Arts in Healthcare Practicum I HUM 3940L Independent Study, 2 credits

Instructor: Diane Garrison Langston Course Location: To Be Arranged Office Hours: By Appointment Email: dgarrison@arts.ufl.edu

Course Description

This course introduces the student in basic-to-intermediate level, mentored practice in the arts in healthcare. During the course, the student engages in the practice of arts in medicine in a clinical or hospital environment with emphasis on a primary artistic discipline. The course is designed to help the student deepen understanding of the practice through documentation, self-assessment, and a reflective essay.

Objectives

- 1. To provide mentored experience in the use of one or more art forms to enhance health as a complement to conventional healthcare.
- 2. To gain understanding of the shared creative process in such work.

Course format and content

The course uses an individual contractual format for specific clinical and academic requirements. The general scope and content is as follows:

- Complete Volunteer Services procedures as necessary.
- **Clinical Hours:** Complete a minimum of 36 clinical hours mentored by an assigned artist in residence.
 - Note: Most of your hours should be spent in actual contact with patients. Some of your hours may involve setting up, cleaning up, and organizing projects with your artist mentor. However, please make sure that your patient contact hours make up at least 34 hours.
- **Clinical Log:** Submit a time sheet of your clinical hours at the end of the semester signed by your Artist in Residence/Clinical Supervisor.
- **Journaling:** Submit a minimum of 2 pages per week detailing your practicum experience.
- **Discussion Boards:** Participate in three in-person discussions.
- Labs: Participate in group labs, write and submit reflection
- **Artist/Supervisor Evaluations:** You will be responsible for submitting midterm and final evaluations of your clinical work to the instructor from your Clinical Supervisor/Artist in Residence.
- **Mid-semester and final instructor check-in:** Attend two in person meetings with the instructor.
- Completion of **two** 500 word reflective essays

Procedures

- 1. Develop specific contract with instructor to include: clinical activities, due dates and meetings with mentor. The specific nature of the work must be approved by the instructor and the healthcare or community program and should include provisions for monitoring quantity and quality of the clinical work.
- 2. Complete Volunteer Services procedures of the Healthcare facility as necessary (e.g.; orientation, PPD screening, immunization records, interview). Summary of UF Health procedures available from UF Health Volunteer Services Office (265.0360).
- 3. Contact the Arts in Medicine Volunteer Coordinator (UF Health #: 733.0880) to set up your clinical schedule and purchase your uniform if necessary.
- 4. Maintain terms of your contract
- 5. Submit all required documents, assignments, and a print-out of your clinical hours to your supervisor on contracted due dates.

Evaluation: 500 points

- Clinical work: 80 points
- Journaling: 30 points (10 points per journal submission)
- Discussions: 60 points (20 points per discussion)
- Labs: 50 points (25 points per meeting)
- Instructor Meetings: 60 points (20 points per meeting)
- Mentor evaluation: 20 points (10 points per evaluation)
- Reflective Papers: 200 points (100 points per paper)

Grading Scale

Letter Grade	% Equivalency	GPA Equivalency
A	94-100	4.00
A-	91-93	3.67
B+	88-90	3.33
В	84-87	3.00
B-	81-83	2.67
C+	78-80	2.33
С	74-77	2.00
C-	71-73	1.67
D+	68-70	1.33
D	64-67	1.0
D-	61-63	.67
Е	60 or below	0.00

Policies

<u>Assignments</u>: All assignments should be submitted via Canvas unless other arrangements have been made with the instructor.

• <u>Late Assignment Policy</u>: Assignments will be accepted no later than one week after the due date. Points will be deducted from late assignments at a rate of 5% a day. The instructor will not accept work submitted later than one week following the deadline except in extenuating circumstances and with prior approval by the instructor.

Attire: Follow the dress code requirements for UF Health Shands Hospital and UF Health Shands Arts in Medicine. At UF Health, you will need to purchase an AIM apron for \$10. This fee must be paid before you will be allowed to begin your clinical work! You must also wear your name tag that you will receive from Volunteer Services.

<u>Clinical hours:</u> Only officially recorded hours will be credited. Use the approved manner of recording hours of the institution. Keep a log of your work with signature verification by the artist in charge. If you cannot work with patients due to illness, you must make up the time later. Use procedures appropriate to the institution. At UF Health, contact the AIM Volunteer Coordinator or arrange other experiences with the instructor.

<u>Confidentiality:</u> It is extremely important for you to adhere to the hospital's code of patient confidentiality. In discussing, or writing about your clinical experiences, you must avoid using patient names or identifying information. This is a federal law and is seriously enforced by the hospital.

<u>Consent:</u> If your work involves making any patient information, photographs, videotape, or artwork of any kind public in any way, you must gain official written patient (or parent/guardian) consent. A parent must give consent for a child under 18. Foster parent consent is not valid for legal purposes. At UF Health, consent forms are available in the AIM Administrative office. You must have an AIM Artist in Residence help you administer the consent form.

<u>Immunizations/Immunity</u>: For your protection, the hospital requires that all volunteers have received standard immunizations, including chicken pox (which may not have been available when you were a child) and influenza. THE HOSPITAL WILL MAKE NO EXCEPTIONS TO THIS POLICY. If you have not had a specific vaccine but believe that you are immune through experiencing the disease (e.g., measles, chicken pox), you may be tested for immunity. If you anticipate or encounter any issues concerning immunizations and immunity, please contact the instructor immediately.

<u>Hospital policies</u>: You must comply with all hospital policies as delineated in the orientation and with all posted precautions (e.g., hand washing, protective gowns, mask, etc.). If you have any questions regarding specific precautions posted on a patient's door, ask the nurse for information or assistance.

<u>Academic Honesty:</u> The university's policies regarding academic honesty, the honor code, and student conduct related to the honor code will be strictly enforced. Full information regarding these policies is available at the following links:

- Academic Honesty: https://catalog.ufl.edu/ugrad/current/advising/info/student-honor-code.aspx#honesty
- Honor Code: https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/
- Student Conduct: https://catalog.ufl.edu/ugrad/current/advising/info/student-honor-code.aspx#conduct

<u>Disabilities:</u> Students requesting classroom accommodation must first register with the Dean of Students Office (352.392.8565, www.dso.ufl.edu/drc/). The Dean of Students Office will provide documentation to the instructor when requesting accommodation.

Campus Resources:

Counseling and Wellness Center 352-392-1575 www.counseling.ufl.edu/cwc/Default.aspx

Sexual Assault Recovery Services (SARS), Student Health Care Center 352-392-1161

University Police Department 352-392-1111 www.police.ufl.edu/

Academic Resources:
E-learning Technical Support
352-392-4357
www.lss.at.ufl.edu/help.shtml

Career Resource Center, Reitz Union 352-392-1601 www.crc.ufl.edu

Library support www.cms.uflib.ufl.edu/ask

<u>Course Evaluations</u>: Students are expected to provide feedback on the quality of instruction in this course. These evaluations are conducted on online at https://evaluations.ufl.edu. Evaluations typically open during the last two or three weeks of the semester.

This syllabus is subject to change at the discretion of the instructor.

Arts in Healthcare Practicum 1 Contract

- Clinical Hours Log: A written, signed record documenting your total number of hours (a minimum of 30 hours should be completed)
- Schedule: To be set with AIM Volunteer Coordinator within the first two weeks of the semester
- Journal: 2 pgs./week (include documentation of the patients seen and services provided)
- **Discussions:** Participate in a monthly in-person discussion based on assigned topics.
 - Submit a synopsis of meeting
 - Include personal reflection and insight
 - Two page minimum double spaced
- **Labs:** Participate in **two** group music experiences facilitated by instructor and write a brief reflection for each experience.
- **Extra Evidence:** in the event your clinical day falls on a holiday, this is to make up points for clinical hours. (One per 2 clinical hours missed).
 - Create an outline of a potential activity that could be used in an Arts in Medicine setting. Must include the following:
 - a. Thorough directions (step by step)
 - b. Must list all materials needed (quantities)
 - c. Time frame
 - d. Any adaptations that could be made to make it longer, shorter, more difficult, more accessible, etc.
 - e. Submit a tangible example of activity
 - f. At least **one page** minimum per activity

You may only submit up to 5 extra evidence assignments within the semester, unless otherwise discussed and confirmed with instructor

- **Paper 1:** 800 word reflective essay
 - 1) Brief description of your proposed clinical practice
 - 2) Brief explanation of some examples of experiences with patients (please use pseudonyms or codes for patients to maintain confidentiality)
 - 3) Reflections on your work with patients and the outcomes
 - 4) Reflections of your personal engagement with patients (e.g., what was easy, what was difficult)
- **Paper 2:** 800 word reflective essay
 - 1) Introduce the concept of challenges and benefits (what you enjoyed) for Practicum 1
 - 2) Discuss some of the benefits in 1-2 paragraphs and explain your reasons
 - 3) Discuss some of the challenges in 1-2 paragraphs and explain your reasons



Meetings/due dates:

Assignment or Activity	Due Date	
Initial meeting w/ instructor	Week of May 14, 2018	
Initial meeting w/artist mentor	Week of May 14, 2018	
Canvas: Introduction	By midnight May 18, 2018	
Discussion #1 and Lab	Week of May 25, 2018	
Reflective Essay #1	By midnight May 25, 2018	
Weeks 2 & 3 Journal	By midnight June 1, 2018	
Mid-term meeting w/instructor	Week of June 18, 2018	
Mid-term Mentor Evaluation	By midnight June 22, 2018	
Summer Break [©]	June 25-29, 2018	
Discussion #2 and Lab	Week of July 6, 2018	
Weeks 4–8 Journal	By midnight July 13, 2018	
Final Mentor Evaluation	By midnight July 20, 2018	
Discussion #3	Week of July 23, 2018	
Weeks 9–14 Journal and Log due	By midnight August 3, 2018	
Final meeting w/instructor	Week of August 6, 2018	
Canvas: Reflection	By midnight August 10, 2018	
Reflective Essay # 2	By midnight August 10, 2018	

I have carefully read this syllabus and I agree to all the rules and regulations of the class as outlined in this syllabus.

Print Name Signature Date