

# DAA 1000 - Fundamentals of Dance

Spring, 2016

DAA 1000/6091

Periods 8<sup>th</sup> and 9<sup>th</sup> periods

Meeting days: Monday & Wednesday

Meeting times: 3:00 pm to 4:55pm

Instructor: Emily Pozek

Location: Nadine McGuire Pavilion G-11

Office Hours: Fifteen minutes after class

Instructor Email: [epozek@ufl.edu](mailto:epozek@ufl.edu)\*

\*Email Policy: Use ONLY your **UFL.EDU** email account for e-mail correspondence related to class. Please include your name & class in the subject line or within the body of all correspondence.

**Syllabi are posted at CFA website under: *Student & Parents*: <http://arts.ufl.edu/syllabi/>**

**Lab Fees** can be located at: <http://registrar.ufl.edu/soc/201601/all/theadanc.htm>

**Catalog Description:** Practice and principles of fundamentals and stylistic characteristics common to ballet, jazz and modern dance. (H) 3 credits

*Fundamentals of Dance* is designed to provide accessibility to the world of dance for all students, novice or pre-professional. Along with learning the rudiments of the dance techniques, with a focus on dance styles common to Western culture, you will discover the rich heritage, challenging discipline, fertile aesthetic, as well as your place in the vast spectrum of dance. There is truth in advertising – as once you are successful in this class, these fundamentals become the basis for achieving excellence in higher levels and making informed connections with how this art interacts with your life. The following objectives provide the direction for the course:

## Objectives:

- To provide a student with the history, basic techniques, and contemporary references relevant to accessing a basic understanding of ballet, jazz and modern dance.
- Enhance the mind/body connection through the application of sound biomechanical principles as they relate to dance, such as practicing proper alignment, learning basic human anatomy, and learning of alternative approaches to movement study. This knowledge will be directly applied to the various styles of dance learned in class.
- Practice elements of performing and explore performance quality, discovering your own potential and personal style while developing your kinesthetic memory.
- Experience, discuss and write about live dance performances .

## Dance Etiquette and Attire:

Dance is an art and requires personal discipline and motivation. Respect for other students and the instructor is of the utmost importance. When in class you will be attentive and active. Be aware of the appropriate times to talk and/or sit. Attire should be form fitting, allowing the line of the body to be seen. Leotards and tights (leggings, bike or jazz pants) are suitable. Form fitting warmers are recommended and should be removed after warm-up. Men **must** wear a **dance belt**. No shoes are required for this course. **No large jewelry, no chewing gum, no hats, and no loose hair**. Personal hygiene is expected and is its own reward. You may lose points for improper attire, hair or attitude.

## COURSE POLICIES:

### SOTD DANCE ATTENDANCE:

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

### Dance Technique Class Attendance Guide:

- Mindful participation in each class meeting is the only way to meet the objectives of this course.
- Attendance, which is mandatory, means that when you enter the classroom, you are present, alert, and contributing to the progress of the class every second.
- If you are not present when attendance is taken or class begins you are marked absent.
- In the case of extended health issues, refer to the Injury and Illness Policy in the SoTD 2015-16 Handbook (SoTD website) and included in this syllabus.

### Dance Technique Class Absence Policy

- **MANDATORY.** Participation is the only way to meet the objectives of this class. This requires you to be in class on time in the proper attire and with your attention focused on dance. Once in the studio, you should be warming up and stretching to prepare yourself for class.
- You must be present for all scheduled classes, plus required concerts, auditions, and events. It is your responsibility to know your schedule. Check your UF email & the dance studio bulletin boards. The instructor will only respond to UF email (ufl.edu)
- Each unexcused absence will result in a loss of ten (10) points.
- You are responsible for all material covered in class during your absence. You are advised to ask other students for material missed in class. It is not the teacher's responsibility to re-teach you when you are absent.
- Prolonged illness or injury may result in dropping the class. (An incomplete is rare.) • **AN INCOMPLETE WILL NOT BE GIVEN WITHOUT MEDICAL DOCUMENTATION.** If approved, College of Fine Arts Incomplete Contract must be signed by the Director, Instructor, and Student.
- You are tardy if you are not present for roll call. When late you must clear entry into class – it is at the instructor's discretion whether you will be allowed to participate in class if you are more than ten minutes late. This is for your own safety.
- Six (6) points will be deducted for being late or leaving early (for any reason)
- Other classes that schedule events during this class will be considered an absence and are not excused. Field trips with school events must be documented by the school and documentation must be sent directly to me. UF approved religious days are excused and do not need to be made-up. (Travel time not included.) Student is still responsible for material covered during their absence.
- If unable to dance, with instructor permission, you may 'actively' observe one time for full credit. You will complete an observation paper due at the end of class. Check with instructor for instructions. You may not receive credit for attendance if you arrive ten minutes into the scheduled class time. You may not use this time for napping or "study hall", otherwise it will be considered an absence.
- Absences without proper documentation from exams result in a **zero**. If you miss the final exam you cannot pass this course.
- **You may not pass the course with 5 or more absences (excused or unexcused)**

### UF Absence Policy <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

- Students are responsible for satisfying all academic objectives as defined by the instructor. Absences count from the first class meeting.
- In general, acceptable reasons for absence from or failure to participate in class include illness, serious family emergencies, special curricular requirements (e.g., judging trips, field trips, professional conferences), military obligation, severe weather conditions, religious holidays and participation in official university activities such as music performances, athletic competition or debate. Absences from class for court-imposed legal obligations (e.g., jury duty or subpoena) must be excused. Other reasons also may be approved.
- You cannot participate in classes unless you are registered officially or approved to audit with evidence of having paid audit fees. The Office of the University Registrar provides official class rolls to instructors.

- If you do not participate in at least one of the first two class meetings of a course or laboratory in which you are registered, and you have not contacted the department to indicate your intent, you can be dropped from the course. You must not assume that you will be dropped, however.
- The university recognizes the right of the individual professor to make attendance mandatory. After due warning, professors can prohibit further attendance and subsequently assign a failing grade for excessive absences.

#### **MAKE-UP POLICY:**

##### **Dance Technique Class – Makeup Policy**

- You are responsible for all material covered during any absence
- There are no makeup options for unexcused absences
- Absences from Written Exams, Quizzes, and Mid-Terms, may only be made up with approved documentation
- To earn credit (amount of credit determined by the instructor) for an excused absence you must do two things:
  - 1) Immediately after your return to class, turn in approved/legal documentation to instructor. If you need the original documentation, the instructor will accept copies.
  - 2) Make-up the class with an approved assignment submitted on the required date. If the assignment is to attend another class as a make-up, it must be the same technical level, or lower; student must request permission of that instructor.

In the UF Dance Program, three unexcused absences will reduce your grade one-letter grade (i.e., from B to C). Each subsequent unexcused absence lowers your grade by half letter grade (i.e., from C to C-). After five unexcused absences the student may not return to class and result in automatic failure of the course. A student with medical documentation may apply to UF for Medical Withdrawal.

Please consult the following sites for UF's physical and mental health resources:

<http://shcc.ufl.edu/> (Student Health Care Center)

<http://shcc.ufl.edu/forms-records/excuse-notes/> (excuse note policy)

<http://dso.ufl.edu/> (Dean of Students)

#### **STUDENT ON-LINE EVALUATION PROCESS**

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>

**Text:** The DAA1000 Handbook was prepared especially for this class and will be available online without cost at:

<http://www.arts.ufl.edu/students/syllabi.aspx> . Search for: DAA 1000 Fundamentals Handbook

**Communication is very important. Please come to me with all questions and concerns throughout the semester. You can make an appointment or talk to me immediately before or after class about your progress or if you have any questions. If questions pertain to the information in this syllabus, I ask that you read your syllabus thoroughly before asking an intelligent question on clarification. You are encouraged to ask questions during class and if you need or want more feedback from the instructor, please do not be afraid to ask. Remember, unless you communicate and come to me directly, I will assume that you are satisfied and happy. I want you to have a great dance experience.**

## Assignments and Tests

TOTAL POINTS TO EARN = 200

- Attendance 100 points
- Technical Evaluation 10 points
- Written Tests (Two) 30 points
- Compare and Contrast Paper 10 points
- Midterm Evaluation 15 points
- Final Evaluation 15 points
- Final Project 20 points

### Point/Grading Scale:

- A 200- 186 points
- A- 185.99- 180
- B+ 179.99-172
- B 171.99-166 points
- B- 165.66-160
- C+ 159.99-154
- C 153.99- 146 points
- C- 145.99-140
- D+ 139.00-134
- D 133.99-126 points
- D- 125.99-120
- E 119.9 or lower

**ASSIGNMENT AND TESTS** – ALL PAPERS MUST BE HANDED IN AS A HARD COPY. NO EMAILED PAPERS WILL BE ACCEPTED!

Midterm: Based on discussions and related assignments, the instructor will inform the class on the details of this project, which will be worked on in-class. This project will provide you with the basics on how the class will proceed with the final project **Wednesday, 2/22<sup>nd</sup>**

Written Tests: There will be two written tests based on reading assignments and in-class discussion. A) **Wednesday 3/1**, B) **Wednesday, 4/12<sup>th</sup>**

Technique Final: **Monday, 4/17<sup>th</sup>**

The final technique evaluation will be done during regular classes. This is an exam based on your technical progress from mid semester to the end of the term.

Final Project: **Wednesday, 4/19<sup>th</sup>**

You will be placed into groups and you will work on choreography that will develop from your visit to the Harn Museum.

Attending Performances: Required to see:

**BFA Fall Dance Showcase**, March 29- April 2 (SoTD Dance)

Location: McGuire Pavilion Studio Dance Theatre, UF

**Dance 2016**, February 23-25 28-March 2 (SoTD Dance)

Location: McGuire Pavilion Black Box Theatre, UF

After attending these **Two** events, write a two+ page, typed, double- spaced, no cover sheet, college level, compare and contrast paper on the concerts that you watched. You must include the information you've learned from your reading. Paper due one week after the last performance. Details to follow. **Staple** your **ticket stubs** for both concerts to the front sheet of your paper.

Important websites for upcoming performances:

UF Performing Arts: [www.performingarts.ufl.edu/](http://www.performingarts.ufl.edu/)

UF College of Fine Arts main page: [www.arts.ufl.edu](http://www.arts.ufl.edu)

Reading: You are required to keep up with the reading of the text. Instructor will guide you on deadlines – begin by reading chapters 1 & 2. Material in the text will be continually referenced in class and we will also have lectures and discussions on each chapter.

Makeup Critique Papers for excused absences are **due one week after the show** (an approved dance performance, play or musical). If the show is at the end of the semester, it is due by the last day of the semester. You are to write a summary/review that is 2 pages, typed, double spaced, 12 pt. Please write “Makeup Paper” under your name, with the correct section number to your class, as well as the date of the event.

**Ticket information for all Phillips Center for the Performing Arts events:**

All ticket information including the specific dates that students can begin purchasing for each performance:

<http://performingarts.ufl.edu/students/>

Tickets must be purchased in person at the Phillips Center Box Office or the University Box

Office located at the O’Connell Center Gate 1, one ticket per UF student present with his/her own ID. (spouses of UF Students not eligible!) Phone # 352-392-1653.

**Ticket information for UF School of Theatre and Dance productions:**

You will receive coupons for some SoTD productions, including plays that are not approved dance viewing. Consider these coupons a perk. A dance production coupon will also be included. Coupons are redeemed at University Box Office in front of Constans Theatre where regular student tickets may also be purchased. Be sure to bring your UFID.

Performance Behavior/Decorum:

- Yes, please dress nice!
- No cell phones/texting at all, ever, never during a performance (unless the show requests it!)
- Represent the SoTD at the show!

**Required Performance and Event Dates (also for make-ups with proper documentation)**

Dates/times subject to change – please check dance bulletin board and/or contact appropriate box office. You will receive a voucher (coupon) at the beginning of the semester for assigned SoTD productions with instructions of how to use it to get discount tickets. Viewing of SoTD plays is highly recommended, but not required. Non-majors, please verify event schedule with instructor, as you may not be required for attendance at all events.

January 23, 2017 - First UnShowing

January 30, 2017 - Second UnShowing - This UnShowing will be geared towards CRP with Liz Lerman

February 13, 2017- Third UnShowing

March 13, 2017- Adjudication #1

March 20, 2017-Adjudication #2

April 10, 2017 -Final UnShowing

**Dance Productions (subject to change)**

**Riverdance** January 17-19, UFPA, 7:30

**Shen Yun** January 24-25, UFPA, 7:30

**Dance Alive! - Robin Hood!** February 3/4, UFPA, 7:30/2:00

**Twyla Tharp** February 10, UFPA, 7:30

**Dance 2017 (Rounding the Corner)** Constans Theatre, Feb. 23-25, 28-March 2

**Dance Alive! - Firebird** March 17, UFPA, 7:30

**BFA Spring Dance Showcase** G-6, March 29-April 2

**Momix: Opus Cactus** March 29, UFPA 7:30

**Step Afrika** April 7, UFPA, 7:30

**SoTD Plays/Musical:**

**Divine** (SoTD play) Opens January 27

**William’s One Acts** (SoTD play) Opens March 17

**King Lear** (SoTD play) Opens April 7

UF Box Office #: (352) 392-1653

UF Performing Arts (Phillips Center) #: (352) 392-2787

## UF POLICIES:

### **UNIVERSITY POLICY ON ACCOMMODATING STUDENTS WITH DISABILITIES:**

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester

**UNIVERSITY POLICY ON ACADEMIC MISCONDUCT:** Academic honesty and integrity are fundamental values of the University community. Students should be sure that they understand the UF Student Honor Code:

<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/> - UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

### **COUNSELING AND WELLNESS CENTER CONTACT INFORMATION:**

<http://www.counseling.ufl.edu/cwc/Default.aspx>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

**NETIQUETTE: COMMUNICATION COURTESY:** All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions and chats. [<http://teach.ufl.edu/docs/NetiquetteGuideforOnlineCourses.pdf>]

## GETTING HELP:

If applicable: For issues with technical difficulties for E-learning in Sakai, please contact the UF Help Desk at:

- [Learning-support@ufl.edu](mailto:Learning-support@ufl.edu)
- (352) 392-HELP - select option 2
- <https://lss.at.ufl.edu/help.shtml>

Any requests for make-ups due to technical issues MUST be accompanied by the ticket number received from LSS when the problem was reported to them. The ticket number will document the time and date of the problem. You MUST e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

Other resources are available at <http://www.distance.ufl.edu/getting-help> for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support