DAA 1000 - Fundamentals of Dance

Fall, 2018

DAA 1000 / 6014
Periods 8th and 9th periods
Meeting days: Tuesday & Thursday
Meeting times: 3:00pm to 4:55pm

Instructor: Isa Garcia-Rose
Location: SOC room 2205
Office Hours: Fifteen minutes after class or T-211
Instructor Email: isa@ufl.edu

Catalog Description: Practice and principles of fundamentals and stylistic characteristics common to ballet, jazz and modem dance. (H) 3 credits

Fundamentals of Dance is designed to provide accessibility to the world of dance for all students, novice or pre-professional. Along with learning the rudiments of the dance techniques, with a focus on dance styles common to Western culture, you will discover the rich heritage, challenging discipline, fertile aesthetic, as well as your place in the vast spectrum of dance. There is truth in advertising – as once you are successful in this class, these fundamentals become the basis for achieving excellence in higher levels and making informed connections with how this art interacts with your life. The following objectives provide the direction for the course:

Objectives:

- To provide a student with the history, basic techniques, and contemporary references relevant to accessing a basic understanding of ballet, jazz and modern dance.

- Enhance the mind/body connection through the application of sound biomechanical principles as they relate to dance, such as practicing proper alignment, learning basic human anatomy, and learning of alternative approaches to movement study. This knowledge will be directly applied to the various styles of dance learned in class.

- Practice elements of performing and explore performance quality, discovering your own potential and personal style while developing your kinesthetic memory.

- Experience, discuss and write about live dance performances.

Dance Etiquette and Attire:

Dance is an art and requires personal discipline and motivation. Respect for other students and the instructor is of the utmost importance. When in class you will be attentive and active. Be aware of the appropriate times to talk and/or sit. Attire should be form fitting, allowing the line of the body to be seen. Leotards and tights (leggings, bike or jazz pants) are suitable. Form fitting warmers are recommended and should be removed after warm-up. Men **must** wear a **dance belt**. No shoes are required for this course. ***No large jewelry, no chewing gum, no hats, and no loose hair***. Personal hygiene is expected and is its own reward. You may lose points for improper attire, hair or attitude.

COURSE POLICIES:

SoTD Dance Attendance:

Dance Technique Class Attendance Guide:

- Mindful participation in each class meeting is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that when you enter the classroom, you are present, alert, and contributing to the progress of the class every second.
- If you are not present when attendance is taken or class begins you are marked absent.
- In the case of extended health issues, refer to the Injury and Illness Policy in the SoTD 2017-18 Handbook (SoTD website) and included in this syllabus.

Dance Technique Class Absence Policy

- Five (5) or more absences (excused or unexcused) result in automatic failure.
- All undocumented absences are unexcused: each unexcused absence = 5 point deduction. Excused absences may include those related to illness/injury that are documented by a medical professional. Events related to family emergencies or professional obligations should be discussed with your instructor. (See *Make-up Policy* for more information on excused absences.)
- For your safety and the focus of the class, you may not join class if it has already started. You are late and counted absent; with instructor permission, you may observe.
- If you should leave class early, 3 points are deducted from your grade.
- If unable to dance but still attend, with instructor permission, you may 'actively' observe for full class credit, one time. You will complete an assignment as assigned by the instructor due at the end of class.
- UF approved religious days are excused and do not need to be made-up. (Travel time not included.) You are responsible for material covered during your absence.
- A MEDICAL WITHDRAWAL will not be supported without approved documentation. An Incomplete is only considered by UF Dance in extreme cases and is not available in technique classes.

UF Absence Policy

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies, as follows:

Source: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

- Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting.
- In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.
- You cannot participate in classes unless you are registered officially or approved to audit with evidence of having paid audit fees. The Office of the University Registrar provides official class rolls to instructors.
- If you do not participate in at least one of the first two class meetings of a course or laboratory in which you are registered, and you have not contacted the department to indicate your intent, you can be dropped from the course. You must not assume that you will be dropped, however.
- The university recognizes the right of the individual professor to make attendance mandatory. After due warning, professors can prohibit further attendance and subsequently assign a failing grade for excessive absences.

Make-up Policy:

Dance Technique Class – Makeup Policy

- You are responsible for all material covered during any absence
- There are no makeup options for unexcused absences
- Absences from Written Exams, Quizzes, Mid-Terms, and/or Finals may only be made up with approved documentation

- To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
  1) Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.
  2) Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

In the UF Dance Program, three unexcused absences will reduce your grade one-letter grade (i.e., from B to C). Each subsequent unexcused absence lowers your grade by half letter grade (i.e., from C to C-). After five unexcused absences the student may not return to class and result in automatic failure of the course. A student with medical documentation may apply to UF for Medical Withdrawal.

Please consult the following sites for UF's physical and mental health resources:
http://shcc.ufl.edu/ (Student Health Care Center)
http://shcc.ufl.edu/forms-records/excuse-notes/ (excuse note policy)
http://dso.ufl.edu/ (Dean of Students)

student on-line evaluation process

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. The instructor is the only person that views your written comments. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results/

UF POLICIES:

University Policy on Accommodating Students with Disabilities:
Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester

University Policy on Academic Misconduct: Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code: http://www.dso.ufl.edu/sccr/process/student-conduct-honor- code/ - UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code
(source: http://www.dso.ufl.edu/sccr/process/student-conduct-honor- code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

counseling and wellness center contact information:
http://www.counseling.ufl.edu/cwc/Default.aspx, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Netiquette: Communication Courtesy: All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats.

GETTING HELP:

If applicable: For issues with technical difficulties for E-learning in Canvas, please contact the UF Help Desk at:

- (352) 392-HELP - select option 2
- https://lss.at.ufl.edu/help.shtml

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.
Other resources are available at http://www.distance.ufl.edu/getting-help for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

Please use the following locations for UF resources for physical and mental health care:
http://shcc.ufl.edu/ (Student Health Care Center)
http://shcc.ufl.edu/forms-records/excuse-notes/ (excuse note policy)
http://dso.ufl.edu/ (Dean of Students)

Text: The DAA1000 Handbook was prepared especially for this class and will be available online without cost at: http://www.arts.ufl.edu/students/syllabi.aspx . Search for: DAA 1000 Fundamentals Handbook

Communication is very important. Please come to me with all questions and concerns throughout the semester. You can make an appointment or talk to me immediately before or after class about your progress or if you have any questions. If questions pertain to the information in this syllabus, I ask that you read your syllabus thoroughly before asking an intelligent question on clarification. You are encouraged to ask questions during class and if you need or want more feedback from the instructor, please do not be afraid to ask. Remember, unless you communicate and come to me directly, I will assume that you are satisfied and happy. I want you to have a great dance experience.

Assignments and Tests
TOTAL POINTS TO EARN = 100

- Harn Museum visit & Solo Evaluation 10 points
- Written Tests (Two) 40 points
- Compare and Contrast Paper 10 points
- Midterm Evaluation 15 points
- Final Evaluation 15 points
- Final Project 10 points

A 93-100 points
A- 90-92
B+ 86-89

B 83-85 points
B- 80-82
C+ 77-79
C 73-76 points
C- 70-72
D+ 67-69
D 63-66 points
D- 60-62
E 59 and below

ASSIGNMENT AND TESTS – ALL PAPERS MUST BE HANDED IN AS A HARD COPY. NO EMAILED PAPERS WILL BE ACCEPTED!

The midterm evaluation is primarily for checking our communication of goals and your early degree of successful effort. **Tuesday, 10/9th**

Written Tests: There will be two written tests based on reading assignments and in-class discussion. A) **Thursday, 10/11th**, B) **Thursday, 11/29th**

Technique Final: **Tuesday, 11/27th**
The final technique evaluation will be done during regular classes. This is an exam based on your technical progress from mid semester to the end of the term.

Harn Museum Paragraph and Solo Due: **Tuesday 9/20th**

Take a trip to the Harn Museum on Hull Rd. and find an inspirational exhibit for your final project assignment. Submit a paragraph description (hard copy) of the artwork or exhibit you are using for your choreographic inspiration. Come up with a minute solo of how you feel the piece should be portrayed through movement.

Final Project: **Tuesday, 12/4th**
You will be placed into groups and you will work on choreography that will develop from your visit to the Harn Museum.

Attending Performances required to see:

- ***BFA Showcase*** G-06, October 24 – October 27, 2018 at 7:00PM; October 28, 2018 at 3:00PM
- ***Agbedidi*** (SoTD Dance), Constans Theatre, November 30- December 1, 2018 at 7:30PM; December 2, 2018 at 2:00PM

After attending these events, write a two+ page, typed, double- spaced, no cover sheet, college level, compare and contrast paper on the concerts that you watched. Paper due one week after the last performance. Details to follow. **Staple** your **ticket stubs** for both concerts to the front sheet of your paper.

The following performances can be used to make up excused absences with written papers.

Performances and Event Dates

Dates / times subject to change – please check dance bulletin board and /or contact appropriate box office. You will receive a voucher (coupon) at the beginning of the semester for assigned SoTD productions with instructions of how to use it to get discount tickets. Viewing of the SoTD plays is highly recommended, but not required. Non-majors please verify event schedule with instructor, as you may not be required for attendance at all events.

- **Thursday, August 23 - MOD Dance Ensemble Audition 6:30 - 8:00PM**
- **Wednesday, August 29 - Faculty works' Audition 6:30 - 8:30PM**
- **Thursday, August 30 - Fall BFA 2018 Showcase Audition 6:30 - 8:30PM**
- **UnShowing #1** - Friday, September 14, 2018 - 10:40 AM - 12:25PM
- **UnShowing #2 -** Friday, September 28, 2018 - 10:40AM - 12:25PM
- **Adjudication #1** - Monday, October 8, 2018 - 6:30 PM – Until
- **Adjudication #2 -** Monday, October 15, 2018 - 6:30PM - Until (Finalize Program Order)
- **Final UnShowing -** Monday, December 3, 2018 - 6:30PM – Until

UF Dance Productions

Fall 2018 BFA Showcase – October 24 – October 27, 2018 at 7:00PM; October 28, 2018 at 3:00PM

AGBEDIDI – November 30- December 1, 2018 at 7:30PM; December 2, 2018 at 2:00PM

UFPA Performing Arts

Dance Alive - Wonderment- UFPA October 24 & 25 at 7:30pm.

Jessica Lang Dance – Wednesday, November 7, 2018 at 7:30PM

https://performingarts.ufl.edu/events/jessica-lang-dance/

Santa Fe College Dance Productions

Dimensions Dance Theatre – October 18, 2018 at 8:00PM
https://www.sfcollege.edu/finearts/index.php

The Florida Dance Association Young Dancers Showcase "A" – October 19, 2018 at 8:00PM
https://www.sfcollege.edu/finearts/index.php

The Florida Dance Association Young Dancers Showcase "B"- October 20, 2018 at 8:00PM
https://www.sfcollege.edu/finearts/index.php

Holiday at Santa Fe! – December 1, 2018 at 8:00PM

https://www.sfcollege.edu/finearts/index.php

Fathom Dance Events Fall 2018:

Sunday, November 11, 2018 at 12:55 PM: Bolshoi Ballet's *La Sylphide*
https://www.fathomevents.com/events/bolshoi1819-la-sylphide?date=2018-11-11%2000:00:00.000

Sunday, December 2, 2018 at 12:55 PM: Bolshoi Ballet's *Don Quixote*
https://www.fathomevents.com/events/bolshoi1819-don-quixote?date=2018-12-02%2000:00:00.000
Regal Cinemas Gainesville Cinema 14 3101 SW 35th Blvd. Gainesville, FL 32608

UF Theatre Productions

The Wolves – September 1 – 23, 2018

Between Riverside and Crazy - September 21-30, 2018

Hairspray - October 19- 28, 2018

UF Box Office #: (352) 392-1653
UF Performing Arts (Phillips Center) #: (352) 392-2787
SFC Fine Arts Hall Theatre (352) 395-4181

Performance Behavior/Decorum:

- Yes, please dress nice!
- No cell phones/texting at all, ever, never during a performance (unless the show requests it!)
- Represent the SoTD at the show!

Important websites for upcoming performances:
UF Performing Arts: www.performingarts.ufl.edu/
UF College of Fine Arts main page: www.arts.ufl.edu

Reading: You are required to keep up with the reading of the text. Instructor will guide you on deadlines – begin by reading chapters 1 & 2. Material in the text will be continually referenced in class and we will also have lectures and discussions on each chapter.

Makeup Critique Papers for excused absences are **due one week after the show** (an approved dance performance, play or musical). If the show is at the end of the semester, it is due by the last day of the semester. You are to write a summary/review that is 2 pages, typed, double spaced, 12 pt. Please write "Makeup Paper" under your name, with the correct section number to your class, as well as the date of the event.

Ticket information for all Phillips Center for the Performing Arts events:
All ticket information including the specific dates students can begin purchasing for each performance:
http://performingarts.ufl.edu/students/students/
Tickets must be purchased in person at the Phillips Center Box Office or the University Box Office located at the O'Connell Center Gate 1, one ticket per UF student present with his/her own ID. (spouses of UF Students not eligible!) Box Office hours Tues.-Fri. 12:00-5:30pm & Sat. 10:00-2:00pm phone # 352-392-1653.

Ticket information for UF School of Theatre and Dance productions:
You will receive coupons for some SoTD productions, including plays that are not approved dance viewing. Consider these coupons a perk. A dance production coupon will also be included. Coupons are redeemed at University Box Office in front of Constans Theatre where regular student tickets may also be purchased. Be sure to bring your UFID.

BALLET VOCABULARY

Primary words
Listed in categories alphabetically
Please note that the definitions are general descriptions/translations of the terms

Terms related to *barre* and/or *centre*:

Adagio: Slow sustained movement
Allonge´: Extended, outstretched, as opposed to bent or curved.
Arabesque: A basic balletic pose, usually performed in profile: The position of the body when supported on one leg with the other extended to the back with the knee straight.
Assemble´: To assemble (or place together) the legs in the air
Attitude: The position of the body when supported on one leg with the other lifted to the front side or the back, with the knee bent. A pose inspired by the statue of 'Mercury' (by Giovanni da Bologna)
Barre: The long, pipe-shaped bar that dancers hold onto for support when warming up. The word is also used to refer to the set of exercised performed at the barre at the beginning of every class.
Battement: "rebound," any movement of the leg
Cambre´: A bend of the body from the waist, forward, sideward, or backward.
Change': Literally, "changed". A term used to indicate that the feet change position in relationship to each other during the execution of a step (i.e., the foot begins in the from and finishes in the back, or visa versa).
Cloche, en: Literally, "like a bell". Refers to swinging movements of the working leg forward and backward through 1st position in steps such as battements degages en cloche.
Combination: A number of steps grouped together to form an exercise.
Cou-de-pied: On the "neck" (*cou*) of the ankle. The position of the working foot when lifted and pointed in front of, in the back of or wrapped around the ankle of the supporting leg.
Coupe´: To cut – The foot is raised to the ankle of the opposite leg.
Developpe': The working foot is drawn up the supporting knee and opened in the air in any given direction, "unfolding".
Degage: "To disengage" The movement of the foot outward from a closed position to where the toes leave the floor to a position of 15 degrees.
Extension: The height of a dancer's working leg when lifted form the floor. Also in reference to the lengthening of a body part.
Fondu: Literally, "melted", This term is used synonymously with the word "*plie*". It means on, or with a bent supporting leg.
Frappe: Strong brush of the supporting leg with the working foot in coupe, "strike".
Pas: A step. Used to refer to any single movement in the ballet vocabulary.
Pas de cheval: Horse's step.
Penche': "Inclined". Usually refers to arabesque penche', a position in which the dancer tilts forward from the hip, directing the torso and head toward the floor, and lifting the foot of the extended back leg toward the ceiling.
Plie (plier): To bend - A bending movement of the knees, demi or grand.
Port de bras: Movements or positions of the arms.
Preparation: The musical phrase and/or movement(s) that act as a lead-in for the dancer.
Releve´: A rise. Describes a position of the supporting foot in which the heel has been raised from the floor, and the dancer is balanced on the ball of the foot (or on the toes, if en pointe). Also the combination of a demi-plie followed by the raising of the heel(s) from the floor.
Rond de jambe: Circle of the leg (**a terre**) on the ground, or (**en l'air**) in the air.
en dehors: Outward, foot travels in an arc from front to back
en dedans: Inward, foot travels in an arc from back to front

Sous-sus: Under-over. One foot being under, or in the back, and one foot being over, or in the front.

Tendu: "stretched" The action of the foot leaving a closed position to a fully extending position without the toes leaving the floor.