Center for ARTS IN MEDICINE
UNIVERSITY OF FLORIDA / COLLEGE OF THE ARTS

Creativity and Health: Foundations of Arts in Medicine
Fall 2019

Course: HUM 5357, Section 058H & Section 02C5
Meeting Times and Location: Online, https://ufl.instructure.com/courses/375966
Weeks run Monday 8AM EST - Monday 7:59AM EST the following week; *all course times and deadlines are in Eastern Standard Time.*
Credit Hours: 3

Instructor: Amy Bucciarelli, MS, ATR-BC, LMHC
Instructor Office Location: Fine Arts Building D
Office Hours: Online in Zoom Room: Wednesday 10AM-11AM EST at this link:
https://ufl.zoom.us/j/536489501 and by appointment.
Email: Email instructor **through Canvas** for prompt response to course issues.
Only as a *back-up*, email: abucciarelli@ufl.edu
Phone: 352-273-1488; *This is a shared line, so **email through Canvas is best.***

COURSE DESCRIPTION

This online course explores the theoretical foundations that facilitate an understanding of the relationship of creativity to health and inform the field and practice of arts in medicine and arts in public health. Course learning objectives will be introduced through video lectures, readings, writing assignments, research, online discussions, and presentations. This course is appropriate for graduate students and professionals of the arts, humanities, sciences, human services, and health related professions.

COURSE LEARNING OBJECTIVES

- Recognize the histories used to understand the disciplines of arts in health and arts in public health.
- Explain key theories that inform the disciplines of arts in health and arts in public health.
- Recognize the ethical frameworks that guide the fields of arts in health and arts in public health.
- Define core issues in the fields of arts in health and arts in public health including: field definitions, key competencies, the function of art, creativity, and compassion.
- Summarize contemporary trends in program models for arts in health and arts in public health.

COURSE PRE-REQUISITES/ CO-REQUISITES

Students are responsible for familiarizing themselves and reviewing all materials in the Graduate Central: Arts in Medicine portal located in Canvas. Specifically, students will be need to know the information in the "Start Here", "New Student Orientation", and "Resources"

modules in order to be successful in this course. You can access Graduate Central by logging into Canvas and then navigating to this link: https://ufl.instructure.com/courses/357343

REQUIRED TEXTS AND OTHER MATERIALS

American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington: DC: American Psychological Association.

Fancourt, D. (2017). *Arts in Health: Designing and researching interventions*. Oxford: Oxford University Press.

Turabian, K. (2010). *Student's guide to writing college papers* (4th ed.)*, G.G. Colomb, J.M. Williams, and the University of Chicago Press (Eds.). Chicago: Illinois, University of Chicago Press.

Additional required readings and online resources are posted in Course Materials on the course website in Canvas.

Art Supplies for Creative Practice Blog: 9" x 12" sketchpad, colored pencils, markers, or oil pastels, scissors, glue or glue stick.

STUDENT EXPECTATIONS

The course is an a-sequential course that requires personal time-management and attention to deadlines. The course is three credits, but only 8-weeks long, so it is intense and fast-paced. As a student you should expect approximately 16 hours of work per week for this course. There will be between 1-4 hours of module learning. The rest of the time students should be investing efforts into the discussions, the creative practice blog, and the assignments.

See Course Outline on the next page.

HUM 5357 COURSE OUTLINE

Week	Topic	Readings/Media	Assignment	Due Dates
		Week 1: Introduction to Arts in Health		
1	Course Orientation; Overview of arts in health	• Read and View all materials in Week 1 Module	1. Intro Discussion 1 3. Content Comp. 1A 4. Content Comp. 1B 5. Mini Assignment 1	1. 8/23, 11:59PM 2. 8/26, 7:59AM 3. 8/26, 7:59AM 4. 8/26, 7:59AM
		Week 2: Scope of Practice and Ethical Frameworks		
2	Code of Ethics and Standards; Knowledge, skills, and values of arts in health; Scope of practice in arts in health	• Read and View all materials in Week 2 Module *Note, the deadline is Tuesday this week in observance of the Labor Day holiday. However, assignments next week will still be due on Monday, so be mindful of time management*	1. Discussion 2 2. Content Comp. 2 3. Mini Assignment 2 4. Creative Practice 1	1. 8/29, 11:59PM 2. 9/3, 7:59AM * 3. 9/3, 7:59AM * 4. 9/3, 7:59AM *
		Week 3: The Arts and Their Purpose		
3	Introduction to creativity; Function of the arts; Artistic excellence; Discipline-specific arts-based theories	• Read and View all materials in Week 3 Module	1. Discussion 3 2. Content Comp. 3 3. Mini Assignment 3	1. 9/5, 11:59PM 2. 9/9, 7:59AM 3. 9/9, 7:59AM
		Week 4: Historical Perspectives in Arts in Health		
4	Survey of the historical roles of the arts within health traditions across cultures; Survey of the contemporary history of health	• Read and View all materials in Week 4 Module	1. Discussion 4 2. Content Comp. 4 4. Creative Practice 2	1. 9/12, 11:59 PM 2. 9/16, 7:59AM 3. 9/16, 7:59AM
		Week 5: Biological Foundations for Arts in Health		
5	Survey of theories related to the arts and physical health	• Read and View all materials in Week 5 Module	1. Discussion 5 2. Content Comp. 5 3. Research Paper Due	1. 9/19, 11:59 PM 2. 9/23, 7:59AM 3. 9/23, 7:59AM
		Week 6: Social Science Foundations for Arts in Health		
6	Survey of theories related to the arts, personal, and social health	• Read and View all materials in Week 6 Module	1. Discussion 6 2. Content Comp. 6 3. Mini Assignment 4 4. Creative Practice 3	1. 9/26, 11:59PM 2. 9/30, 7:59AM 3. 9/30, 7:59AM 4. 9/30, 7:59AM

Week 7: Aspirational Foundations for Arts in Health				
7	Survey of theories including aesthetics, meaning-making/ self-transcendence, inspiration, and flow state	• Read and View all materials in Week 7 Module	1. Discussion 7 2. Content Comp. 7	1. 10/3, 11:59PM 2. 10/7, 7:59AM
Week 8: Introduction to Program Models				
8	Brief introduction to exemplar models of arts in health programs	• Read and View all materials in Week 8 Module **Note: *Assignments this week are due by midnight on Friday due to the end of the semester.*	1. Final Discussion 8 *(only 1 post required)* 2. Content Comp. 8 3. Creative Practice 4 4. Case-Study Presentation	1. 10/11, 11:59PM** 2. 10/11, 11:59PM** 3. 10/11, 11:59PM** 4. 10/11, 11:59PM**

***Syllabus is subject to change at the instructor's discretion. Please always refer to the Canvas course website for the most up-to-date assignments and due dates.*

ASSIGNMENT DESCRIPTIONS

1. **Creative Practice Blog** (4 posts, 100 points each; 15% of grade): Students will engage in a multidisciplinary creative artistic practice in response to weekly prompts. Students will document the process through an online Creative Practice blog hosted by Adobe Spark. See Canvas assignment for full details.
2. **Discussion Board** (15 posts, 100 points each; 25% of grade): Students will substantively participate in eight weeks of online discussions (one week in duration each; minimum of two posts per week) using the Discussion Board on the course website. A topic or question relating directly to course content will be posted. Each student will post an initial response in essay form and also a critical analysis response post. See Canvas assignment for full details.
3. **Mini Assignments** (4 assignments, 100 points each; 20% of grade): Mini assignments are smaller academic tasks that help students prepare for the major course assignments. In some cases, they are pieces that need to be completed for the major assignments. They are scaffolded to help students be more successful with their final papers and projects. See Canvas assignments for full details. The mini assignments will include:
   1. Creative Practice Blog Set-Up
   2. Annotated Bibliography
   3. Research Paper Outline
   4. Case-Study Presentation Proposal and Outline
4. **Major Assignments** (2 assignments, 100 points each; 40% of grade):
   1. **Research Paper:** Students will choose a specific artistic discipline and explore it within the context of a specific health issue or population (for example, Dance for people with Parkinson's Disease). Students will write about the historical and contemporary health uses of the chosen discipline as supported by the theoretical frameworks learned in class. Then, students will explain the various ways the

discipline is practiced within the context of a specific arts in medicine settings, describe examples of current arts in medicine practice in the US or globally, and explore the intended benefits of the practice. The student will conclude the paper by hypothesizing about the future growth of such practice in a contemporary world and summarizing the main paper points. See Canvas assignment full details.

2. **Creative Practice Case Study and Presentation**: Students will find a practicing artist in their community and request permission to observe that artist engaging in the creative process for 1-2 hours. Then, students will synthesize their observations with course learning – using selected theories to support observations, comparing the artist's practice to the student's own creative practice blog experience, and synthesizing what all of these observations might mean when the arts are delivered in health settings. Students will construct a thesis and at least three clearly outlined themes that emerged during the case study synthesis. Students will use literature from the course and outside research to deepen their understanding of their observations and substantiate their claims in the final presentation. The case study will be presented in a digitally recorded Pecha Kucha style (20 slides for 20 seconds equaling a 6-minute presentation). A typed bibliography will accompany the recorded presentation.

EVALUATION OF GRADES

Assignment	Total Points	Percentage of Final Grade
Content Competency Quizzes (9)	10-20 each	10%
Discussion Board Posts (8)	100 each	15%
Creative Practice Blog (4)	100 each	15%
Mini Assignments (4)	100 each	20%
Research Paper	100	20%
Creative Practice Case Presentation	100	20%
	TOTAL	100%

GRADING SCALE

Letter Grade	% Equivalency	GPA Equivalency
A	95-100%	4.0
A-	92-94%	3.67
B+	89-91%	3.33
B	85-88%	3.00
B-	82-84%	2.67
C+	79-81%	2.33
C	75-78%	2.00
C- *	72-74%	1.67
D+	69-71%	1.33
D	65-68%	1.00
D-	62-64%	.67

E, I, NG, S-U, WF		0.00

Please note that a C- is no longer an acceptable grade for any course in which a 2.0 GPA is required, for example, any course in the major.

More information about UF grading policies can be found on the website:
https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx

COURSE PROCEDURES

1. **Course Engagement:** Students must log-in and engage online during the first week of class. It is expected that students will interact with the course materials at least three times during each week of the eight-week course. The class is fast-paced and missing a week makes it nearly impossible to catch up. Students must not assume that they will be dropped from the class if they fail to participate in the first week. For more information link here: http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance

2. **Class Participation/Demeanor:** Enthusiastic participation will lead to course success. Consistent interactions with the instructor and other students within the course are integral to your learning, and full participation is required. It is expected all interaction is undertaken with a level of professionalism that demonstrates competencies for a University of Florida graduate student, and a rising professional in the field of arts in health.

3. **Assignment Submission**:
   a. <u>Assignment Due Dates and Times</u>: All assignments, unless otherwise noted, are due at 7:59AM EST on the due date. All due dates and communications for this course assume Easter Standard Time.
   b. <u>Naming Your Documents</u>: When naming your assignment documents, the following format *must always be used*: AssignmentName_YourlastnameFirstinitial. For example, if I was submitting my Research Paper, I would name the assignment: ResearchPaper_BucciarelliA.
   c. <u>Formatting Style for Documents</u>: All work submitted, including discussion board posts and major assignments, must use APA formatting, including document formatting, in-text citations, and reference lists. Be sure to properly cite all sources that you quote or paraphrase. See the *Publication Manual of the American Psychological Association* required for this course or review the online APA Style Guide at the Purdue Online Writing Lab (OWL): http://owl.english.purdue.edu/owl/section/2/10/. Formatting from other sources, especially automatic formatting software, may not be reliable and students will be held accountable as reflected in their grade for assignments.
   d. <u>Late Assignment Submission Policy</u>: Requirements for assignments and other work in this course are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx. Major assignments will be accepted no later than five days after the due date except in extenuating circumstances with prior approval by the instructor. Points will be reduced from late assignments at a rate of 5% per day, starting at the posted deadline on the day of the due date. As stated below under "Technical assistance", any requests for late assignment submission due to technical issues MUST be accompanied by ticket number and record received from the UF Helpdesk when the problem was reported to them (http://helpdesk.ufl.edu). The

ticket number will document the time and date of the problem. You are required to e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up. If your late assignment is due to a personal crisis you should immediately contact the Dean of Students Office (https://dso.ufl.edu/about/contact/) who can offer you support and work with your instructor to potentially excuse late assignments. For more information link here: https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/#illnesspolicytext

    e. <u>Grading Feedback from Instructor:</u> Assignments will have a rubric that the instructor will use to evaluate students' grades. Rubrics for assignments can be found directly under the assignment instructions. For Discussions, students must click on the three dots at the top right of the Discussion instructions and click "Show Rubric". The Instructor will potentially leave grading feedback in three places: Rubrics, Submission Comments, or Annotated feedback in the text of the document submitted. Students are responsible for checking all of these places to benefit from instructor feedback.

4. **Course Communications**: It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns go unattended. It is the instructor's intention to respond to all e-mail communication within 24 hours during weekdays and 48 hours on the weekend. ***It is important to email the instructor through the Canvas feature as the instructor prioritizes these emails.***

    a. <u>Netiquette/Communication Courtesy:</u> Written communication and electronic interaction are central to online learning. All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and other communication structures. Students are expected to understand the common principles of netiquette. Additionally, please check spelling, grammar and formatting as is consistent with graduate-level correspondence.

    b. <u>Canvas Notifications:</u> It is strongly recommended that students set their Canvas notifications to alert them by email to the following course communications from the Instructor: Announcements, Submission Comments, and Conversations (emails). Students can do this by clicking on their Avatar on the left navigation bar > Click Notifications > and make sure that the checkmark icon is toggled green under "Email Address" for Announcements, Submission Comments, and Conversations. *Students will be responsible for timely responses (within 24 hours) to these Instructor communications even if they don't set their notifications.*

5. **General Course Questions**: Before asking general questions of the instructors, be sure to check the syllabus, the course Canvas website, and Graduate Central, as your instructor will direct you to these sources. If your question is specific to your own work, progress, circumstances, grade, or is personal in nature, please email the instructor privately using the mail function in Canvas.

6. **Technical Assistance**: If you have difficulty accessing online course materials, submitting assignments, or using any component of the online environment, please contact the Help Desk at helpdesk@ufl.edu, 352-392-4357–select option 2, and/or http://helpdesk.ufl.edu. If a technical problem affects an assignment deadline, you must provide the instructor with the ticket number and record provided to you by the UF Help Desk documenting your request for assistance. Only when extenuating circumstances are present or if the help desk could not resolve a timely request for assistance will an

extension of a deadline be considered. You MUST e-mail the instructor within 24 hours of the technical difficulty if you wish to request an extension or make-up.

   a. Other resources are available at http://www.distance.ufl.edu/getting-help for:
      i. Counseling and Wellness resources
      ii. Disability resources
      iii. Resources for handling student concerns and complaints
      iv. Library Help Desk support

UF POLICIES AND PROCEDURES

1. **Academic Honesty**: UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

2. **Students with Disabilities**: Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

3. **Software Use:** All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

4. **Course Evaluation**: Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open.

5. **Course Complaints**: Should you have any complaints with your experience in this course, please visit http://www.distance.ufl.edu/student-complaints to submit a complaint.

6. **Student Privacy:** There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see: https://registrar.ufl.edu/catalog0910/policies/regulationferpa.html

UF RESOURCES

1. **Campus Resources for Health and Wellness**:

      a. <u>U Matter, We Care</u>: If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575 so that a team member can reach out to the student. http://www.umatter.ufl.edu

      b. <u>Counseling and Wellness Center</u>: https://counseling.ufl.edu, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

      c. <u>Sexual Assault Recovery Services (SARS)</u>: Student Health Care Center, 392-1161.

      d. <u>University Police Department</u>, 392-1111 (or 9-1-1 for emergencies). http://www.police.ufl.edu/

2. **Academic Resources**:

      a. <u>E-learning technical support</u>, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu; http://helpdesk.ufl.edu.

      b. <u>Career Connection Center</u>, Reitz Union, 392-1601. Career assistance and counseling. https://career.ufl.edu.

      c. <u>Library Support</u>, http://cms.uflib.ufl.edu/ask. Various ways to receive assistance with respect to using the libraries or finding resources.

      d. <u>Teaching Center</u>, 392-2010 or 392-6420. General study skills and tutoring. http://teachingcenter.ufl.edu

      e. <u>Writing Studio</u>, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. http://writing.ufl.edu/writing-studio

CENTER FOR ARTS IN MEDICINE RESOURCES

1. **Graduate Central:** Includes guide for new students, tips on navigating Canvas, Registration and Course Requirements, Practicum and Capstone Guides, and many other helpful Resources. Access through Canvas at https://ufl.instructure.com/courses/357343

2. **UF Center for Arts in Medicine Graduate Advisor:** Reach out for support before there is a problem. Ellie Sommers, 352-273-1488

3. **UF Arts in Medicine Library Guide and Research Resources:** A first stop for Arts in Medicine research and access to our dedicated librarian, Cindy Craig, who can help you with your research http://guides.uflib.ufl.edu/aim

4. **UF Center for Arts in Medicine website:** https://arts.ufl.edu/academics/center-for-arts-in-medicine/