DAA 1000 - Fundamentals of Dance

Meeting days: Monday and Wednesday Meeting times: 3:00-4:55 Periods 8-9

Instructor: Rebecca G. Lott

Location: O'Connell Center Dance Studio (Near Main Lobby)
Office Hours: 30 minutes after class or by appointment

Instructor email: rebecca.lott@marion.k12-fl.us or rlott@arts.ufl.edu

Catalog Description: Practice and principles of fundamentals and stylistic characteristics common to ballet, jazz, and modern dance. (H) 3 credits

Fundamentals of Dance is designed to provide accessibility to the world of dance for all students, novice or pre-professional. Along with learning the rudiments of the dance techniques, with a focus on dance styles common to Western culture, you will discover the rich heritage, challenging discipline, fertile aesthetic, as well as your place in the vast spectrum of dance. There is truth in advertising – as once you are successful in this class, these fundamentals become the basis for achieving excellence in higher levels and making informed connections with how this art interacts with your life. The following objectives provide the direction for the course:

Objectives:

- To provide a student with the history, basic techniques, and contemporary references relevant to accessing a basic understanding of ballet, jazz, and modern dance.
- Enhance the mind/body connection through the application of sound biomechanical
 principles as they relate to dance, such as practicing proper alignment, learning basic
 human anatomy, and learning of alternative approaches to movement study. This
 knowledge will be directly applied to the various styles of dance learned in class.
- Practice elements of performing and explore performance quality, discovering your own
 potential and personal style while developing your kinesthetic memory.
- Experience, discuss and write about live dance performances.

Dance Etiquette and Attire: Dance is an art and requires personal discipline and motivation. Respect for other students and the instructor is of the utmost importance. When in class you will be attentive and active. Be aware of the appropriate time to talk and/or sit. Attire should be form fitting, allowing the line of the body to be seen. Leotards and tights (leggings or yoga/jazz pants) are suitable.

You may wear warm-up attire at the beginning of the class. No shoes are required, but you may wear socks. *No street clothes or street shoes. No large jewelry, no chewing gum, no hats, and no loose hair.* Personal hygiene is expected. You may lose points for improper attire, hair or attitude.

Attendance Guide:

SoTD Dance Attendance: Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance/aspx

- Mindful participation is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that when you enter the classroom, you are present, alert, and contributing to the progress of the class every second.
- If you are not present when attendance is taken or class begins this will count as an absence.
- For extended health issues refer to the Injury and Illness Policy in the current SoTD Handbook (SoTD website)

<u>Information on make-up work:</u> Any make up work requires proper and official documentation from professional sources_and presented to the instructor in a timely fashion. To earn credit for an absence you must do two things:

- 1.) Immediately after your return to class, turn in approved/legal documentation to instructor.
- 2.) Make-up the class with an approved assignment. All Make-up assignments for excused absences must be completed by the last day of classes of the semester.

There are no makeup classes for unexcused absences.

Attendance Policy:

MANDATORY. Participation is the only way to meet the objectives of this class. This requires you to be in class on time in the proper attire and with your attention focused on dance. Once in the studio, you should be warming up and stretching to prepare yourself for class.

- You must be present for all scheduled classes, plus required concerts, auditions and events.
- It is your responsibility to know your schedule. Check the UF email & dance studio bulletin board.
- Each unexcused absence will result in a loss of 10 points.
- You are responsible for all material covered in class during your absence. You are advised to ask other students for material missed in class. It is not the teacher's responsibility to re-teach you when you are absent.
- Prolonged illness or injury may result in dropping the class. (An incomplete is rare.) AN
 INCOMPLETE WILL NOT BE GIVEN WITHOUT MEDICAL DOCUMENTATION. If
 approved, College of Fine Arts Incomplete Contract, must be signed by the Director, Instructor,
 and Student.
- You are tardy if you are not present for roll call. When late, you must clear entry into class it is at the instructor's discretion whether you will be allowed to participate in class if you are more than ten minutes late. This is for your own safety.
- Six (6) points will be deducted for being late or leaving early for any reason.
- Other classes that schedule events during this class will be considered an absence and are not
 excused. Field trips with school events must be documented by the school, and documentation
 must be sent directly to me. UF approved religious days are excused, and do not need to be madeup. (Travel time not included.) The student is still responsible for material covered during their
 absence.
- If unable to dance, with instructor's permission, you may "actively" observe one time for full credit.
 You will be required to complete an observation paper due at the end of the class. Check with the instructor for instructions.
- You may not receive credit for attendance, if you arrive ten minutes into the scheduled class time.
- You may not use this time for napping or studying, otherwise, it will be considered an absence.
- Absences without proper documentation from exams result in a zero. If you miss the final exam
 you cannot pass this course.
- You may not pass the course with 5 or more absences (excused or unexcused).

Please use the following locations for UF resources for physical and mental health care:

<u>http://shcc.ufl.edu/</u> (Student Health Care Center)

http://shcc.ufl.edu/forms-records/excuse-notes/ (excuse note policy)

http://dso.ufl.edu/ (Dean of Students)

Student online evaluation process

Text: The DAA100 Handbook was prepared especially for this course and will available online without cost at: http://www.arts.ufl.edu/students/syllabi.aspx Search for: DAA 1000 Fundamentals Handbook. Communication is very important. Please, come to me with all questions and concerns throughout the semester. You may make an appointment or talk to me immediately before or after class about your progress or if you have any questions. If questions pertain to the information in this syllabus, I ask that you read you syllabus thoroughly before asking an intelligent question on clarification. You are encouraged to ask questions during class, and if you need or want more feedback from the instructor, please ask. Remember, unless you communicate and come to me directly, I will make the assumption that you are doing well, are satisfied and happy. I truly want this to be a great dance experience.

Assignments and Tests

TOTAL POINTS TO EARN = 200

•	Attendance	100 points
•	Technique Evaluation	10 points
•	Performance Evaluation	10 points
•	Written Tests (Two)	40 points
•	Compare and Contrast Paper	10 points
•	Midterm Project (in class)	15 points
•	Final Project	15 points

A 200-186 points

A- 185-180 points

B+ 179-172 points

B 171-166 points

C+ 159-154 points

C 153-146 points

C- 145-140 points

D+ 139-134 points

D 133-126 points

D- 125-120 points

F 119 points or lower

University Policy on Academic Misconduct: Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code: http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/ -UF Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code specifics a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitated academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

University Policy on Accommodating Students with Disabilities: Students with disabilities requesting accommodations should first register with the Disability Resource Center (352 392-8565 www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Counseling and Wellness Center Contact Information: http://www.counseling.ufl.edu/cwc/Default.aspx, 352 392-1575; and the University Police Department: 352 392-1111 or 9-1-1 for emergencies.

Netiquette: Communication Courtesy: All members of the class are expected to follow rules of common courtesy in all email messages, treaded discussions and chats. http://teach.ufl.edu/docs/

ASSIGNMENTS AND TESTS-

ALL PAPERS MUST BE HANDED IN AS A HARD COPY. NO EMAILED PAPERS WILL BE ACCEPTED.

Technique Evaluations: (10 points) An ongoing in-class evaluation primarily for checking our communication goals and the degree of successful effort put forth by the student.

Performance Evaluation (10 points) Evaluations will be based on performance of class choreography, midterm projects, and final projects.

Written Tests: There will be two written tests (20 points each) based on text and review and discussions during class. The first will be a Principles Test on Chapters 1-4, in class excises and handouts. The second will be a history Test on Chapters 5-6.

Compare and Contrast Paper (15 points) Write a compare and contrast paper on Two Live performances. No taped performances! The performance may be your choice. See the performances and/or visit the websites listed below to find information about upcoming performances. Student tickets are available at the UFPA with a student ID. Complete and turn in paper after the second performance. All papers must be a minimum of three pages, double spaced. Turn in your ticket stubs with your paper. Please staple your ticket stubs to the upper left hand corner. If the performance does not require tickets you must hand in the front page of the program.

Midterm Project: Based on discussions and related assignments, the instructor will inform the class on the details of this project, which will be worked on in class. This project will provide a basic framework that will be further developed for the final project.

Final Project:

Students will work in groups on choreography to develop 2 minute pieces based on the midterm project. Time will be provided in class to work on this project. Be prepared to meet outside of class, if needed. Time spent in class working on pieces is part of the participation grade. All dancers are required to have input into this process and final performance of the project. All pieces will be presented on the final class period.

Reading: Students are required to keep up with the reading of the text. Instructor will guide you on deadlines. Begin by reading Chapter 1 & 2. Material in the text will be continually referenced in class, and we will also have lectures and discussions on each chapter.

Makeup Critique Papers for excused absences are due <u>one week after the show</u> (an approved dance performance, play or musical). If the show is at the end of the semester, it is due by the last day of classes. You are to write a summary/review that is 2 pages, typed, double spaced, 12pts. Please write "Makeup Paper" under your name, with the correct section number to your class, as well as the date of the event.

Important websites for upcoming performances:

UF Performing Arts: www.performingarts.ufl.edu/
UF College of Fine Arts main page: www.arts.ufl.edu/

Ticket Information for UF School of Theatre and Dance productions:

Dance 2018: Stepping on the Audience: An Evening of Dance in Intimate Spaces - February 9 -10 at 7:30 PM , February 11 at 2:00 PM, February 14 - 17 at 7:30 PM and February 18 at 2:00 PM

The Harn Museum of Dance (HMod 2.0) - Saturday, March 17, 2018 at 1:00 PM - 4:00 PM

Spring 2018 BFA Showcase - Wednesday, April 4 (Program A at 7:30pm) Thursday, April 5 (Program B at 7:30pm) Friday, April 6 (Program A at 7:30pm) Saturday, April 7 Community in Motion Performance (2:00P)* Saturday, April 7 (Program B at 7:30pm) Sunday, April 8 (Program A at 2:00pm) Sunday, April 9 (Program B at 4:00pm)

UFPA Dance Performances

Tango Fire - Friday, January 19, 2018 at 7:30PM https://performingarts.ufl.edu/events/tango-fire/

Ballet Boyz - Friday, January 31, 2018 at 7:30PM https://performingarts.ufl.edu/events/balletboyz/

Dance Alive National Ballet: L'Amour - February 14, 2018 at 7:30PM https://performingarts.ufl.edu/events/dance-alive-national-ballet-presents-lamour/

Pilobolus: Shadowland - Friday, February 23, 2018 at 7:30PM https://performingarts.ufl.edu/events/pilobolus-shadowland/

Martha Graham Dance Company - Monday, March 5, 2018 at 7:30PM https://performingarts.ufl.edu/events/martha-graham-dance-company/

Falun Dafa Association Presents SHEN YUN- Wednesday, March 14 - 16 at 7:30PM https://performingarts.ufl.edu/events/shen-yun/

Lil Buck and Jon Boogz: Love Heals All Wounds - Tuesday, March 20, 2018 at 7:30PM https://performingarts.ufl.edu/events/lil-buck-and-jon-boogz-love-heals-all-wounds/

Rodgers and Hammerstein's Cinderella - Thursday, April 5 ,2018 at 7:30PM https://performingarts.ufl.edu/events/rodgers-and-hammersteins-cinderella/

Dance Alive National Ballet: The Ring - Saturday, April 7, 2018 at 7:30PM https://performingarts.ufl.edu/events/dance-alive-national-ballet-presents-the-ring/

A Chorus Line - Sunday, April 22, 2018 at 7:30PM https://performingarts.ufl.edu/events/a-chorus-line/

You will receive coupons for some SoTD productions, including plays that are not approved dance viewing. Consider these coupons a perk. A dance production coupon will also be included. Coupons are redeemed at University Box Office in front of Constans Theatre where regular student tickets may also be purchased. Be sure to bring your UFID. Buy Theatre and Dance tickets at the University Box Office, 352 392-1653, or in person from 2 pm-5pm, or at Ticketmaster.com

^{*}Free Performance -First come first serve basis '