

University of Florida  
School of Theatre and Dance  
TPP: 2282, sect. 013E Movement Training for the Actor I  
8:30am -10:25am (Periods 2&3), Rm G 15  
Fall 2018

Instructor: Tiza Garland  
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Credit: 3.0  
Prerequisites: TPP 2110,  
Theatre Major

**Course Description:** Emphasis on physical preparation and character development through movement. Focusing on the preparation of the body, this course is designed to aid the actor's approach to performance.

**Course Objectives:**

- Develop a physical and intellectual vocabulary to describe, analyze, and perform movement and vocal techniques
- Experience a method of movement preparation based on the teaching theories of Jerzy Grotowsky, Vsevolod Meyerhold, Ann Bogart
- Develop a greater use of the creative imagination.
- Develop an understanding of the body as an actor's tool through awareness of basic anatomy.
- Develop a better sense of awareness, balance, control, and coordination.
- Introduce students to major movement innovators in theatre through a scholarly research project.
- Promote familiarity with dramatic literature.

\*Students must have a flexible attitude toward this work as our purpose is to explore these techniques and to develop a personal process for stage preparation.

**Course Content:**

Actor Warm-up  
Isolation Exercises  
Intro. to Bartenieff Fundamentals  
Intro. to Basic Anatomy  
Partnering/Physical Listening  
Plastique Work

- Impulse Initiated
- Image Initiated
- Action Initiated

Monologue Work  
Scene Work  
Written Critiques  
Reading Assignments  
Research Paper  
Viewpoints

**Class Policies**

**Attendance:** This is an experiential class. You are expected to be in class daily and to be on time. You are allowed **three absences with no penalty, each subsequent absence will result in a penalty of a full letter grade from your final grade per absence.** If you must miss a class meeting for any reason you must notify the instructor and your

scene partner previous to the missed class, this does not “excuse” your absence this is simple professional courtesy. Three tardies equal 1 absence.

Note: There is no difference between “excused” and “unexcused” absences, only absences. Jury duty and military service are the only types of “excused” absences. Students get 3 absences with no questions asked and no excuses needed, use them only if you need them and use them wisely.

**Clothing:** Dress appropriately for the situation at hand. Wear comfortable, casual, non-binding clothes in which you can move (no skirts, tight pants, or fragile clothing). No bare mid-drifts, no t-shirts with cut-off sleeves (tank-tops are acceptable). Do not wear excessively baggy clothing. Wear shoes that permit active movement (no boots, no sandals, flip-flops, clogs, high heels, backless styles, etc.). Bring rehearsal shoes when necessary. Refrain from wearing jewelry; you will be asked to take it off. No tongue piercings. No facial piercings. A clean professional look in movement clothes is preferred; solid colored shirts and appropriate athletic pants/shorts.

-Hair should be pulled back out of the face.

-NO HATS.

\*\*A student not dressed appropriately will be permitted to watch class and accept an absence for the day (See Attendance Policy). This is an experiential class, you learn by participating. You must dress appropriately in order to participate.

**Come to class ready to work, not ready to change clothes.** \*\*A student who arrives to class “on time” but then has to leave to change will accept a tardy. (“I’m here but I’m going to the bathroom,” means you are NOT here. You will be marked tardy. Three tardies = one absence).

**Behavior:** Part of learning the acting process is also learning how to act professionally. Unprofessional conduct will not be tolerated. Additionally, in order to be able to fully explore the acting process you are encouraged to take “risks”. The classroom is a laboratory where you should feel “safe” to fully commit to acting choices and scenes. Any student who destroys the “safety zone” of the classroom will be asked to reconsider their choice to take this class. Some of the work may be a personal expression and express artistic vulnerability, do not discuss the details of your peers’ work outside of class. Sarcasm and gossip are not acceptable.

**Decorum:** Your work in class is a major part of your grade. This includes your classroom and out of class rehearsal decorum because it strongly impacts the quality of instruction for you and your partners. You are expected to show respect for yourself, your partners, and the art and craft of theatre. **You are also expected to respect the spaces in which we work by preparing the space for work (clearing all props and bags to one side of the room) and clearing the space after you are finished working.**

**Food and drinks (except water) are not permitted in class. No gum.**

**Cell phones/electronic devices:** Turn off all cell phones. **If your cell phone rings in class be prepared to accept a mark of “tardy” for the day.** Three tardies equal 1 absence.

**Written Work (Playcards, Critical Thinking Analyses, Observation Papers, Process Papers, Research Papers):** All papers and assignments must be typed and handed in on time. Electronic submissions are preferred and must be submitted prior to the beginning of class. Late assignments and papers will not be accepted. **Students will accept a zero (0) for incomplete assignments and assignments that are not turned-in on the assigned date.** Papers will be written in 12 point Times or Calibri font using double spacing. **The instructor will not read papers that do not adhere to font size and spacing requirements. Pay close attention to minimum and maximum page/word length.** The instructor will not read papers that are late, nor will the instructor read your work prior to submission. Submit only well-written work that has been proof-read.

**Make-Up Work:** Late written work will not be accepted, as stated above. Performance assignments must be performed for the sake of your partner. You will NOT be able to receive a “make-up” grade except under

extenuating circumstances at the judgment of the instructor. Because the course depends on the co-operation of partners in scene work, it is imperative that work be presented ON TIME. In the event that an absence is known in advance, you must make arrangements to present the work early.

**Academic Misconduct:** All students in attendance at the University of Florida are expected to be honorable and to observe standards of conduct appropriate to a community of scholars. The University expects from its students a higher standard of conduct than the minimum required to avoid discipline. Academic misconduct includes all acts of dishonesty in any academically related matter.

\*Plagiarism is an act of Academic Misconduct.

\*\*You will be reported to the Dean's office for plagiarism on summary of playcards (monologue selection is exempt from this).

\*\*\*Copying and pasting the work of your peers for your CTLs is considered plagiarism.

Be sure you understand the University's Academic Guidelines and policies regarding Academic Honesty and Ethical Conduct. Regarding work submitted for credit, the following pledge is required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

**Unauthorized Recordings:** A student shall not, without express authorization from the faculty member and, if required by law, from other participants, make or receive any recording including but not limited to audio and video recordings, of any class, co-curricular meeting, organizational meeting, or meeting with a faculty member. Do not take photos or videos of class.

**Disabilities:** Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation.

### **University Counseling Services**

Contact information:

**Counseling and Wellness Center**

Phone: 352-392-1575

Web <http://www.counseling.ufl.edu/cwc/Default.aspx>

### **Course Requirements:**

Participation in class exercises.

Rehearsal: Students are expected to prepare and rehearse scenes outside of class for in-class evaluation.

Performance: Various solo and partner/ensemble scenes including improvisation, monologues and scenes from dramatic literature will be evaluated for a grade. **Scenes not prepared for preliminary or final presentations will receive a grade of zero for that portion of the assignment. ALWAYS be prepared.**

Notes: Note taking is expected, **do not interrupt the flow of class to run to your notebooks to take notes, this takes time away from doing work.** You may not use computers/mobile devices to take notes in class. All students are expected to take daily notes as well as notes on their work in class and observation notes of their colleagues.

Critical Thinking Logs (CTLs): Included should be specific vocabulary, key phrases, concepts, exercise descriptions, personal notes and personal observations. Must be ELECTRONICALLY SUBMITTED, see course calendar for due dates.

The following 4 sections are REQUIRED for a COMPLETE log entry. **Clearly identify and label each of the four sections for CTL entries. CTLs that do not follow the required outline format will not be read and will receive a grade of zero (0) for the entry.**

1. **Observation (WHAT):** A list of exercises and activities of each day.  
This is a bulleted LIST
2. **Description (HOW):** Provide a clear description of specific exercises and activities listed under "Observation". It is in this section that you note who did what in class. This should be organized with clearly labeled subsections. **\*\*Once you have accurately described an activity, you do NOT need to describe it again in subsequent CTL entries, simply refer to the description by date.**
3. **Lesson of the Day (WHY):** This is a CONCEPT, do NOT list a technique. Rather, answer "What is the CONCEPT I gained from being in class today?" This must be stated as a complete sentence that indicates a topic and a specific thought about the topic. This is a cause-effect statement or a concept that leads to clarity. For example, "Physical listening leads to a visible 'give-and-take' between scene partners."
4. **Application (WHAT IF):**
  - A. Be SPECIFIC. What is the relationship of the Lesson to the Acting Process?
  - B. Personalize it; How will YOU apply these lessons to your personal acting approach or rehearsal process? Do NOT list how you will apply it to class work, this section is for making relationships between concepts learned in class and the craft of performing. *Note a specific task* you will attend to in your next NON MOVEMENT I rehearsal (the idea is to state how a concept and task from class will be applied to your production work or rehearsal process). You can complete the following sentence: "In my next rehearsal for (Between Riverside and Crazy) I will (do what task) in order to (make a statement about the professional or artistic goal the task supports)."

**Length of Entries—Daily Entries need not be any longer than 1-1 ½ pages if written well and succinctly.**

**\*\*If you are absent it is your responsibility to get notes/assignments from a colleague (State your colleague's name, not doing so is considered plagiarism).**

--If any student is guilty of a simple cut and paste of another's CTL, all students involved will receive a grade of zero (0) for the entry.

--Do not cut and paste from your own CTLs, there is no need to repeat what has already been written, instead cite the date of the entry to which you are referring.

--Logs may also include other notes from class in addition to personal observations, self-assessment notes, observations, questions, etc. separate from the above 4 sections.

Rehearsal Log: Out of class rehearsals for in class (Movement I) presentations will be documented in a Rehearsal Log. Logs will include Start and end time, date, scene, location, with whom (if appropriate) what was accomplished, and what discoveries were made. Note what was successful and what was a challenge to be worked on in the next meeting. Rehearsal logs will be a **separate section** of each actor/student's Critical Thinking Log. Students are expected to record a MINIMUM of two rehearsal logs per week.

--Memorizing lines, looking for material, researching, or doing warm-ups will NOT be considered for Rehearsal Logs. Exploration and application of in-class exercises are appropriate activities for Rehearsal Logs.

**\*\*Critical Thinking Log (daily entries and Rehearsal Logs) are due weekly and will be reviewed throughout the semester.**

Playcards: See course schedule for due dates. All play cards will include title, author

name, date the play was written/published, plot summary (2 page max, approximately 500 words), and a monologue selection with character name that would be appropriate for YOU or a colleague. Note who SPECIFICALLY might be able to use the selected monologue for an audition piece (be specific, give a NAME of a classmate or a peer). Late playcards will receive a grade of zero. Playcards that include summaries that exceed the page limit will not be graded.

**\*\*\*Plagiarism is considered an act of Academic Misconduct. You will be reported to the dean and receive a failing grade for the class if plagiarism on this SIMPLE assignment is discovered.**

**Critical Assessment Papers:** Critical Assessment Papers will reflect on the “Lessons of the Day” gained from class meetings and comparisons and contrasts will be made between Movement Training and the acting process. Written in third person. This will be written in a 5-paragraph essay format.

**Acting Process Papers:** See page 8. Written in first person.

**Character Analysis:** An analysis of you. See page 7. Written in first person.

**Movement Theory/Research Paper:** See page 8.

**“Play It Forward”:** Students must join the facebook group “Play It Forward.”

Each student will invite a minimum of 2 people NEW to the theatre who don’t normally attend live theatre productions. Their night at the theatre must be documented and posted on “Play It Forward”. Be sure THEY make a comment about the production & include your name so you can get credit. Also post a photo of you & your pal at the theatre. Your pal MUST post of Play It Forward for you to get full credit.

**Required Viewing:** *The Wolves, Between Riverside and Crazy, Hairspray, BFA Dance Showcase, Agbedidi*

### **Critical Dates:**

A separate course calendar will be provided in class.

**Course Evaluations:** Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open.

**Course Fees:** Associated fees can be found at <http://www.registrar.ufl.edu/soc/201601/all/theadanc.htm>.

**Grading/Evaluation:**

Scenes/Monologues will be evaluated on quality of work, preparation, improvement in vocal/physical skills, commitment to action, growth, ability to incorporate notes into performance.

Written work will be graded on following directions for content and format as well as quality of work and ability to express critical thinking in a scholarly manner.

**Graded Assignments:**

- 10 % Critical Thinking Log Collections w/ Rehearsal Logs
- 10 % Playcards
- 10 % Process Papers (2), Character Analysis Outlines + blurb (2)
- 30% Performance:
  - Anticipated Assignments: 2 monologues, 2 scenes
- 10% Critical Assessment Papers (2)
- 10% Research Paper/Outline/Presentation
- 10% FINAL =Scene #2 Final Presentation and revised monologue
- 10% Professionalism/Participation, Play It forward, Daily Written Assignments (E-mailed/Impromptu responses)

**Grading/Evaluation:**

Your grades will reflect your attendance (see attendance policy for this course), participation and attitude in class, execution of exercises and assignments, commitment to the work, and over-all development in class.

**Grade Scale:**

90.0-100 = A	85.1-87.9 = B+	75.1-77.9 = C+	65.1-67.9 = D+	0-57.9=E
88.0-89.9= A-	80.0-85.0 = B	70.0-75.0 = C	60.0-65.0 = D	
	78.0-79.9= B-	68.0-69.9= C-	58.0-59.9= D-	

Grading will be based on participation, quality of work, approach, enthusiasm, development, completion of fully memorized choreography and scenes, and the student’s ability to express written and oral knowledge concerning the course topics.

Since this course presupposes keen interest in acting as a potential career, subjective evaluations of intangibles such as effort, experimentation, criticism, participation, discipline, etc. is a consideration in grading.

\*Note all majors MUST pass with a C (70%) or better. Failure to achieve said grade will result in retaking the course in the future.

**Content Disclosure:** Content in the arts can sometimes include works, situations, actions, and language that can be offensive to some students on the grounds of sexual explicitness, violence or blasphemy. As the College of the Arts is devoted to the principle of freedom of expression, artistic and otherwise, and it is not the college’s practice to censor these works on any of these grounds, students who might feel unduly distressed or made uncomfortable by such expressions should withdraw at the start of the term and seek another course.

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## Written Assignments

All assignments are to be typed

### **1) Playcards:**

12 pt. font (Times or Calibri), double-spaced—**Failure to adhere to the formatting requirements will result in a grade of 0 (zero).**

Include: 1) title, 2) author name, 3) date written/published, 4) plot summary—do an act and scene breakdown (approx. 375-500 words), and 5) a monologue selection – include character name.

DO NOT tell me what the play is about. Note the specifics of what occurs in each act and scene. State what HAPPENS in the beginning, what EVENTS lead to the middle, what HAPPENS at the end, and how the play ends as the curtain falls. Clarify the dramatic logic of the action. Be sure to introduce or describe who the characters are as you mention them in your plot summary.

The plot summary should be about 1 page -1 ½ pages (approximately 375 words) in length if done well, some classics may take a bit more space (2 page max, 500 word max). Playcard summaries that exceed the page/word limit will not be graded. Learn to be specific yet concise.

Type out, verbatim, the monologue you think would be one you could use in an audition. If there isn't a character that is appropriate for you, SPECIFICALLY note a pal or classmate who might be able to do the selected monologue. Consider age appropriate monologues/audition pieces.

This is an opportunity for you. Do not do a playcard for plays you are reading aloud or have read in another class nor the play you have been cast in. No musicals. No one-acts. Do NOT do a playcard for a production that you were in in the past. However, I do encourage that you be strategic.

Plagiarism is an act of academic misconduct.

### **2) Critical Assessment/Critical Thinking Papers**

Critical Assessment Papers will reflect on the "Lessons of the Day" gained from class meetings and comparisons and contrasts will be made between Movement training and the acting process.

Format:           500 word minimum. 1000 word maximum. Include word count at the bottom of the paper.  
                      12 pt. Times or Calibri Font  
                      Double spaced (headings should be single spaced)

**Structure:** All papers are to be well-written. These papers will include an introduction paragraph that will specifically state the thesis and the 3-5 main points to be discussed in the body of the paper. At least one complete paragraph will be used to support and describe each main point citing specific examples from the class, testimony, comparisons, etc. Transition statements from paragraph to paragraph will help the document flow well. The final or concluding paragraph will restate the main points of the paper, rephrase the thesis, and end with a thought provoking statement. You are in a university and you must demonstrate university level writing skills. Expect this to be graded as an English Assignment.

Students will write in an academic manner, do NOT use the first person narrative form, nor second person. Be strong and have conviction in your thoughts and work.

Papers that fail to meet the above requirements will receive a maximum grade of 75% for the assignment.

Take advantage of the university writing center if you need assistance in writing: <http://www.at.ufl.edu/rwcenter/>

### **3) Acting Process Papers, Initial and Final**

Minimum 500 words in length, maximum 1250 words in length. Include word count at the bottom of the paper.

Double spaced

12 pt. Times, Arial, or Calibri Font

This is to be a well-organized paper that describes your preparation for a role once you have been cast. This paper will include topics such as reading the script, physical exploration, vocal exploration, text analysis, character analysis, research of location/time/playwright/subject/character's occupation, use of music in character creation, the use of rehearsal logs, rehearsal preparation including physical and vocal warm-ups, rehearsal comportment, any post-rehearsal habits, your performance etiquette.

-- Describe WHAT YOU DO, not what you think you should do, nor what you wished you did. State your process as it is, and make no excuses for it.

-- This is about character creation/discovery/exploration and professional habits.

-- This paper may be written in first person, however use professional and academic phrasing.

### **4) Character Analysis, Initial and Final**

--Handout provided separately

--The Final Character Analysis will include a "blurb" reflecting on changes or observations regarding growth or change of perception between the Initial/Preliminary Character Analysis and the Final Character Analysis.

## 5) Movement Theory/Research Paper:

A comprehensive well-researched, well-written paper detailing the theory and principles of acting/movement according to an innovator of modern methods of movement.

-Include annotated bibliography

-MLA Style

**Structure:** This must be a well-written paper with a clear introduction including main points to be addressed in the body of the paper. All stated main points must be supported by evidence, testimony, comparisons, etc. All papers must include a concluding paragraph that restates the main points and closes with a thought-provoking statement.

Note: This is NOT a biography, it is a discussion of this innovator's approach to acting through movement.

### **Format:**

Minimum 1000 words in length, Maximum 1500 words in length. Include word count at the bottom of the paper.

Double-spaced

12 point Times or Calibri Font,

Minimum 3 sources (if you only use 3 sources, only 1 may be an internet site)

Minimum 2 textual sources

MLA style parenthetical citations.

Annotated bibliography

(An annotated bibliography contains descriptive or evaluative comments on the sources)

### --This is a THREE part assignment:

1) Paper

2) A **1-2 page** "cheat sheet" in outline form to be copied and given to each member of the class, plus your bibliography.

3) TEN minute presentation of research. Rehearse and time your presentations. You will lose points for every 30 seconds after 10 minutes.

### --Innovators:

Tadashi Suzuki

Vsevolod Meyerhold

Rudolph Laban (BESS – NOT Labanotation)

Frederick Matthias Alexander

Moshe Feldenkrais

Michael Chekhov

Moni Yakim

Ann Bogart

Michael Lugering

Due date: \_\_\_\_\_

**Basic Notes on Training:**

Please do not be late. Class will start on time.

Please prepare the space before class begins. Clear all props and bags to one side of the room in a NEAT and orderly fashion. All blocks, mats, chairs, etc ., must be against the wall, not placed in front of other objects.

When you get to class start your own warm-up.

Turn off cell phones. Do not leave them on vibrate.

Do not wear jewelry or watches. You will be asked to remove them.

Have all material and texts memorized and ready to work on assigned dates and be ready to recall them at any point after you have performed them.

Do not wear baggy pants to train. No jeans. No hats.

The only food or drink allowed in the class/studio space is water. Do not bring your coffee to class. No gum.

Be respectful of the “boarders” of the classroom and of the presentation space. Only enter when you are ready to do the work.

Check your UFL e-mail for class announcements.

Schedule appointments with me as necessary regarding the training and your work in class.

