DAN 4860L: Dance Clinical Practice

Instructor: Jill Sonke

Offices: 1302 Shands Cancer Hospital **Phone:** 352.733.0880 (Shands office)

E-mail: jsonke@arts.ufl.edu

Course Communication: Please e-mail the instructor directly using the address above. Students must meet with the instructor on a monthly basis. These meetings may take place individually or in a group rounds format with other students.

Course Description: This course offers practical experience in the use of dance to enhance health and wellbeing in a healthcare or community setting. Students will volunteer with Shands Arts in Medicine or another community organization on an individually contracted basis. The specific nature of the work will be developed in alignment with the student's personal learning and career objectives, and must be approved by the instructor and the host organization, including provisions for monitoring quantity and quality of work. The course is available for 1-3 credits.

Prerequisites: DAN 3775 Dance in Medicine and instructor permission.

The goal of the course is for students to gain experience and proficiency in using dance in a health context.

Learning objectives

- Students will identify and implement movement activities appropriate for specific health-related populations.
- Students will analyze and evaluate the experience of using dance to enhance health and wellbeing.
- Students will analyze and articulate the shared creative process in such work.
- Students will evaluate and articulate an individual approach to using dance in a health context.

Course format and requirements

One credit:

- Host organization's orientation procedures as required
- 60 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Two credits:

Host organization's orientation procedures as required

- 90 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Three credits:

- Host organization's orientation procedures as required
- 120 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Assignment Guidelines

- 1. Contract: Complete the attached contract and submit to the instructor for revision and finalizing by the end of the first week of the course.
- 2. Journaling: Students will maintain a personal journal of reflective writing, which may include visual journaling, narrative and/or other writing such as poetry. The journal is intended to be a private space for personal reflection based on the site work, and will not be read by the instructor. Journals are due at each monthly meeting, when the instructor will count completed pages.

3. Final paper:

The final paper should include:

- A general description of the focus of your work
- An overviewing your initial objectives
- A description of your experiences (a sampling if you had many)
- Reflections on your learning and development as a facilitator of dance in the clinical or community setting
- A self–assessment exploring how fully you applied and challenged yourself in your work
- References to literature that you used in planning or deepening your work, that
 provides a theoretical foundation for your work, or that supports your final
 observations; 3-15 citations.
- Paper length: a minimum of three double-spaced pages for one credit; a minimum of five pages for two or three credits
- APA formatting and reference list
- 4. Log of hours: the log of hours must be submitted on the E-Learning site

Procedures:

- Develop a specific contract and due dates with the instructor
- Complete Shands Volunteer Services or other site procedures as necessary

- If you are volunteering with UF Health Shands Arts in Medicine, contact the volunteer coordinator at 352.733.0880 as early as possible and by the end of the first week of the course at the very latest to set up your schedule
- Maintain the terms of your contract
- Meet with the instructor once per month either individually or in a group rounds format with other students, as determined by the instructor; it is the student's responsibility to schedule meetings as defined in the contract; monthly rounds meetings will count as contact hours
- Submit all required documents and a print out of your hours to the instructor via
 E-Learning on the contracted due date
- In the event of an emergency or incident at a work site, contact the instructor immediately by phone

Course Policies

- Obtain, understand and follow all policies, procedures and guidelines of the host organization (including attire, privacy, consent, and health or other screening)
- Hours:
 - o only officially documented hours will count toward the total required; the documentation method should be defined in the contract
 - missed hours can only be made up in the event of illness or other significant extenuating circumstance and only if timely communication with the instructor has taken place
- Communication is essential to success in this course; any concerns, variations on contract activities or absences should be brought to the instructor's attention immediately

UF Policies:

<u>University Policy on Accommodating Students with Disabilities:</u> Students requesting accommodation for disabilities must first register with the Dean of Students Office (http://www.dso.ufl.edu/drc/). The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation. You must submit this documentation prior to submitting assignments or taking the quizzes or exams. Accommodations are not retroactive, therefore, students should contact the office as soon as possible in the term for which they are seeking accommodations.

<u>University Policy on Academic Misconduct:</u> Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code at http://www.dso.ufl.edu/students.php.

Getting Help:

Resources are available at http://www.distance.ufl.edu/getting-help for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

Should you have any complaints with your experience in this course please visit http://www.distance.ufl.edu/student-complaints to submit a complaint.

Course evaluation and grading (total course points – 150):

Journal: 25 pointsHours: 100 pointsFinal Paper: 50 points

Grading scale:

Α	94-100%	С	74-77%
A-	91-93%	C-	71-73%
B+	88-90%	D+	68-70%
В	84-87%	D	64-67%
B-	81-83%	D-	61-63%
C+	78-80%		

UF Grading Scale												
Letter Grade	Α	A-	B+	В	B-	C+	С	C-	D+	D	D-	E, I, NG, S-U, WF
Grade Points	4.0	3.67	3.33	3.00	2.67	2.33	2.00	1.67	1.33	1.00	.67	0.00

Dance Clinical Practice Contract

Name:	# of Credits:
Semester dates:	# of Hours:
Specific objectives for the work planned (2-5):	
1	
2	
3	
4	
5	
Weekly schedule of site work hours:	
Meetings with instructor:	
1	
2	
3	
4	
5.	
Student Ins:	tructor