DAN 4860L: Dance Clinical Practice

Instructor: Jill Sonke

Offices: 1302 Shands Cancer Hospital **Phone:** 352.733.0880 (Shands office)

E-mail: jsonke@arts.ufl.edu

Course Communication: Please e-mail the instructor directly using the address above. Students must meet with the instructor on a monthly basis. These meetings may take place individually or in a group rounds format with other students.

Course Description: This course offers practical experience in the use of dance to enhance health and wellbeing in a healthcare or community setting. Students will volunteer with Shands Arts in Medicine or another community organization on an individually contracted basis. The specific nature of the work will be developed in alignment with the student's personal learning and career objectives, and must be approved by the instructor and the host organization, including provisions for monitoring quantity and quality of work. The course is available for 1-3 credits.

Prerequisites: DAN 3775 Dance in Medicine and instructor permission.

The goal of the course is for students to gain experience and proficiency in using dance in a health context.

Learning objectives

- Students will identify and implement movement activities appropriate for specific health-related populations.
- Students will analyze and evaluate the experience of using dance to enhance health and wellbeing.
- Students will analyze and articulate the shared creative process in such work.
- Students will evaluate and articulate an individual approach to using dance in a health context.

Course format and requirements

One credit:

- Host organization's orientation procedures as required
- 60 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Two credits:

Host organization's orientation procedures as required

- 90 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Three credits:

- Host organization's orientation procedures as required
- 120 hours of documented work/contact time on site
- Five pages of personal journaling per week
- Final paper

Assignment Guidelines

- 1. Contract: Complete the attached contract and submit to the instructor for revision and finalizing by the end of the first week of the course.
- 2. Journaling: Students will maintain a personal journal of reflective writing, which may include visual journaling, narrative and/or other writing such as poetry. The journal is intended to be a private space for personal reflection based on the site work, and will not be read by the instructor. Journals are due at each monthly meeting, when the instructor will count completed pages.

3. Final paper:

The final paper should include:

- A general description of the focus of your work
- An overviewing your initial objectives
- A description of your experiences (a sampling if you had many)
- Reflections on your learning and development as a facilitator of dance in the clinical or community setting
- A self–assessment exploring how fully you applied and challenged yourself in your work
- References to literature that you used in planning or deepening your work, that
 provides a theoretical foundation for your work, or that supports your final
 observations; 10-20 citations.
- Paper length: a minimum of three double-spaced pages for one credit; a minimum of five pages for two or three credits
- APA formatting and reference list
- 4. Log of hours: the log of hours must be submitted on the E-Learning site

Procedures

• Develop a specific contract and due dates with the instructor

- Complete Shands Volunteer Services or other site procedures as necessary
- If you are volunteering with UF Health Shands Arts in Medicine, contact the volunteer coordinator at 352.733.0880 as early as possible and by the end of the first week of the course at the very latest to set up your schedule
- Maintain the terms of your contract
- Meet with the instructor once per month either individually or in a group rounds format with other students, as determined by the instructor; it is the student's responsibility to schedule meetings as defined in the contract; monthly rounds meetings will count as contact hours
- Submit all required documents and a print out of your hours to the instructor via
 E-Learning on the contracted due date
- In the event of an emergency or incident at a work site, contact the instructor immediately by phone

Course evaluation and grading (total course points – 150)

Journal: 25 pointsHours: 100 pointsFinal Paper: 50 points

Grading scale:

Α	94-100%	С	74-77%
A-	91-93%	C-	71-73%
B+	88-90%	D+	68-70%
В	84-87%	D	64-67%
B-	81-83%	D-	61-63%
C+	78-80%		

UF Grading Scale												
Letter Grade	Α	A-	B+	В	B-	C+	С	C-	D+	D	D-	E, I, NG, S-U, WF
Grade Points	4.0	3.67	3.33	3.00	2.67	2.33	2.00	1.67	1.33	1.00	.67	0.00

Course Policies

- Obtain, understand and follow all policies, procedures and guidelines of the host organization (including attire, privacy, consent, and health or other screening)
- Hours:
 - o only officially documented hours will count toward the total required; the documentation method should be defined in the contract
 - missed hours can only be made up in the event of illness or other significant extenuating circumstance and only if timely communication with the instructor has taken place
- Communication is essential to success in this course; any concerns, variations on contract activities or absences should be brought to the instructor's attention immediately

UF Policies

1. Academic Honesty

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

2. Class Participation/Demeanor

Participation in all aspects of this course is essential to your success. Completion of every aspect of your individual contract as well as interaction with the instructor and other students within the course is integral to your learning, and full participation is required.

3. Course Communications

It is the student's responsibility to communicate with the instructor promptly concerning any circumstances that might affect his or her participation in the course. Please do not let any questions or concerns go unattended. It is the instructor's intention to respond to all e-mail communication within 48 hours.

4. Course Complaints

Should you have any complaints with your experience in this course, please visit http://www.distance.ufl.edu/student-complaints to submit a complaint.

5. Technical Assistance

Resources are available at http://www.distance.ufl.edu/getting-help for:

- Counseling and Wellness resources
- Disability resources
- Resources for handling student concerns and complaints
- Library Help Desk support

6. Assignment Submission

Assignment Due Dates and Times - All assignments, unless otherwise noted, are due at 11:59pm on the due date.

Naming Your Documents - When naming your assignment documents, the following format must always be used: AssignmentName Yourlastname.

Formatting Documents - All work submitted, including discussion board posts and major assignments, must use APA formatting, including document formatting, in text citations, and reference lists. Be sure to properly cite all sources that you quote or paraphrase. See the online APA Style Guide at the Purdue Online Writing Lab (OWL): http://owl.english.purdue.edu/owl/section/2/10/

Late Assignment Submission Policy - Requirements for assignments and other work in this course are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx. Major assignments will be accepted no later than five days after the due date. Points will be reduced from late assignments at a rate of 5% per day, starting at 12:00 am on the day after the due date. The instructor will not accept any work submitted later than five days following the deadline except in extenuating circumstances and with prior approval by the instructor.

Course Evaluation

Students are expected to provide feedback on the quality of instruction in this course based on 10 criteria. These evaluations are conducted online at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are

open. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results.

Students with Disabilities

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Campus Resources for Health and Wellness

U Matter, We Care:

If you or a friend is in distress, please contact <u>umatter@ufl.edu</u> or 352 392- 1575 so that a team member can reach out to the student.

Counseling and Wellness Center:

http://www.counseling.ufl.edu/cwc/Default.aspx, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Sexual Assault Recovery Services (SARS) Student Health Care Center, 392-1161.

University Police Department, 392-1111 (or 9-1-1 for emergencies). http://www.police.ufl.edu/

Academic Resources

Career Resource Center, Reitz Union, 392-1601. Career assistance and counseling. http://www.crc.ufl.edu/

Library Support, http://cms.uflib.ufl.edu/ask. Various ways to receive assistance with respect to using the libraries or finding resources.

Dance Clinical Practice Contract

Name:	# of Credits:
Semester dates:	# of Hours:
Specific objectives for the work planned (2-5):	
1	
2	
3	
4	
5	
Weekly schedule of site work hours: Meetings with instructor:	
1.	
2	
4.	
5	
Student	Instructor