

Creativity and Health: Foundations of Arts in Medicine

Spring 2018

Course: HUM 5357, Section 058H & Section 02C5

Meeting Times and Location: Online, <https://ufl.instructure.com/courses/361354>

Weeks run Monday 8AM EST - Monday 7:59AM EST the following week; *all course times and deadlines are in Eastern Standard Time.*

Credit Hours: 3

Instructor: Amy Bucciarelli, MS, ATR-BC, LMHC

Instructor Office Location: Fine Arts Building D

Office Hours: Online in Zoom Room: Wednesday 1PM-2PM EST at this link: <https://ufl.zoom.us/j/664476303> and by appointment.

Email: **Email instructor through Canvas for prompt response to course issues.**

Only as a *back-up*, email: abucciarelli@ufl.edu

Phone: 352-273-1488; *This is a shared line, so email through Canvas is best.*

COURSE DESCRIPTION

This online course explores the theoretical foundations that facilitate an understanding of the relationship of creativity to health and inform the field and practice of arts in medicine and arts in public health. Course learning objectives will be introduced through video lectures, readings, writing assignments, research, online discussions, and presentations. This course is appropriate for graduate students and professionals of the arts, humanities, sciences, human services, and health related professions.

COURSE LEARNING OBJECTIVES

- Introduce theoretical foundations that inform the field and practice of arts in medicine and arts in public health.
- Distinguish arts in medicine from the creative arts therapies.
- Explore the arts in the context of health and human services in the United States.
- Introduce the historical roles of arts in healing traditions across cultures.
- Explore healthcare paradigms and issues, and how the arts can address contemporary needs within American healthcare systems.
- Develop an understanding of the connection between creativity and health through creative practice.
- Identify the roles of the arts to promote individual and community health across the lifespan.

COURSE PRE-REQUISITES/ CO-REQUISITES

Students are responsible for familiarizing themselves and reviewing all materials in the Graduate Central: Arts in Medicine portal located in Canvas. Specifically, students will need to know the information in the “Start Here”, “New Student Orientation”, and “Resources” modules in order to be successful in this course. You can access Graduate Central by logging into Canvas and then navigating to this link: <https://ufl.instructure.com/courses/357343>

REQUIRED TEXTS AND OTHER MATERIALS

- American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington: DC: American Psychological Association.
- Coughlan, M., Cronin, P. (2017). *Doing a literature review in nursing, health, and social care* (2nd ed.). Los Angeles, CA: Sage.
- Fancourt, D. (2017). *Arts in Health: Designing and researching interventions*. Oxford: Oxford University Press.
- Heilman, K. (2005). *Creativity and the Brain*. New York, NY: Psychology Press.
- Lambert, P. D. (Ed.). (2016). *Managing arts programs in healthcare*. Oxon: Routledge.

Additional required readings and online resources are posted in Course Materials on the course website in Canvas.

RECOMMENDED TEXTS

- Dissanayake, E. (1990). *What is Art for?* Seattle: University of Washington Press.

STUDENT EXPECTATIONS

The course is an a-sequential course that requires personal time-management and attention to deadlines. The course is three credits, but only 8-weeks long, so it is intense and fast-paced. As a student **you should expect approximately 16 hours of work per week for this course**. There will be between 1-4 hours of module learning. The rest of the time students should be investing efforts into the discussions, the creative practice blog, and the assignments.

See Course Outline on the next page.

HUM 5357 COURSE OUTLINE

Week	Topic	Readings/Media	Assignment	Due Dates
Week 1: What is Arts in Medicine?				
<ul style="list-style-type: none"> Familiarize yourself with the course structure and tools. Articulate a response to the question, "What is Arts in Medicine?" Demonstrate academic writing skills. Establish a Creative Practice Blog. 				
1	Overview of Arts in Medicine	<ul style="list-style-type: none"> Read and View all materials in Week 1 Module 	1. Intro Discussion 1A 2. Discussion 1B 4. Mini Assignment 1 5. Mini Assignment 2	1. 1/11, 11:59PM 2. 1/14, 8AM 3. 1/14, 8AM 4. 1/14, 8AM
Week 2: Introduction to Health Systems				
<ul style="list-style-type: none"> Recognize the six dimensions of Healthcare Quality. Explain how the arts related to social determinants of health. Recognize the contemporary health frameworks in which the field of arts in medicine exists in the US. Interpret how the US health systems compare to Global health systems that utilize arts in medicine. 				
2	Survey of the contemporary healthcare field related to Arts in Medicine	<ul style="list-style-type: none"> Read and View all materials in Week 2 Module <p><i>*Note, the deadline is Tuesday this week in observance of the Martin Luther King holiday. However, assignments next week will still be due on Monday, so be mindful of time management)</i></p>	1. Discussion Board 2A 2. Discussion Board 2B 3. Creative Practice 1 4. Mini Assignment 3	1. 1/17, 11:59PM 2. 1/22, 8AM* 3. 1/22, 8AM* 4. 1/22, 8AM*
Week 3: What is Art for?				
<ul style="list-style-type: none"> Recall the primary theoretical foundations that inform the field and practice of arts in medicine. Recognize historical theories that support human beings' connection to art throughout time and cultures. Explain why human beings have an inherent and primary nature to "make" and "create" 				
3	Survey of the historical and cultural origins of art making	<ul style="list-style-type: none"> Read and View all materials in Week 3 Module 	1. Discussion Board 3A 2. Discussion Board 3B 3. Creative Practice 2 4. Mini Assignment 4	1. 1/24, 11:59PM 2. 1/28, 8AM 3. 1/28, 8AM 4. 1/28, 8AM
Week 4: Historical Perspectives in Arts in Medicine				
<ul style="list-style-type: none"> Explain how the arts have played a role in healing throughout cultures and time. Compare various ancient healing rituals that employ various art forms. Recall at least 3 ways in which Fancourt suggests designing and researching arts in health interventions. 				
4	Survey of the historical roles of the arts in healing traditions across cultures.	<ul style="list-style-type: none"> Read and View all materials in Week 4 Module 	1. Discussion Board 4A 2. Discussion Board 4B 3. Research Paper Due	1. 1/31, 11:59 PM 2. 2/4, 8AM 4. 2/4, 8AM

Week 5: Theories of Creativity				
<ul style="list-style-type: none"> Recognize the theories of creativity that inform the field of arts in medicine. Classify key features of a creative practice and of the creative process. Compare the stages of creativity to how creativity promotes health. 				
5	Survey of the theories of creativity that inform the field of arts in medicine	<ul style="list-style-type: none"> Read and View all materials in Week 5 Module 	<ol style="list-style-type: none"> Discussion Board 5A Discussion Board 5B Creative Practice 3 Mini Assignment 5 	<ol style="list-style-type: none"> 2/7, 11:59 PM 2/11, 8AM 2/11, 8AM 2/11, 8AM
Week 6: Theories of Creativity and Health				
<ul style="list-style-type: none"> Recognize the relationship between health, physiological responses, and the creative process. Compare key theories about physiological responses and their role in creativity. 				
6	Survey of the theories of creativity and physical health responses.	<ul style="list-style-type: none"> Read and View all materials in Week 6 Module 	<ol style="list-style-type: none"> Discussion Board 6A Discussion Board 6B Creative Practice 4 Mini Assignment 6 	<ol style="list-style-type: none"> 2/14, 11:59PM 2/18, 8AM 2/18, 8AM 2/18, 8AM
Week 7: Meaning Making				
<ul style="list-style-type: none"> Recognize the role of meaning and self-transcendence in arts in medicine Compare theories of meaning-making and transcendence as they relate to arts in medicine. 				
7	Survey of the theories of meaning-making and self-transcendence that inform arts in medicine.	<ul style="list-style-type: none"> Read and View all materials in Week 7 Module 	<ol style="list-style-type: none"> Discussion Board 7A Discussion Board 7B 	<ol style="list-style-type: none"> 2/21, 11:59PM 2/25, 8AM
Week 8: Arts in Medicine Across the Lifespan				
<ul style="list-style-type: none"> Briefly recognize how the arts can be used across the human development lifespan. Synthesize ideas and concepts from the courses. 				
8	Brief introduction to the use of arts in medicine across the lifespan.	<ul style="list-style-type: none"> Read and View all materials in Week 7 Module <p><i>**Note: Assignments this week are due by midnight on Friday due to the end of the semester.</i></p>	<ol style="list-style-type: none"> Final Discussion 8A Case-Study Presentation 	<ol style="list-style-type: none"> 3/1, 11:59PM** 3/1, 11:59PM**

***Syllabus is subject to change at the instructor's discretion. Please always refer to the Canvas course website for the most up-to-date assignments and due dates.

ASSIGNMENT DESCRIPTIONS

- Creative Practice Blog** (4 posts, 100 points each; 15% of grade): Students will engage in a multidisciplinary creative artistic practice in response to weekly prompts. Students will document the process through an online Creative Practice blog hosted by Adobe Spark. See Canvas assignment for full details.

2. **Discussion Board** (15 posts, 100 points each; 25% of grade): Students will substantively participate in eight weeks of online discussions (one week in duration each; minimum of two posts per week) using the Discussion Board on the course website. A topic or question relating directly to required reading will be posted. Each student will post an initial response in essay form and also a critical analysis response post. See Canvas assignment for full details.
3. **Mini Assignments** (6 assignments, 100 points each; 20% of grade): Mini assignments are smaller academic tasks that help students prepare for the major course assignments. In some cases, they are pieces that need to be completed for the major assignments. They are scaffolded to help students be more successful with their final papers and projects. See Canvas assignments for full details. The mini assignments will include:
 - a. Course Procedures and Navigation Quiz
 - b. Interactive Writing Quiz
 - c. Annotated Bibliography
 - d. Research Paper Outline
 - e. Observation Skills Exercise
 - f. Contemporary Health Issues Case Study
4. **Major Assignments** (2 assignments, 100 points each; 40% of grade):
 - a. **Research Paper:** Students will choose a specific artistic discipline and explore it within the context of a specific health issue or population (for example, Dance for people with Parkinson's Disease). Students will write about the historical and contemporary health uses of the chosen discipline as supported by the theoretical frameworks learned in class. Then, students will explain the various ways the discipline is practiced within the context of a specific arts in medicine settings, describe examples of current arts in medicine practice in the US or globally, and explore the intended objectives and benefits of the practice. The student will conclude the paper by hypothesizing about the future growth of such practice in a contemporary world and a summary of the main paper points. See Canvas assignment full details.
 - b. **Creative Practice Case Study and Presentation:** Students will reflect on their personal creative practice through the Creative Practice blog and synthesize their experience with observations they make of a practicing artist engaging in the creative process. Students will use literature from the course and outside research to deepen their understanding of a chosen artistic discipline and the theoretical frameworks introduced in the course (including, but not limited to: meaning-making, flow state, stages of ritual, and self-transcendence). Using the literature, students will construct a thesis and at least three clearly outlined themes that either critically compare *or* contrast their personal creative practice to their observations of the practicing artist. Students will create a recorded presentation in Pecha Kucha style (20 slides for 20 seconds equaling a 6-minute presentation) to present the work. A typed bibliography will accompany the recorded presentation.

EVALUATION OF GRADES

Assignment	Total Points	Percentage of Final Grade
Creative Practice Blog (4)	100 each	15%
Mini Assignments (6)	100 each	20%
Discussion Board Posts (15)	100 each	25%
Research Paper	100	20%
Creative Practice Case Presentation	100	20%
	TOTAL	100%

GRADING SCALE

Letter Grade	% Equivalency	GPA Equivalency
A	95-100%	4.0
A-	92-94%	3.67
B+	89-91%	3.33
B	85-88%	3.00
B-	82-84%	2.67
C+	79-81%	2.33
C	75-78%	2.00
C- *	72-74%	1.67
D+	69-71%	1.33
D	65-68%	1.00
D-	62-64%	.67
E, I, NG, S-U, WF		0.00

**Please note that a C- is no longer an acceptable grade for any course in which a 2.0 GPA is required, for example, any course in the major.*

More information about UF grading policies can be found on the website:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

COURSE PROCEDURES

1. **Course Engagement:** Students must log-in and engage online during the first week of class. It is expected that students will interact with the course materials at least three times during each week of the eight-week course. The class is fast-paced and missing a week makes it nearly impossible to catch up. Students must not assume that they will be dropped from the class if they fail to participate in the first week. For more information link here: <http://gradcatalog.ufl.edu/content.php?catoid=10&navoid=2020#attendance>
2. **Class Participation/Demeanor:** Enthusiastic participation will lead to course success. Consistent interactions with the instructor and other students within the course are

integral to your learning, and full participation is required. It is expected all interaction is undertaken with a level of professionalism that demonstrates competencies for a University of Florida graduate student, and a rising professional in the arts in medicine field.

3. **Assignment Submission:**

- a. **Assignment Due Dates and Times:** All assignments, unless otherwise noted, are due at 8:00AM EST on the due date. All due dates and communications for this course assume Eastern Standard Time.
- b. **Naming Your Documents:** When naming your assignment documents, the following format *must always be used*: AssignmentName_YourlastnameFirstinitial. For example, if I was submitting my Research Paper, I would name the assignment: ResearchPaper_BucciarelliA.
- c. **Formatting Style for Documents:** All work submitted, including discussion board posts and major assignments, must use APA formatting, including document formatting, in text citations, and reference lists. Be sure to properly cite all sources that you quote or paraphrase. See the *Publication Manual of the American Psychological Association* required for this course or review the online APA Style Guide at the Purdue Online Writing Lab (OWL): <http://owl.english.purdue.edu/owl/section/2/10/>. Formatting from other sources, especially automatic formatting software, may not be reliable and students will be held accountable as reflected in their grade for assignments.
- d. **Late Assignment Submission Policy:** Requirements for assignments and other work in this course are consistent with university policies that can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>. Major assignments will be accepted no later than five days after the due date except in extenuating circumstances with prior approval by the instructor. Points will be reduced from late assignments at a rate of 5% per day, starting at the posted deadline on the day of the due date. As stated below under “Technical assistance”, any requests for late assignment submission due to technical issues MUST be accompanied by ticket number and record received from the UF Helpdesk when the problem was reported to them (<http://helpdesk.ufl.edu>). The ticket number will document the time and date of the problem. You are required to e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up. If your late assignment is due to a personal crisis you should immediately contact the Dean of Students Office (<https://dso.ufl.edu/about/contact/>) who can offer you support and work with your instructor to potentially excuse late assignments. For more information link here: <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/#illnesspolicytext>
- e. **Grading Feedback from Instructor:** Assignments will have a rubric that the instructor will use to evaluate students’ grades. Rubrics for assignments can be found directly under the assignment instructions. For Discussions, students must click on the three dots at the top right of the Discussion instructions and click “Show Rubric”. The Instructor will potentially leave grading feedback in three places: the Rubric, Submission Comments, or Annotated feedback in the text of the document submitted. Students are responsible for checking all of these places to benefit from instructor feedback.

4. **Course Communications:** It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns go unattended. It is the instructor's intention to respond to all e-mail communication within 24 hours during weekdays and 48 hours on the weekend. ***It is important to email the instructor through the Canvas feature as the instructor prioritizes these emails.***
 - a. **Netiquette/Communication Courtesy:** Written communication and electronic interaction are central to online learning. All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and other communication structures. Students are expected to understand the common principles of netiquette. Additionally, please check spelling, grammar and formatting as is consistent with graduate-level correspondence.
 - b. **Canvas Notifications:** It is strongly recommended that students set their Canvas notifications to alert them by email to the following course communications from the Instructor: Announcements, Submission Comments, and Conversations (emails). Students can do this by clicking on their Avatar on the left navigation bar > Click Notifications > and make sure that the checkmark icon is toggled green under "Email Address" for Announcements, Submission Comments, and Conversations. *Students will be responsible for timely responses (within 24 hours) to these Instructor communications even if they don't set their notifications.*
5. **General Course Questions:** Before asking general questions of the instructors, be sure to check the syllabus, the course Canvas website, and Graduate Central, as your instructor will direct you to these sources. If your question is specific to your own work, progress, circumstances, grade, or is personal in nature, please email the instructor privately using the mail function in Canvas.
6. **Technical Assistance:** If you have difficulty accessing online course materials, submitting assignments, or using any component of the online environment, please contact the Help Desk at helpdesk@ufl.edu, 352-392-4357—select option 2, and/or <http://helpdesk.ufl.edu>. If a technical problem affects an assignment deadline, you must provide the instructor with the ticket number and record provided to you by the UF Help Desk documenting your request for assistance. Only when extenuating circumstances are present or if the help desk could not resolve a timely request for assistance will an extension of a deadline be considered. You MUST e-mail the instructor within 24 hours of the technical difficulty if you wish to request an extension or make-up.
 - a. Other resources are available at <http://www.distance.ufl.edu/getting-help> for:
 - i. Counseling and Wellness resources
 - ii. Disability resources
 - iii. Resources for handling student concerns and complaints
 - iv. Library Help Desk support

UF POLICIES AND PROCEDURES

1. **Academic Honesty:** UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code

(<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

2. **Students with Disabilities:** Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.
3. **Software Use:** All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.
4. **Course Evaluation:** Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results>.
5. **Course Complaints:** Should you have any complaints with your experience in this course, please visit <http://www.distance.ufl.edu/student-complaints> to submit a complaint.
6. **Student Privacy:** There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see: <https://registrar.ufl.edu/catalog0910/policies/regulationferpa.html>

UF RESOURCES

1. Campus Resources for Health and Wellness:

- a. U Matter, We Care: If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575 so that a team member can reach out to the student. <http://www.umatter.ufl.edu>
- b. Counseling and Wellness Center: <https://counseling.ufl.edu>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.
- c. Sexual Assault Recovery Services (SARS): Student Health Care Center, 392-1161.
- d. University Police Department, 392-1111 (or 9-1-1 for emergencies). <http://www.police.ufl.edu/>

2. Academic Resources:

- a. E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu; <http://helpdesk.ufl.edu>.
- b. Career Connection Center, Reitz Union, 392-1601. Career assistance and counseling. <https://career.ufl.edu>.

- c. Library Support, <http://cms.uflib.ufl.edu/ask>. Various ways to receive assistance with respect to using the libraries or finding resources.
- d. Teaching Center, 392-2010 or 392-6420. General study skills and tutoring. <http://teachingcenter.ufl.edu>
- e. Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. <http://writing.ufl.edu/writing-studio>

CENTER FOR ARTS IN MEDICINE RESOURCES

1. **Graduate Central:** Includes guide for new students, tips on navigating Canvas, Registration and Course Requirements, Practicum and Capstone Guides, and many other helpful Resources. Access through Canvas at <https://ufl.instructure.com/courses/357343>
2. **UF Center for Arts in Medicine Graduate Advisor:** Reach out for support before there is a problem. Ellie Sommers, 352-273-1488
3. **UF Arts in Medicine Library Guide and Research Resources:** A first stop for Arts in Medicine research and access to our dedicated librarian, Cindy Craig, who can help you with your research <http://guides.uflib.ufl.edu/aim>
4. **UF Center for Arts in Medicine website:** <https://arts.ufl.edu/academics/center-for-arts-in-medicine/>