

HUM 4930: Special Topics Visual Arts in Medicine (Class #16310)

Class time: Monday, 3:00 - 4:55pm

Location: 0151 Matherly Hall

Instructor, Molly Kempson, Adjunct Faculty; E-mail: mollykempson@ufl.edu (843) 834 3790

Office Hours: Monday, 5:00 - 6pm in 0151 Matherly Hall or by appointment

Description:

This course explores the links between creativity and health, focusing on the many ways that visual arts practices can be used to support health and wellness in healthcare and community settings. It includes studio workshops, lecture/discussion, video viewing, readings/literature research, group project work, and hands-on experiences and instruction on facilitating art experiences with a wide variety of materials and processes. The course will differentiate studio practice in arts in health and art therapy. This course is appropriate for students of the arts and/or of health related fields who are interested in and comfortable with movement. Instructor approval is required for registration.

Objectives:

1. Students will become acquainted with the ways in which the visual arts have been used historically to enhance health and healing as a context for the contemporary theory and practice of arts in healthcare. *Students will have access to this information through assigned reading, class lecture and discussion, group research, and consulting listed resources.*

2. Students will identify the basic knowledge and skills necessary to function as an artist in a healthcare or community setting, including gaining/strengthening/maintaining personal creative process; discovering ways to engage participants in their own creative processes; and use this knowledge and skills to facilitate art-making experiences with others. *Students will develop, facilitate, share, and engage in art activities during class time, contribute to a class-created art activity database, and develop a personal art portfolio.*

3. Students will become familiar with visual arts programs and practices designed to enhance health through direct observation and research. *Students will view films, read assigned literature, and will participate in class sessions and on-site observations.*

4. Students will develop critical research and thinking skills. *Students will evaluate literature in the field to develop a literature review and reflect and review feedback on student-facilitated art experiences in class.*

5. Students will illustrate effective communication in verbal and written form. *Students will participate in in-class discussions on readings, provide peer feedback on student-facilitated*

art experiences, provide verbal and written evaluations of case studies in the field, and develop an art menu with clear steps for specific processes.

Assignments and Evaluation:

Total Points: 100

Practice Presentation and Literature Review – 20 points (20% of grade)

Visual Arts Facilitation – 30 points (30% of grade)

Art Activity Database - 20 points (20% of grade)

Portfolio/Art Exhibition – 20 points (20% of grade)

Participation (peer feedback, discussion, attendance) - 10 points (10% of grade)

Major Assignments:

Participation (10 points) will be assessed each class period.

	Excellent (92-100)	Acceptable (75-91)	Unacceptable (0-74)
Active Participation (2 points)	Actively and regularly contributes to discussion; Initiates discussion on issues related to class topic	Voluntarily contributes to discussion without prompting.	Few contributions; Seldom volunteers or does not contribute.
Relevance of participation (2 points)	Contributions are relevant and promote in-depth analysis of material.	Contributions are always relevant to discussion.	Contributions are off-topic or distract class from discussion.
Evidence of level of preparation (2 points)	Consistently well-prepared; Investigates and shares relevant material not explicitly assigned.	Appears to have read the material, but not closely or did not read all material.	Not adequately prepared; Does not appear to have read the material in advance of class.
Listening/Cooperation (2 points)	Student listens when others talk, both in groups and in class. Student	Participates regularly without monopolizing;	Student does not listen when others talk, both in groups and in class.

	incorporates or builds off of the ideas of others.	Listens and responds to contributions of others.	Student often interrupts when others speak.
Attitude/Behavior (2 points)	Student never displays disruptive behavior during class.	Student rarely displays disruptive behavior during class.	Student almost always displays disruptive behavior during class.

Practice Presentation and Literature Review (20 points):

You will research a contemporary practice or program of your choice related to visual arts and health after becoming familiar with existing literature and programs in the field. Students are encouraged to investigate programs that speak to their personal creative practices and/or populations of interest.

Visual Arts Facilitation (Group Project) (30 pts):

With a partner, you will develop an art experience suitable for a group workshop and lead the class through it. The experience should demonstrate your skills as facilitators and include some kind of formative and summative self-assessment from participants. You will have one hour to facilitate your exercise, walking the class through set-up and clean-up procedures as well as introducing and leading the activity - time and media management should be demonstrated. Students are encouraged to develop an activity accessible to all skill levels that can be adapted for different environments and populations.

Art Activity Database (20 points):

You will gather ideas for 5 visual arts activities appropriate for a group setting and organize them into an "art menu" that outlines the following for each exercise: a) Brief description of the exercise; b) Space, resource, and material requirements; c) A wide range of sample images using the materials/processes introduced. At the end of the course, the class will combine these menus to create a database available to the whole course.

Portfolio/Art Exhibition (20 points):

At the end of the semester, students will collect and title the work they have created (through the Visual Arts Facilitation presentations) into a portfolio. Students will select one work created in the class (or may create another piece over the course of the semester) for a group exhibition. Students will develop artist's statements as well as skills in art curation through this process.

Course and University Policies and Resources:

Attire: Not all materials are washable. Please dress accordingly.

Attendance: *Attendance is mandatory.* This is a highly experiential course, and the only way you can acquire the information and gain the practical experience is to be present at the class or on-site session. There will be no way to make up work missed in class. Excused absences are consistent with university policies in the undergraduate catalog (<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>) and require appropriate documentation.

Communication: It is the student's responsibility to contact an instructor promptly concerning any missed work, etc. Please do not let any questions or concerns you have go unattended.

Spontaneity: Due to the experiential nature of this course, the instructors retain the right to alter the syllabus as needed to accommodate class pace, interests, and/or special opportunities that may arise.

Respect: In order for all to have a positive experience in this course, we must all demonstrate respect for each other and the people involved in site observations. Cell phones and other personal devices are only allowed in class when specified. Please observe all site protocols, and respect patient and community member confidentiality.

Due Dates and Submission of Late Work: Late work will only be accepted in the event of an excused absence or with prior permission from the instructor, and only within five days of the deadline. Requests for make-up tests, assignment presentations, or acceptance of late written assignments must be accompanied by documentation of extenuating circumstances.

Students with Disabilities: Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Academic Honesty: UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic

misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

University Counseling Services

Contact information:

Counseling Center

Address:

3190 Radio Rd.

P.O. Box 112662, University of Florida

Gainesville, FL 32611-2662

Phone: 352-392-1575

Web: www.counsel.ufl.edu

General Course Questions: There are two ways in which you can ask general questions of the instructors. If you have a general question related to an assignment, reading or other course material that may be relevant to other class members, you may post it under Course Questions on the Discussion Board. If your question is specific to your own work, progress, circumstances, grade, or is personal in nature, please email the instructors privately or use the Mail function in Canvas.

Grading Scale:

Percent	Grade	Grade Points
95-100	A	4.00
92-94	A-	3.67
88-91	B+	3.33
85-87	B	3.00
80-84	B-	2.67
77-79	C+	2.33
74-76	C	2.00
70-73	C-	1.67
66-69	D+	1.33
63-65	D	1.00
60-62	D-	0.67
0-59	E	0.00

More information on grades and grading policies is here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.asp>

Course Evaluation: Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at gatorevals.aa.ufl.edu/public-results/.

Technical Assistance: If you have difficulty accessing online course reading or materials, please reference the citation or document name and author in a Google Search to locate the document before contacting the instructor or the Help Desk.

If you have computer difficulties submitting assignments or navigating E-Learning, notify UF Computer Help Desk at helpdesk@ufl.edu, 352-392-4357 – select option 2, and/or <https://lss.at.ufl.edu/help.shtml>. Please include the case number provided to you by the UF Help Desk documenting your request for assistance.

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Other resources are available at <http://www.distance.ufl.edu/getting-help> for:

Counseling and Wellness resources

Disability resources

Resources for handling student concerns and complaints

Library Help Desk support

Netiquette: Communication Courtesy

All members of the class are expected to follow rules of common courtesy in all email messages, online discussions and chats.

Recommended Texts:

- Barron, Frank; Montuori, Alfonso; Barron, Anthea. *Creators on Creating: Awakening and Cultivating the Imaginative Mind*
- Herbert, Geraldine; Deschner, Jane Waggoner; Glazer, Robin. *Artists-in-Residence: the Creative Center's Approach*

- Lambert, Patricia Dewey (Editor). *Managing Art Programs in Health*

NOTE: This list is TBD, many articles would be added to course reserves.

Weekly Schedule:

Week 1 / August 26

Module: Introduction to Arts and Health

Lecture: Arts and Health Overview

Week 2 / Sept 9

Module: Overview of Visual Arts Movements and Practices

Lecture: Introduction to Visual Arts Movements and Practices

Week 3 / Sept 16

Module: Overview of Research Methods

Lecture: Overview of Research Methods

Week 4 / Sept 23

Module: Visual Arts Materials & Techniques in the Clinical Environment

Activity: Survey of Art Materials & Techniques

Week 5 / Sept 30

Module: Visual Arts at the Bedside

Lecture: Engaging Patients in Art Activities at the Bedside

Major Assignment Due: Proposal for Practice Presentation and Literature Review

Week 6 / Oct 7

Module: Visual Arts in Health: A Global Perspective

Screening & Discussion: "The Barefoot Artist"

Week 7 / Oct 14

Module: Facilitating Visual Arts Workshops in the Healthcare Setting

Activity: Introduction to Facilitating Group Art Activities

Major Assignment Due: Proposal for Visual Arts Facilitation (Group Project)

Week 8 / Oct 21

Module: Research Presentations on Visual Art Practices

Major Assignment Due: Practice Presentation and Literature Review

Week 9 / Oct 28

Module: Art Activities and Physical Limitations

Activity: Simulation Activity

Week 10 / Nov 4

Module: Engaging Patients in the Visual Arts
Lecture: Building Trust Between Art Facilitators and Participants
Activity: Student-Led Visual Arts Activities and Class Discussion
Major Assignment Due: Visual Arts Facilitation (Group Project)

Week 11 / Nov 18

Module: Curating Art Exhibits in the Clinical Environment
Activity: Curating Group Show
Major Assignment Due: Portfolio, Artist's Statement

Week 12 / Nov 25

Module: Student Presentations
Activity: Student-Led Visual Arts Activities and Class Discussion

Week 13 / Dec 2

Module: Art Activity Database Exchange
Lecture: Review of Visual Arts in Health
Major Assignment Due: Art Activity Database Submissions