#### **Required Meetings and UnShowings:**

- **Tuesday, August 20, 2019 - Welcome Back Dance Area Meeting with Students & Dance faculty 6:30 PM in Studio G6**
- **Wed., August 21, 2019 – Faculty works audition**
- **Thursday, August 22, 2019 – Fall BFA 2019 Showcase Audition in Studio G6**
- **UnShowing #1- Monday, September 9, 2019 – 6:30 PM in Studio G6**

- **UnShowing #2/Adjudication** – Monday, October 14, 2019 – 6:30 PM in Studio G6
- **Final UnShowing** – Monday, December 7, 2019 - 6:30PM in Studio G6

**REQUIRED PROFESSIONAL CONTEMPORARY PRODUCTION**

- **Black Label Movement** – Friday, October 11, 2019 at 7:30PM  
<https://performingarts.ufl.edu/events/black-label-movement/>

**OTHER UFPA/SANTA FE EVENTS:**

- **Carmen: Friday & Saturday, November 8-9, 2019, Santa Fe College Fine Arts Hall**  
<https://tickets.vendini.com/ticket-software.html?t=tix&w=cc5d3f5d01e45efac6a75aaac3c774f8>
- **Dance Alive National Ballet: Anna Karenina** – T/F October 24/25, 2019 at 7:30PM  
<https://performingarts.ufl.edu/events/anna-karenina/>

**UF Dance Productions**

**Fall 2019 BFA Showcase** – October 23-27, 2019

**AGBEDIDI** – November 22-24, 2019

**Other SoTD Theatre Events and extra credit opportunities:**

- **The Curious Incident of the Dog in Night Time** – August 28 – September 22, 2019
- **We Are Proud to Present a Presentation About the Hero of Namibia, Formerly Known as Southwest Africa, From the German Südwestafrika, Between the Years 1884–1915** – September 22 – 29, 2019
- **Pippin** – October 18-27, 2019

**Fathom Dance Events Fall 2019:**

Regal Cinemas Gainesville Cinema 14 3101 SW 35<sup>th</sup> Blvd. Gainesville, FL 32608

October 27, 2019, Bolshoi Ballet: **Raymonda**

<https://www.fathomevents.com/events/bolshoi1920-raymonda?date=2019-10-27>

November 17, 2019

Bolshoi Ballet: **Le Corsaire**

<https://www.fathomevents.com/events/bolshoi1920-le-corsaire?date=2019-11-17>

UF Box Office #: (352) 392-1653

UF Performing Arts (Phillips Center) #: (352) 392-2787

SFC Fine Arts Hall Theatre (352) 395-4181

**Critical Response Appointments for Fall Semester are December 5 & 6, 2019:**

BFA seniors graduating and all Dance majors: it is your responsibility to know your schedule. These are required meetings.

**3. Midterm – 10%**

- Class filming: Wednesday, October 9, 2019. Attendance/Active Presence
- Written self assessment due 10/23/19

**4. Discussion Forum/Journal – 10%**

**5. Technical Aptitude – 15%**

**6. Artistic Aptitude – 15%**

**7. Final Pedagogical Project (TBD) – 10%**

**8. Community in Motion – 5%**

**This is a required component of being an engaged dance major—attendance will be taken at all events.**

**Majors (BFA/BA)** – all listed events below are required

**Non-Majors** – 3 of these events required

- Load-in for BFA Fall Dance Showcase

- Help with BFA Fall Dance Showcase (video, publicity, etc.)
- Assistance with BFA Dance Audition
- If applicable, strike for Dance shows
- Bring other ideas and requests to instructor of record for approval.

**GRADING SCALE:**

**Total: 100 percentage points**

A	93-100 points
A-	90-92
B+	86-89
B	83-85 points
B-	80-82
C+	77-79
C	73-76 points
C-	70-72
D+	67-69
D	63-66 points
D-	60-62
E	59 and below

Your overall score may be affected by your attendance record.

**Dance Program At-a-Glance Semester Calendar:**

August:

- 20 – **Welcome Back Dance Area Meeting with Students & Dance faculty 6:30 PM in G-6**
- 21 – **Faculty works audition – 6:30 PM in G-6**
- 22 – **Fall BFA 2018 Showcase Audition 6:30 - 8:30PM in G-6**
- 28 – The Curious Incident of the Dog in Night Time – premiere at Hippodrome (through 9/22)

September:

- 2 – Labor Day – no classes
- 9 – **UnShowing #1** – 6:30-8:30 PM in G-6
- 22-29 – We Are Proud to Present a Presentation About the Hero of Namibia, Formerly Known as Southwest Africa, From the German Südwestafrika, Between the Years 1884–1915 – Black Box Theatre

October:

- 4-6 – Homecoming
- 9 – Production meeting for Fall BFA Showcase 3-4 PM
- 11 – Black Label Movement, UFPA, Phillips Center, 7:30 PM
- 14 – **UnShowing #2 Adjudication** – 6:30-8:30 PM in G-6
- 18 – **BFA Showcase load-in**
- 18-27 – Pippin – Constans Theatre
- 19 – Tech BFA Showcase: Program A 1-5, Program B 7-11
- 20 – Tech/Dress BFA Showcase: Program A 1-5, Program B 7-11
- 21 – Dress BFA Showcase with photos 7-11 PM
- 23-27 – **BFA Showcase performances**
- 27 – Fathom Event: Bolshoi Ballet: Raymonda 12:55 PM Regal 14, Gainesville
- 31 – Young Dancer Workshop UF Showcase performance tech/dress

November:

- 1-2 – Young Dancer Workshop with UF Showcase performance 11/1 Santa Fe College Fine Arts Hall, 8 PM
- 11 – Veterans Day – no classes
- 12 – Spacing rehearsal AGBEDIDI, 6:30-10:30 PM, Constans Theatre
- 13 – Spacing rehearsal AGBEDIDI, 6:30-10:30 PM, Constans Theatre

- 14 – Spacing rehearsal AGBEDIDI, 6:30-10:30 PM, Constans Theatre
- 17 – AGBEDIDI tech with costumes, 7-11 PM, Constans Theatre  
Fathom Event: Bolshoi Ballet: Le Corsaire 12:55 PM Regal 14, Gainesville
- 18 – AGBEDIDI tech with costumes, 7-11 PM, Constans Theatre
- 19 – AGBEDIDI, Dress #1, 7:30-11 PM, Constans Theatre
- 20 – AGBEDIDI, Dress #2, 7:30-11 PM, Constans Theatre
- 21 – AGBEDIDI, Dress #3, 7:30-11 PM, Constans Theatre
- 22-24 – AGBEDIDI performances, Constans Theatre
- 27-12/1 – Thanksgiving Break

December:

- 2 – Final UnShowing 6:30-8:30 in G-6
- 4 – Last day of classes
- 5-6 – Reading Days/**Dance Program Critical Response Appointments**
- 7-13 – Finals

## **UF DANCE PROGRAM GUIDELINES FOR LEVEL PROGRESSION IN MODERN DANCE TECHNIQUE:**

### ***Student progression in modern dance technique***

Classes maximize each instructor's unique professional orientation to guide you in the dance program's intentionally eclectic approach to contemporary dance. Using the objectives stated in this syllabus, the dance program assesses student progress through three levels of modern dance technique: basic, intermediate, and advanced. You are graded and considered for the next level according to your achievement of the criteria as determined by your instructor.

### **Course Objectives for Modern Technique**

SoTD's modern technique curriculum is designed to focus the intellectual and physical abilities of students—majors, minors, and non-majors—to embrace the demands of the 21<sup>st</sup> century artist. Each of the three levels builds the required historical, aesthetic, and biomechanical foundations for graduating as a major in our dance degree programs. Likewise, the minor or non-major must recognize the classes as a pre-professional training ground by meeting the objectives at the appropriate level. When every student brings into every class their discipline and motivation, they will be ready to meet and greet the following goals common to each respective level of technique:

## **COURSE POLICIES:**

### **SOTD DANCE ATTENDANCE:**

#### **Dance Technique Class Attendance Guide**

- Mindful participation in each class meeting is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that upon entering the classroom, you are present, alert, and contributing to the progress of the class consistently.
- In the case of extended health issues, refer to the Injury and Illness Policy in the SoTD 2019-20 Handbook (SoTD website) and included in this syllabus.

#### **Dance Technique Class Absence Policy**

- Two excused absences for this course. Five (5) or more absences (excused or unexcused) may result in automatic failure.
- All undocumented absences are unexcused.
- Excused absences may include those related to illness/injury, which are documented by a medical professional.
- Events related to family emergencies or professional obligations should be discussed with your instructor. (See *Make-up Policy* for more information or excused absences.)
- if you are more than 10 minutes late, please observe class.
- If you must leave class early, please notify the instructor before class begins.
- If unable to dance but still attend, you may 'actively' observe for full class credit.
- UF approved religious days are excused and do not need to be made up. (Travel time not included.) You are responsible for material covered during your absence.

- A MEDICAL WITHDRAWAL will not be supported without approved documentation. An Incomplete is only considered by UF Dance in extreme cases and is not available in technique classes.

### **UF Absence Policy**

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies, as follows:

**Source:** <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

- Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting.
- In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.
- You cannot participate in classes unless you are registered officially or approved to audit with evidence of having paid audit fees. The Office of the University Registrar provides official class rolls to Instructors.
- If you do not participate in at least one of the first two class meetings of a course or laboratory in which you are registered, and you have not contacted the department to indicate your intent, you can be dropped from the course. You must not assume that you will be dropped, however.
- The university recognizes the right of the individual professor to make attendance mandatory. After due warning, professors can prohibit further attendance and subsequently assign a failing grade for excessive absences.

### **MAKE-UP POLICY:**

#### **Dance Technique Class – Makeup Policy**

- You are responsible for all material covered during any absence
- There are no makeup options for absences for which you have not communicated with the professor.
- Absences from Written Exams, Quizzes, Mid-Terms, and/or Finals may only be made up with approved documentation
- To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
  - ❖ Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.
  - ❖ Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

In the UF Dance Program, three unexcused absences will reduce your grade one-letter grade (i.e., from B to C). Each subsequent unexcused absence lowers your grade by half letter grade (i.e., from C to C-). Five unexcused absences may result in automatic failure of the course. A student with medical documentation may apply to UF for Medical Withdrawal.

Please consult the following sites for UF's physical and mental health resources:

<http://shcc.ufl.edu/> (Student Health Care Center)

<http://shcc.ufl.edu/forms-records/excuse-notes/> (excuse note policy)

<http://dso.ufl.edu/> (Dean of Students)

### **STUDENT ON-LINE EVALUATION PROCESS**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at [gatorevals.aa.ufl.edu/students/](http://gatorevals.aa.ufl.edu/students/). Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [ufl.bluera.com/ufl/](http://ufl.bluera.com/ufl/). Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.



## UF POLICIES:

### **UNIVERSITY POLICY ON ACCOMMODATING STUDENTS WITH DISABILITIES:**

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

### **UNIVERSITY POLICY ON ACADEMIC MISCONDUCT:**

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<https://sccr.dso.ufl.edu/process/student-conduct-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

### **COUNSELING AND WELLNESS CENTER CONTACT INFORMATION:**

<http://www.counseling.ufl.edu/cwc/Default.aspx>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

### **NETIQUETTE: COMMUNICATION COURTESY:**

All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats.

## GETTING HELP:

If applicable: For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at: (352) 392-HELP (352-392-4357) - select option 2, <http://helpdesk.ufl.edu/>

### **Please take advantage of these services:**

#### **Campus Resources:**

- Health and Wellness U Matter, We Care: If you or someone you know is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu), 352-392-1575, or visit <https://umatter.ufl.edu/> to refer or report a concern and a team member will reach out to the student in distress.
- Counseling and Wellness Center: Visit [counseling.ufl.edu/](http://counseling.ufl.edu/) or call 352-392-1575 for information on crisis services as well as non-crisis services.
- Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit <https://shcc.ufl.edu/>
- University Police Department: Visit <https://police.ufl.edu/> or call 352-392-1111 (or 9-1-1 for emergencies).
- UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; <http://ufhealth.org/emergency-room-trauma-center>

#### **Academic Resources**

- E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).
- Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services <https://career.ufl.edu/>
- Library Support: <https://cms.uflib.ufl.edu/> ask various ways to receive assistance with respect to using the libraries or finding resources.
- Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring. <https://teachingcenter.ufl.edu/>
- Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers. <https://writing.ufl.edu/writing-studio/>



- Student Complaints On-Campus: <https://sccr.dso.ufl.edu/>
- On-Line Students Complaints: <https://distance.ufl.edu/student-complaint-process/>

## **General Information**

### **Student Injury and Illness Policy:**

The Dance Area of SoTD believes that dance student's physical and mental well-being is paramount to success in all arenas of their dance training, from class to the stage. In the case of injury, fostering a productive and holistic response insures a speedy and effective recovery.

If the dance student becomes ill or injured to the degree that they cannot attend and participate in dance classes, SoTD sponsored rehearsals, or performances, the 5 steps of the dance student injury and illness policy are to be followed:

1. The student is required to see a health care professional immediately.
2. If the illness or injury prevents the student from participation in dance class, rehearsal, or performance, the student is to request documentation from the health care professional that explicitly projects the duration of the injury, and/or the amount and type of activity recommended for the welfare of the student.
3. Following the appointment with the health care professional, the student is required to bring medical recommendations and related documentation to the attention of his or her instructor(s), choreographer(s), or director(s) as the basis for discussion.
4. Unless otherwise medically advised, the student is prohibited from active participation in all related UF dance activities, classes, events, performances, etc. The student may not personally select one activity as having a higher priority over another. The student is not to dance in any events, activities, performances or rehearsals if the student is not in dance class. If the infirmity culminates in a medical withdrawal, this is also a withdrawal from all performance related activities.
5. The student is never allowed to sacrifice classroom participation for the demands of a performance. The student will not be allowed to participate in a performance if they miss dance class due to an injury. The student is expected to follow the student injury and illness policy even if performances take place beyond the scope of SoTD, as with another UF, professional, or community performing group, etc.

**Please Note:** Our work in the studios is designed to be challenging; physically, intellectually, and emotionally. Dance classes often involve touching. Physical contact may range from simple, directed touch to correcting alignment. Students may also be asked to experiment with exercises that involve weight exchange, and in the case of a ballet class, partnering exercises. If you have a related medical consideration or touch makes you uncomfortable, it is your responsibility to notify the instructor at the start of the semester.